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Family Resource Center Information Session - Oct 2024

Community Family Resource Connections Project (CFRC)

Today's Agenda

- Staff Introductions
- What is a Family Resource Center?
- Community Needs Assessment
 - What is it?
 - What did we find?
- Family Advisory Board
 - What is it?
 - What does it do?
 - How can families get involved?
- Questions



Introductions

Megan Roy

- Children's Services Supervisor and Family Resource Center Project Lead

Jerry Klebsch

- Senior Social Worker and Family Resource Center Project Coordinator

What is a Family Resource Center?

- A community-based support hub offering services, support and opportunities for families.
- Responsive to the needs, cultures and interests of the communities and populations served.
- **Focused on a reduction of child abuse in the community and empowerment of families to be strong, healthy and successful.**
- Relies on strengthening the Five Protective Factors to create safe and emotionally stable homes.

Five Protective Factors

1. Parental Resilience
2. Social Connections
3. Knowledge of Parenting and Child Development
4. Concrete Support in Times of Need
5. Social and Emotional Competence of Children



Community Needs Assessment (CNA)

What is a Community Needs Assessment (CNA)?

- A short-term study that helps identify:
 - Community strengths
 - Community needs
 - Available resources
 - Service gaps
- Lays foundation for developing services – informed by the service providers and the families that use them
- Our purpose for conducting a CNA is to determine if a Family Resource Center would be beneficial to Washington County residents

Washington County's CNA

- Conducted throughout 2023
- Gathered data from residents, community service providers, and Washington County service providers
- Collected data using:
 - Facilitated workshops
 - Community surveys
 - Point-in-time study
 - Community listening sessions
- Other existing data sources



Washington County Community Services
Community Needs Assessment
2023

Community Listening Sessions – 200 individuals, 12 sessions

- Forest Lake Parent Education Group (Forest Lake)
- Granada Lakes Townhomes – October & December (Oakdale)
- Kin Providers (residents from throughout the county, Stillwater)
- Landfall Residents (Oakdale)
- Families Experiencing Homelessness (residents from throughout the county, Mahtomedi)
- Kenyan Families (residents from throughout the county, Woodbury)
- West African Families (residents from throughout the county, Woodbury)
- Stillwater School's Caminos (Lake Elmo)
- Brotherhood of Father's (residents from throughout the county, Woodbury)
- East African Parent Empowerment Group (Woodbury)
- SoWashCo Parent Affinity Groups (Cottage Grove)

Forest Lake Area Summary

Community Listening Session: Forest Lake Parent Education Group

Top five responses:

- Resource navigation x4 🏆
- Concrete supports x4 🏆
- Childcare x3 🏆
- Healthcare x3 🏆
- Teen supports x2 🏆

Point in Time Study: Forest Lake has the **fourth** highest number of active workgroups in the county.

What stands out in the data versus the rest of the county?

- Forest Lake is 8% of the county total population
- 6% Supplemental Nutrition Assistance Program (SNAP) enrollment (5% rest of the county)
- 5.7% unemployment rate (3.5% rest of the county)



Oakdale Area Summary

Community Listening Session:
Granada Lakes Townhomes and Landfall
Community

Top five responses:

- Teen/young adult support x6 🏆
- Job training opportunities x4
- Healthcare supports x4 🏆
- Resource navigators x2 🏆
- Financial and technology supports x2

Point in Time Study: Oakdale has the **Second** highest number of active workgroups in the county.

What stands out in the data versus the rest of the county?

- 10% SNAP enrollment (5% rest of the county)
- 18% of children under five years old live in poverty (4% rest of county)
- 5.4% unemployment (3.5% rest of the county)



Stillwater Area Summary

Community Listening Session: Kinship Providers

Top five responses:

- Teen supports x4 🏆
- Resource navigation x2 🏆
- Concrete supports x1 🏆
- Parenting classes x1 🏆
- Healthcare support x1 🏆

Point in Time Study: Stillwater has the **third** highest number of active workgroups in the county.

What stands out in the data versus the rest of the county?

- 1.5% unemployment (3.5% rest of the county)
- 7% of residents accessing SNAP (5% rest of the county)
- 21% of people are 65 and over (15% rest of the county)



Mahtomedi Area Summary

Community Listening Session:
Families experiencing homelessness

Top five responses:

- Healthcare x4 🏆
- Resource navigation x3 🏆
- Concrete supports x2 🏆
- Parenting groups/classes x2 🏆
- Career services supports x2

Point in Time Study: Mahtomedi is **not in the top five** number of active workgroups in the county.

What stands out in the data versus rest of the county?

- Mahtomedi is 3% of the county's total population
- 20% of people are 65 and over (15% rest of the county)
- 9% of residents accessing SNAP (5% rest of the county)



Woodbury Area Summary

Community Listening Session:

Kenyan families, West African Communities, Brotherhood of Father's

Top five responses:

- Resource navigation x10 🏆
- Economic supports x9
- Cultural and language supports x9 🏆
- Parenting supports x8 🏆
- Teen supports x7 🏆

Point in Time Study: Woodbury is **first** in the number of active workgroups in the county.

What stands out in the data versus the rest of the county?

- Woodbury is 28% of the total county's population
- 12% of people are foreign born (8% rest of the county)
- 2% of residents accessing SNAP (5% rest of the county)



Lake Elmo Area Summary

Community Listening Session: Camino

Top 5 responses:

- Community connection/education x5 🏆
- Interpreter and translation services x3
- Resource navigation x3 🏆
- Youth supports x3 🏆
- Health, concrete, and legal services x2 🏆

Point in Time Study: Lake Elmo is **not in the top five** number of active workgroups in the county.

What stands out in the data versus the rest of the county?

- Lake Elmo is 4% of the county's total population
- 3% of residents accessing SNAP and have higher annual income (5% rest of the county)
- 67% of 3- and 4-year-olds are enrolled in school (44% rest of the county)



Cottage Grove Area Summary

Community Listening Session:

Black Parent Affinity Group, Hmong Parent Advisory Group, SoWashCo. Staff and Steering Committee

Top 5 responses:

- Cultural activities/supports x10 🏆
- Community education x10
- Youth supports x8 🏆
- Community connection/group supports x5 🏆
- Health and parenting supports x5 🏆

Point in Time Study: Cottage Grove is **fifth** in the number of active workgroups in the county.

What stands out in the data versus the rest of the county?

- Cottage Grove is 15% of the total county population
- Most key indicators align with overall county statistics



Resources Available to Washington County Communities - Combined

- Early childhood education opportunities
- Access to medical facilities
- Child protection intervention services
- Library-based services

Resources often depend on location



Gaps in Services - Combined

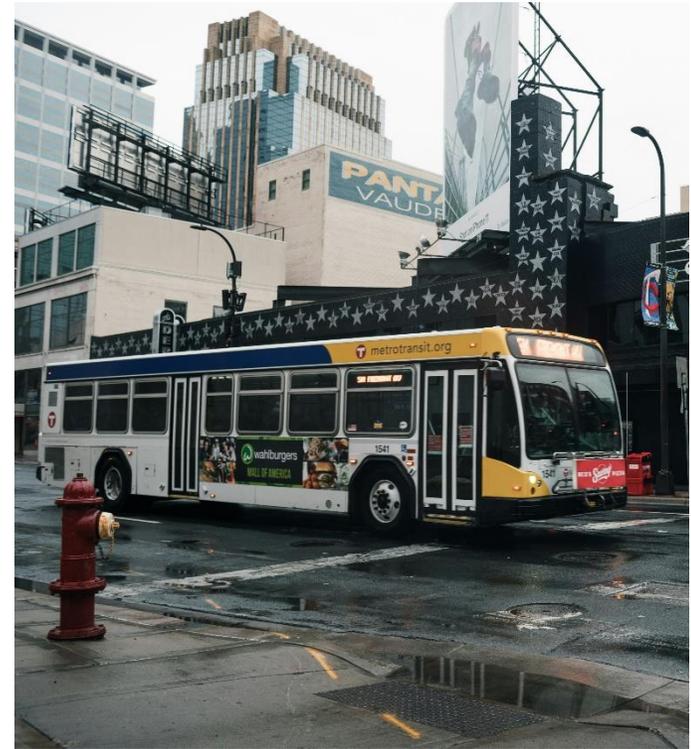
- Mental health services
 - Culturally specific services (supports language and/or cultural needs)
- Domestic violence/intimate partner services
- Supports for school aged children
- Parent education and supports
- Caregiver supports
- Concrete supports

Needs of Washington County Residents - Combined

- Transportation
- Childcare
- Affordable housing
- Access to technology and literacy
- Culturally specific services

Needs often depend on location

Competing needs force families to balance competing priorities.



Family Advisory Board

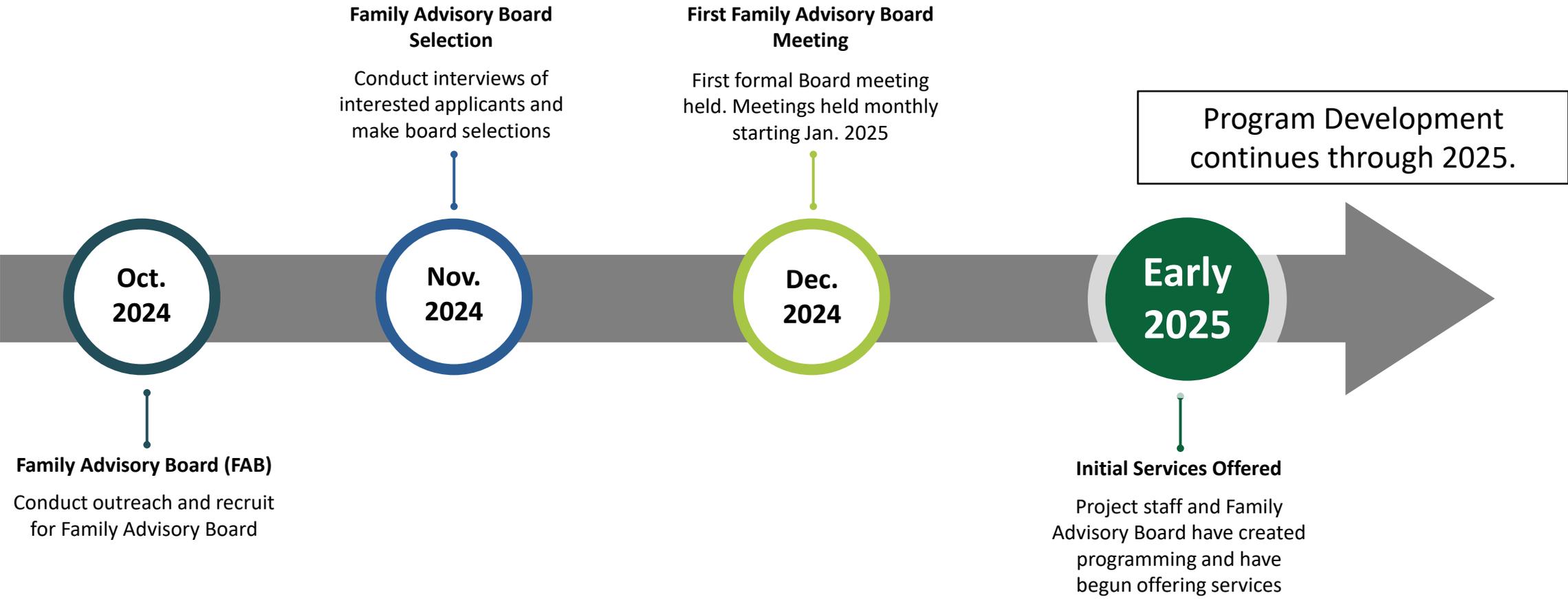
What is the CFRC Family Advisory Board?

- Advises Community Family Resource Connections (CFRC) project team to help shape what and how Family Resource Center(s) provide programming and resources to Washington County families
- Comprised of parents, guardians and caregivers located within Washington County
- People from diverse backgrounds, lived experiences and expertise are all encouraged to apply

What can a CFRC Family Advisory Board member expect?

- Use voice to provide leadership, support and guidance to the CFRC project team
- Active and safe space to express perspectives, expertise and lived experiences
- Commit to attend meetings
 - Meets for up to 2 hours per month
 - Virtual and/or in-person
- Asked to serve 1- or 2-year terms
- Attend trainings
 - Five Protective Factors
- Board size is expected to be 8-12 people
- Per diem and mileage will be paid to attend meetings
- Assistance with childcare and meals will be provided for in-person meetings

CRFC - Next Steps



I am Interested, How do I Apply to Family Advisory Board?

- Scan QR code and complete online application
- Applicants will be contacted in November to schedule a time to further interest in the Board

Questions about the CFRC project? Board membership? The application process?

- Contact Jerry Klebsch at csfrc@co.washington.mn.us.



Scan QR code to apply!

Questions?