

WIC is a NUTRITION and BREASTFEEDING PROGRAM

that helps families
eat well and stay
healthy.



Women, Infants, and Children (WIC)

HOW DOES WIC SUPPORT FAMILIES?

- Improved access to healthier foods through a tailored food package.
- Personalized nutrition education.
- Breastfeeding support and education.
- Referrals to other health and community programs.

WHO IS ELIGIBLE FOR WIC?

- Women who are pregnant, breastfeeding, or recently postpartum.
- Infants (up to age one).
- Children (up to age five), including foster or adopted children.

Participants must meet WIC income guidelines or be enrolled in either Medicaid or SNAP.

WASHINGTON COUNTY WIC LOCATIONS



Central Service and License Center

1261 Woodlane Drive, Woodbury, MN

Cottage Grove Service Center

13000 Ravine Parkway South, Cottage Grove, MN

Government Center

14949 62nd Street, Stillwater, MN

Headwaters Service Center

19955 Forest Road North, Forest Lake, MN

Open days and hours vary by clinic.



For more information, scan the QR code
or visit [WashingtonCountyMN.gov/WIC](https://www.washingtoncountymn.gov/WIC)

**Please call 651-430-6658
to make an appointment.**



This institution is an equal opportunity provider.