

Request an Assessment



Call 651-430-6422

Select option 1

OR



Request Online

Visit [WashingtonCountyMN.gov/
MnCHOICESReferral](http://WashingtonCountyMN.gov/MnCHOICESReferral)

- Please share information about yourself and your needs, and we will offer details about potential programs and resources for you to consider before deciding if you would like an assessment.
- A certified MnCHOICES assessor will meet with you to complete a free assessment.
- The MnCHOICES assessment is an opportunity to communicate your goals and identify the support you want and need.

After the Assessment

Your assessor will discuss options and resources with you, including next steps.

You will receive a written summary about services and support options.

Additional Resources

Washington County Crisis Response Unit |

651-275-7400

Provides 24/7/365 mobile crisis mental health services for adults and children experiencing a mental health crisis.

Washington County Economic Support |

651-430-6459

Provides food, medical, cash, and emergency financial assistance.

Disability Hub | 1-866-333-2466

Free service for people with disabilities that provides resources to help manage health, benefits, housing and more.

Senior Linkage Line | 1-800-333-2433

Free service connecting older adults and their families with the help they need.

Washington County Navigators |

651-430-6895

Specialized staff help you and your family with access to services.

Washington County Veterans Service Office |

651-430-6895

Assistance for military veterans and their dependents with state and federal Veteran Affairs (VA) benefits.



Access, Aging & Disability Services

14949 62nd St. N., P.O. Box 30
Stillwater, MN 55082-0030

WCCS-70000-115 (1-25)



Access, Aging, & Disability Services

Support for People with Disabilities and Older Adults

Request an assessment:

651-430-6422

Select option 1

OR

[WashingtonCountyMN.gov/
MnCHOICESReferral](http://WashingtonCountyMN.gov/MnCHOICESReferral)

Available Services

People with disabilities or older adults using Medical Assistance (MA)

Community First Services and Supports (CFSS)

A Minnesota health care program that offers flexible options to accommodate individuals' specific needs, enabling them to maintain greater independence in their homes. These options include personal care, health-related needs, assistance with daily living, and support for behavior needs.

Case management and services for people with disabilities and older adults using Medical Assistance

Services help a person live as independently as possible in their home and in the community, and promote optimal health, independence, safety and community integration.

- **Brain Injury (BI) Waiver**
For children and adults who have an acquired or traumatic brain injury and otherwise need the level of care provided in a nursing facility or hospital.
- **Community Alternative Care (CAC) Waiver**
For children and adults who are chronically ill or medically fragile and would otherwise need hospital care.

- **Community Alternatives for Disability Inclusion (CADI) Waiver**
For children and adults who otherwise need the level of care provided in a nursing facility.
- **Developmental Disabilities (DD) Waiver**
For children and adults who are eligible for Rule 185 Case Management (Intellectual/Developmental Disability Services) and otherwise need the level of care provided in an intermediate care facility for persons with developmental disabilities (ICF/DD).
- **Elderly Waiver (EW)**
For people over the age of 65 who want to live in their home or community and otherwise need the level of care provided in a nursing facility.



Other services for people with disabilities and older adults

Alternative Care (AC)

- For people over the age of 65 who need help with personal care and daily tasks.

This is a cost-sharing program that includes case management.

- **Essential Community Supports (ECS)**
A limited menu of services for people over the age of 65 who can arrange for their own health and safety needs. This program includes case management.
- **Family Support Grant (FSG)**
Cash grants for people under the age of 25 with a disability who live in their family home. *MnCHOICES not needed.*
Call 651-430-6455 or email: ComSvsFamilySupportGrant@co.washington.mn.us
- **Intellectual/Developmental Disabilities Case Management (IDD Services/Rule 185)**
Assists individuals with intellectual or developmental disabilities in accessing resources and services for support.
- **Semi-Independent Living Services (SILS)**
Services to build independent living skills for adults who have intellectual or developmental disabilities.
Must be eligible for IDD Services/Rule 185 Case Management.

Program eligibility includes meeting service and financial requirements. Certain income and asset requirements may apply.