

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24 <u>Career Exploration Day 1</u> (Online) 9:30-11:30 a.m. Two day workshop; must attend Day 1 first	25	26	27 <u>Career Exploration Day 2</u> (Online) 9:30-11:30 a.m. Attendance on Day 1 required to receive Day	28
29	30	31 <u>Managing Change</u> (Online) 9:30-11:30 a.m.				



To register: Click on the hyperlinked workshop title on the calendar above
OR visit washingtoncountymn.gov/EmploymentAssistance for events and registration.

Call 651-275-8665 with cancellations or additional questions.

“Job Search is sort of like being on a roller coaster and the CareerForce is the seat belt; it helps you feel a little more secure on a really scary ride!”

- Lisa N., Washington County CareerForce customer

Employment Workshop/Event Information



Online Workshops via MS Teams

Managing Change

Career change? Job Loss? Whether expected or unexpected, changes of all types interrupt our lives. They leave us not knowing what to expect or how to proceed, yet we must find a way to keep moving forward. Learn how to manage, persevere, and be resilient in challenging times.

Research

In this workshop, learn how to identify which jobs, salaries, and companies fit you best as you progress in your career. A key component of an effective job search is the right kind of research. Don't miss out on your opportunity to learn everything you need to know to manage your career now *and* in the future.

Career Exploration

This course uses occupational and personal evaluations to point individuals in the right direction for managing their careers. Includes skills and values assessments, information on training courses, and interest inventory! Two-day workshop; must attend day one in order to attend day two.

Emotional Intelligence

Emotional Intelligence (EQ) is an incredibly important set of abilities that determines how we perceive ourselves, interact with others, find success in our careers, and attain happiness. In this workshop, learn how to increase your EQ for success in your job search and career.

LinkedIn: Basics

Discover how to get the most out of using LinkedIn. Learn how to construct or improve your LinkedIn profile to showcase your expertise and find out how to effectively use the platform for marketing while getting one step closer to your next career. Topics include settings and privacy, profile info content, headline, summary, work experience, skills, and recommendations. To participate you must have a LinkedIn account. If you do not have one, you will need to join at www.linkedin.com.

LinkedIn: Advanced Strategies

Learn advanced strategies for using LinkedIn to job search. Review profile criteria, learn how to make networking connections, find jobs, research companies, and more!

Networking Connections

Networking is a vital skill for job search success, but finding the time – and the confidence – to do it effectively can be challenging. This workshop is designed to help you understand the value of networking and provides practical tips, strategies, and suggestions to boost your confidence and make networking feel more approachable.

Résumés that Open the Door to Opportunities

Comprehensive look at developing and customizing your experience for each employer. Have a working knowledge of résumé for today's market. Learn a few tools to assist in creating your résumé and get noticed by employers and the robots.

From Interview to Job Offer

Learn the secrets of successful interviewing. This workshop will provide information on how to make a great impression from the moment you get the phone call to negotiating a job offer.

Course materials are provided | Advance registration required

*"A dream becomes a goal when action is taken toward its achievement."
- Bo Bennett*