

Minutes

Family Advisory Board (FAB)

Family Resource Connections Project (FRC)

Meeting Information

- February 19, 2026 | 5-6:30 p.m.
- Format: Virtual, Teams

Family Advisory Board Members

- | | | |
|--|--|--|
| <input checked="" type="checkbox"/> Timothy Brewington II | <input checked="" type="checkbox"/> Karen Bauman | <input checked="" type="checkbox"/> Sandra Jemie |
| <input checked="" type="checkbox"/> Maryan Ali | <input type="checkbox"/> Ntang Elad | <input checked="" type="checkbox"/> Sandra Wahlquist |
| <input checked="" type="checkbox"/> Germaine Ratsitefaline | <input checked="" type="checkbox"/> Rebecca Thompson | |

Family Resource Connections (FRC) Project Team Representatives

- Megan Roy | FRC Project Lead
- Gerald Klebsch | FRC Project Coordinator

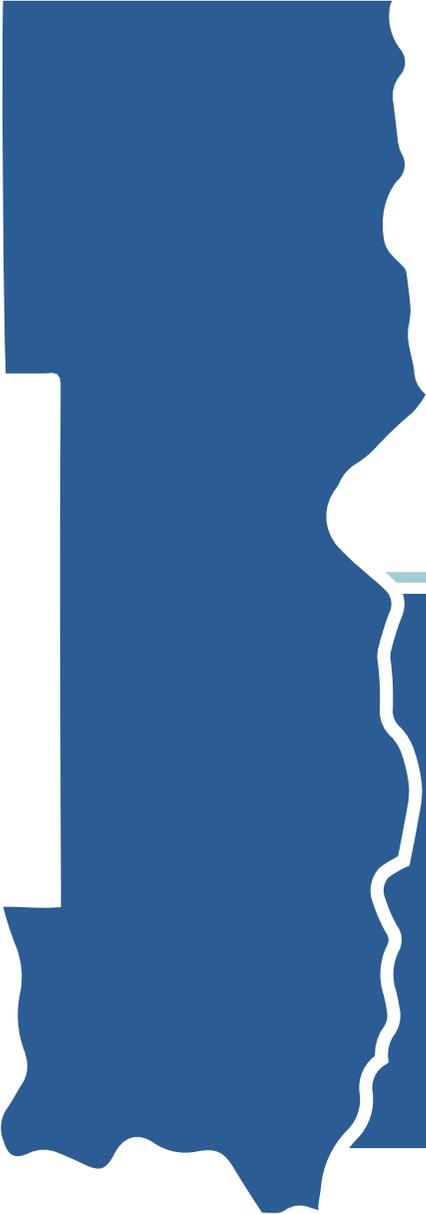
Agenda Items

- Ice breaker—Parent Café discussion on communication
- FRC project update
 - Hosted events in January and February 2026
 - FRC hosted multiple resource tables at Oakdale and Woodbury libraries, see attached presentation for dates.
 - Attended events in January and February 2026
 - FRC staff attended the Point in Time (PIT) Stop event in Stillwater on January 29, 2026. 280 people attended the event to receive connections to resources, concrete supports, referrals, and other support for families. The FRC team was asked to provide diapers for families and supplied 3,325 diapers to families at the event. PIT Stop events are planned twice

a year in Stillwater (July and December) and annually in Cottage Grove (November).

- Planned events
 - FRC staff has engaged Stillwater Schools to gauge interest in partnering to host a Screenagers documentary viewing event at Lake Elmo Middle School. Staff have communicated with school district leadership, and they are interested but had questions about the documentary and resources provided to families as part of the program. FRC staff sent responses to their questions and waiting to hear back.
 - FRC is working with Public Health and Environment (PHE) to coordinate funds for Children's Division staff to receive Nature-Based healing training. PHE has funding available to host May is Mental Health Awareness Month activities. The plan is for PHE to pay for staff training to learn to better use nature as a form of wellness when working with families. The trained staff would then lead an event for families during May is Mental Health Awareness Month and have additional resources when working with families on their caseloads.
 - Parent Café update. Five people attended the Parent Café training in January (2 County staff and 3 parents). The training provided the resources needed to host a virtual Parent Café using the Be Strong Families approach. The group is in the early stages of planning and scheduled to meet on February 25. The hope is that we can schedule our first virtual Café for early spring, with in-person sessions coming later in the year.
- FRC Cottage Grove location update
 - FRC and Children's Division staff met with the Corrections Department manager on January 29 at the proposed FRC space in Cottage Grove. The meeting went well and the group plans to begin sharing the space in April and initial activity planning has begun. The space has:
 - Office workspace x2
 - Classroom/conference room
 - Activities room/space
 - Kitchen
 - Restroom
 - Storage

- Child Abuse Prevention Month (CAPM) planning and discussion. FRC staff updated the group on the initial recommendations and discussion that the CAPM subcommittee discussed at the January 22 meeting. After the update, staff opened planning up to the larger group and made the following planning decisions:
 - Time/Date:
 - Saturday, April 25
 - 11am-2pm
 - Location:
 - Cottage Grove Service Center, FRC space
 - Activities:
 - Food, craft projects (pinwheels), hike/scavenger hunt, resource tables
 - Other events: coordinate with school and other organizations to have “wear blue day”
 - Partnerships:
 - parks department, sheriff’s department, libraries
 - Food and donations:
 - Offer an ice cream truck for free to families
 - Offer snacks and drinks
 - Look into options: Costo, Sam’s Club, Walmart, Culvers, HyVee, Cub, Jerry’s, paid food trucks, etc.
 - Other donations:
 - Gift cards, diapers, hygiene kits, park passes
- Other updates
 - Timothy reported he attended the Standards of Quality training virtually and highly recommended the training for others on the Family Advisory Board. He shared that a key takeaway for him from the course is that FRCs that have active parent advisory committees seem to be providing higher quality services compared to FRCs that do not have advisory groups.
- Closing and next steps
 - Next meeting Thursday, March 19, at 5-6:30 pm
 - The group has decided to continue the virtual meeting format for March.



Family Advisory Board Meeting

February 2026

Family Resource Connections (FRC) project

FAB Shared Agreement

- Step-up and Step-back.
- Only one person speaks at a time.
- Attend and participate in meetings.
 - Let us know if you can't make it to meetings.
- Listen to understand, not respond – we all have something different to offer.
- Be open and respectful to the ideas of others – everyone has an equal voice.
- Speak from your experience as a parent and community member.
- Meetings to occur monthly or as-needed.
- Have a meeting agenda.



Agenda

- Ice breaker
- FRC project update
 - Hosted and attended events
 - Events being planning
- FRC Cottage Grove location update
- Child Abuse Prevention Month discussion
- Closing and next steps



Ice Breaker

Parent Café in a box: Communication

1. How are your children similar and/or different from you, and how does that affect communication?
 2. How do you support and celebrate your child's coming into awareness of who they are as a unique individual?
 3. How has the world changed for children since you were a child?
- Parent Café Agreements:
 - **Speak from your own experiences.** Use "I" statements.
 - **Listen attentively.** Do not interrupt.
 - **No judgements.** Positive or negative.
 - **Do not give advice.**
 - **Confidentiality.** What the group talks about, stays with the group
 - **Full presence.** Please, no multi-tasking.



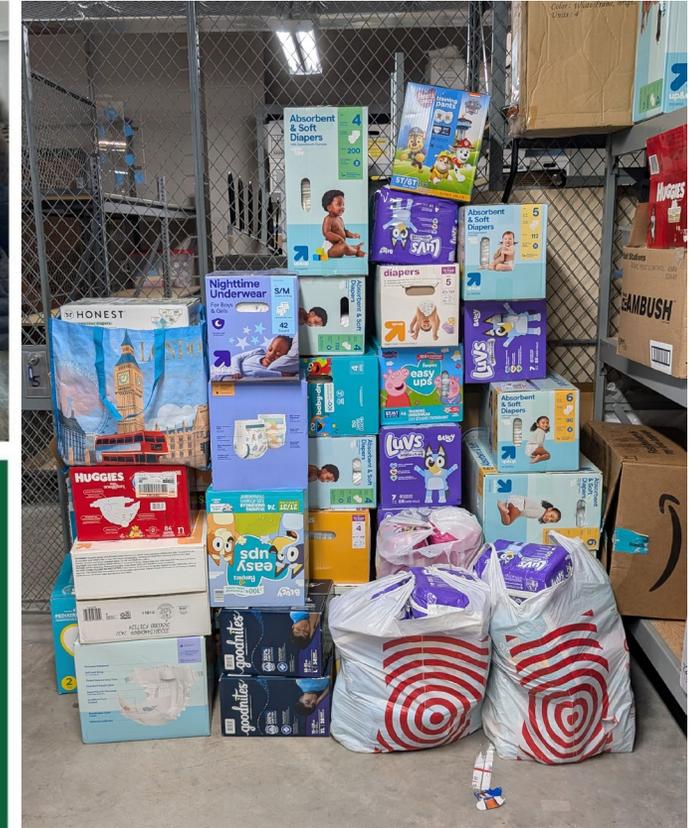
Project Update – Hosted/Attended Events

January 2026/February 2026:

- FRC at the Library | Oakdale
 - Oakdale Library | January 22, February 12
- FRC at the Library | Woodbury
 - Central Park | February 10
- PIT Stop Event | Stillwater
 - First Presbyterian Church | January 29 | 9 a.m.-1 p.m.
 - 280 people attended
 - FRC gave away 3,325 to participating families



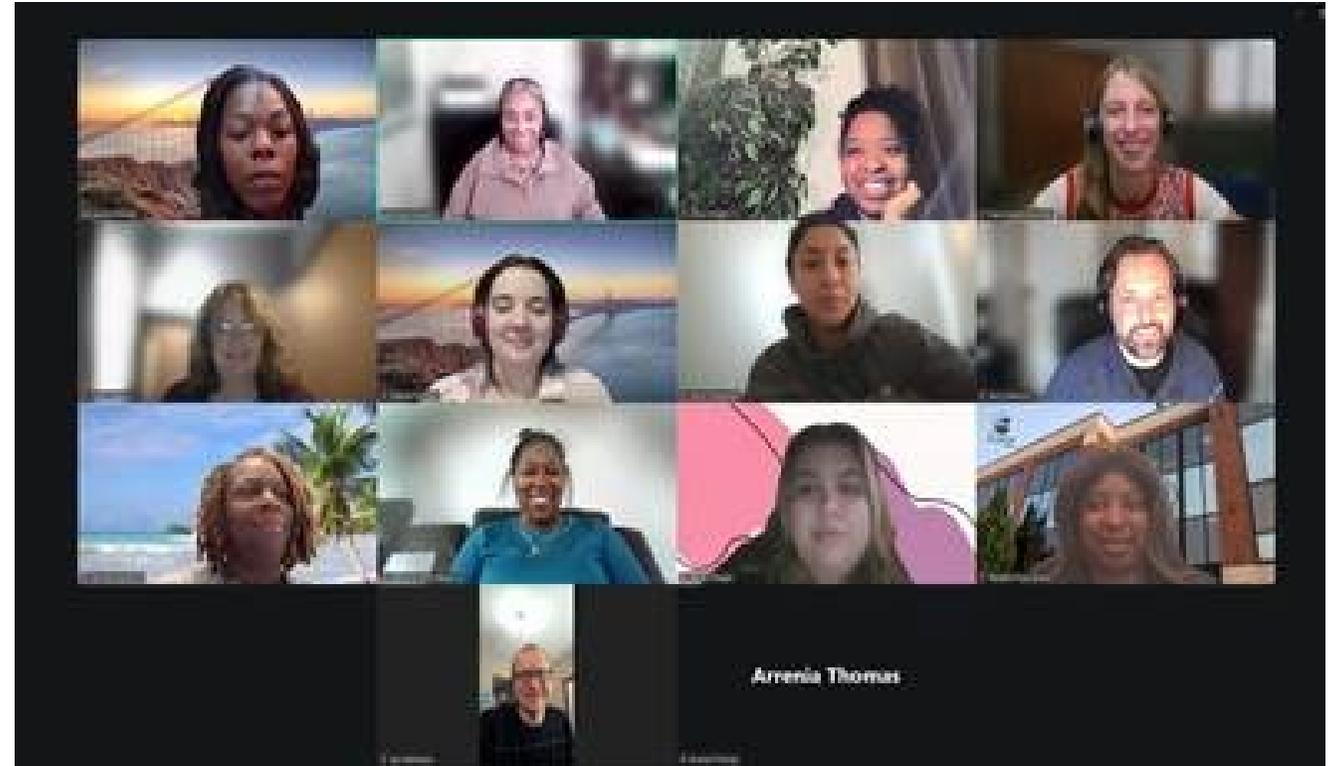
**2026 Stillwater
Winter PIT Event**



Project Update – Upcoming Events/Activities

Events in planning:

- Screenagers and Stillwater Schools
- May is Mental Health Awareness Month
 - Nature-Based Therapy staff training
- Parent Café
 - 5 of us attended training January 26-28
 - First planning meeting is February 25
 - Sessions will begin as virtual, then in-person



FRC Cottage Grove Location Update

- Met with WC Corrections on January 29 on location.
- Space has:
 - Office workspace x2
 - Classroom/conference room
 - Activities space
 - Kitchen
 - Restroom
 - Storage
- Hopeful to take possession of the space by first week of April.
- Initial activity planning has begun!



Child Abuse Prevention Month (CAPM)

- Time/date
- Location:
 - Faith-based locations in Cottage Grove/Woodbury
 - Cottage Grove FRC space
- Activities:
 - Wearing blue, crafting blue pinwheels, hike, library activities, resource tables, children art/craft station, interactive survey
- Partnerships:
 - FamilyWise, Sheriffs dept., Parks dept., and Libraries
- Food and donations:
 - Costco, Culvers, HyVee, Cub Foods and paid food trucks
- Other donations:
 - Gift cards, diapers, hygiene kits



Closing and Next Steps

- Proposed next meeting:
 - Thursday, March 19 | Location TBD | 5-6:30 p.m.
 - Virtual meeting, back in Woodbury, or somewhere else?
- What else? Anything for the project team? Anything for the next meeting?

