



2019 Washington County Adult Health Survey
Data Book

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2019 Washington County Adult Health Survey Databook

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Introduction

In 2019, Washington County Public Health and Environment (Washington County) completed their most recent iteration of the Adult Health Survey. Conducted every four to six years, this survey seeks to better understand the health concerns of Washington County adults ages 18 and older, including topic areas such as chronic disease, mental health, healthcare access, lifestyle and behaviors, and community and economic conditions. While the data gathered in the survey helps to inform county public health policy and programming and assist with Public Health Accreditation, it is also utilized by partner organizations in the community for health improvement initiatives. Washington County contracted with Wilder Research to conduct the survey, with funding from the Minnesota Department of Health Statewide Health Improvement Partnership (SHIP).

Methodology

Survey instrument and study invitation materials development

Washington County staff designed an 8-page, 80-question survey, with consultation from Wilder Research staff. Washington County staff also developed study recruitment messaging, including a survey cover letter, reminder postcard, and reminder letter, with final content, formatting and design review by Wilder Research staff. The survey cover letter and reminder letter included a description of the study, eligibility criteria, and a phone number to call if the respondent had any questions. The reminder post card thanked respondents who had already completed the survey and invited those who had not yet completed it to do so. The reminder letter was sent to only to participants in the sample who had not yet completed a survey.

Sampling methodology

The survey was conducted through the mail, using a random sample of Washington County residents. A two-stage sampling strategy was used for obtaining a statistically representative sample of adults living in the county. For the first stage of sampling, a random sample of county residential addresses was purchased from Marketing Systems Group (MSG), a national sampling vendor. Address-based sampling was used to ensure that all households would have an equal chance of being sampled for the survey. Marketing Systems Group obtained the list of addresses from the U.S. Postal Service. For the second stage of sampling, the “most recent birthday” method of within-household respondent selection was used to specify one adult from each selected household to complete the survey. The purpose of within-household randomization is to ensure a better gender and age balance among the survey respondents. To be included in the survey, respondents must have been Washington County residents and at least 18 years old.

The total sample contained 2,500 randomly selected addresses in Washington County. The sample contained 800 addresses from 11 census tracts that were selected by Washington County staff for oversampling and 1,700 randomly selected addresses from all other U.S. Census tracts in Washington County. The census tracts that were selected for oversampling had higher populations of residents of color, low-income residents, and younger residents. These specific census tracts were selected in order to increase the response rate of these specific populations in the mailed survey. The oversampling procedure was as follows: for every resident in the random sample, Wilder over sampled by 1.28 residents in each of the 11 designated tracts.

Figure 1 describes the response dispositions calculated according to the American Association for Public Opinion Research (AAPOR), the margin of error for a 95% confidence interval for the unweighted sample (nominal margin of error), and the margin of error for a 95% confidence interval for the weighted sample (adjusted margin of error). As seen in the figure, the survey garnered 643 responses, a response rate of 26.3%.

Washington County sample and complete totals	
Sample released	2,500
Undelivered	52
Total eligible	2,448
Refusals	10
Completes	643
Response rate	26.3%
Nominal margin of error	2.3%-3.9%
Adjusted margin of error	3.3%-5.6%

Figure 1 Random sample response totals

Data collection

Wilder Research used a “modified Dillman” method of survey mailing as follows: An initial survey packet that included a cover letter, survey instrument, and a postage-paid return envelope was mailed on August 15th, to 2,500 sampled households. No incentives were offered for taking the mailed survey. One week after the first survey packets were mailed (August 22, 2019), a postcard was sent to all sampled households, reminding those who had not yet completed a survey to do so, and thanking those who had already responded. Two weeks after the reminder postcards were mailed (September 5, 2019), another full survey packet was sent to all households that still had not returned the survey. The remaining completed surveys were received over the next three weeks. Data collection ended on September 30, 2019.

Figure 2 displays descriptive, demographic details about the 643 survey respondents.

Sample Description

Washington County total **643**

Gender		
	Male	237
	Female	389
	Other	2
Age Group		
	18-34	42
	35-44	72
	45-54	89
	55-64	148
	65-74	154
	75+	120
Household Income		
	≤200% of FPL	68
	>200% of FPL	525
Educational Attainment		
	Less than High School	8
	High School or GED	74
	Some College	208
	College Degree or Higher	341
Sexual Orientation		
	Heterosexual or Straight	605
	Lesbian or Gay	15
	Bisexual	3
	Queer	3
Race		
	White	604
	African-American	10
	Asian	30
	American-Indian/Alaskan Native	4
	Native Hawaiian/Pacific Islander	1
	Other	3
Ethnicity		
	Hispanic/Latinx	11
	Non-Hispanic	616
Foreign-born		
	US-born	604
	Foreign-born	34

Overall Health

Q: In general, would you say that your health is ...?

Table 1

	Excellent	Very Good	Good	Fair	Poor
Total	20.6%	43.9%	26.8%	7.7%	1.1%
	(16.1%,25.9%)	(38.4%,49.5%)	(22.2%,31.9%)	(5.2%,11.3%)	(0.6%,2.1%)
Gender					
Male	23.5%	42.0%	26.3%	7.6%	0.6%
	(15.8%,33.5%)	(33.1%,51.4%)	(18.9%,35.3%)	(3.8%,14.7%)	(0.2%,1.9%)
Female	18.1%	46.8%	26.1%	7.5%	1.6%
	(13.6%,23.7%)	(40.2%,53.5%)	(20.8%,32.1%)	(4.8%,11.6%)	(0.7%,3.5%)
Age Group					
18-34	29.9%	41.5%	19.4%	9.2%	<1.0%
	(17.1%,46.8%)	(27.2%,57.3%)	(9.9%,34.6%)	(3.5%,22.2%)	
35-44	24.5%	40.2%	33.0%	2.3%	<1.0%
	(14.14,38.6%)	(28.2%,53.5%)	(21.6%,46.9%)	(0.7%,7.4%)	
45-54	16.8%	47.0%	28.1%	7.0%	1.0%
	(10.0%,27.1%)	(34.6%,59.8%)	(17.9%,41.2%)	(2.2%,20.2%)	(0.1%,6.9%)
55-64	15.9%	48.6%	25.5%	7.1%	2.8%
	(10.7%,23.1%)	(39.7%,57.7%)	(18.7%,33.8%)	(3.4%,14.3%)	(1.0%,7.3%)
65-74	18.3%	47.6%	26.3%	5.9%	1.9%
	(12.8%,25.4%)	(39.4%,55.9%)	(19.7%,34.3%)	(3.2%,10.7%)	(0.5%,6.7%)
75+	9.2%	38.1%	31.1%	18.9%	2.6%
	(4.9%,16.7%)	(28.8%,48.4%)	(23.2%,40.4%)	(12.3%,27.8%)	(0.8%,8.7%)
Household Income					
<200% Federal Poverty Level	20.5%	19.2%	26.9%	31.2%	2.2%
	(7.5%,45.0%)	(9.6%,35.0%)	(14.2%,45.0%)	(16.4%,51.2%)	(0.7%,6.6%)
≥200% Federal Poverty Level	20.5%	47.3%	26.8%	4.4%	1.0%
	(15.7%,26.2%)	(41.3%,52.5%)	(21.8%,32.4%)	(2.6%,7.4%)	(.5%,2.3%)

Note: The intervals presented are 95% confidence intervals

Q: Frequent physical distress (physical health not good for 14+ days in the past 30 days)

Table 2

	0-13 days	14-30 days
Total	93.3%	6.7%
	(90.4%,95.4%)	(4.6%,9.6%)
Gender		
Male	93.6%	6.4%
	(87.3%,96.9%)	(3.1%,12.7%)
Female	93.3%	6.7%
	(90.5%,95.3%)	(4.7%,9.5%)
Age Group		
18-34	96.6%	3.4%
	(79.5%,99.5%)	(0.5%,20.5%)
35-44	99.1%	0.9%
	(93.7%,99.9%)	(0.1%,6.3%)
45-54	93.8%	6.2%
	(83.7%,97.8%)	(2.2%,16.3%)
55-64	90.6%	9.4%
	(84.6%,94.5%)	(5.5%,15.4%)
65-74	91.5%	8.5%
	(85.4%,95.1%)	(4.9%,14.6%)
75+	78.5%	21.5%
	(68.7%,85.8%)	(14.2%,31.3%)
Household Income		
<200% Federal Poverty Level	73.1%	26.9%
	(53.0%,86.8%)	(13.2%,47.0%)
≥200% Federal Poverty Level	96.1%	3.9%
	(94.5%,97.3%)	(2.7%,5.5%)

Note: The intervals presented are 95% confidence intervals

Q: Frequent mental distress (mental health not good for 14+ days in the past 30 days)

Table 3

	0-13 days	14-30 days
Total	90.6%	9.4%
	(86.3%,93.7%)	(6.3%,13.7%)
Gender		
Male	93.2%	6.8%
	(84.7%,97.1%)	(2.9%,15.3%)
Female	88.3%	11.7%
	(82.6%,92.3%)	(7.7%,17.4%)
Age Group		
18-34	80.6%	19.4%
	(64.9%,90.3%)	(9.7%,35.1%)
35-44	88.9%	11.1%
	(78.2%,94.7%)	(5.3%,21.8%)
45-54	96.3%	3.7%
	(90.9%,98.6%)	(1.4%,9.1%)
55-64	96.4%	3.6%
	(91.5%,98.5%)	(1.5%,8.5%)
65-74	95.4%	4.6%
	(90.8%,97.8%)	(2.2%,9.2%)
75+	91.6%	8.4%
	(83.0%,96.0%)	(4.0%,17.0%)
Household Income		
<200% Federal Poverty Level	79.6%	20.4%
	(59.7%,91.1%)	(8.9%,40.3%)
≥200% Federal Poverty Level	91.9%	8.1%
	(87.2%,94.9%)	5.1%,12.8%

Note: The intervals presented are 95% confidence intervals

Q: Have you ever been told by a doctor, nurse, or other health professional that you had... Hypertension, also called high blood pressure

Table 4

	No	Yes	Yes, but only during pregnancy
Total	76.2%	22.6%	1.2%
	(71.8%,80.2%)	(18.7%,27.0%)	(0.5%,2.7%)
Gender			
Male	78.7%	21.3%	<1.0%
	(71.0%,84.7%)	(15.3%,29.0%)	
Female	75.4%	22.3%	2.3%
	(69.9%,80.2%)	(17.8%,27.6%)	(1.0%,5.1%)
Age Group			
18-34	89.7%	9.2%	1.1%
	(76.0%,96.0%)	(3.3%,23.2%)	(0.1%,7.3%)
35-44	85.7%	9.8%	4.5%
	(74.4%,92.6%)	(4.2%,21.1%)	(1.7%,11.6%)
45-54	80.1%	19.9%	<1.0%
	(67.8%,88.5%)	(11.5%,32.2%)	
55-64	75.4%	24.0%	0.6%
	(66.7%,82.4%)	(17.1%,32.6%)	(0.1%,4.2%)
65-74	60.2%	39.8%	<1.0%
	(51.7%,68.0%)	(32.0%,48.3%)	
75+	33.4%	66.6%	<1.0%
	(24.7%,43.3%)	(56.7%,75.3%)	
Household Income			
<200% Federal Poverty Level	69.2%	28.2%	2.6%
	(50.1%,83.4%)	(14.7%,47.3%)	(0.4%,16.6%)
≥200% Federal Poverty Level	79.1%	20.1%	0.8%
	(74.0%,83.4%)	(15.8%,25.2%)	(0.3%,2.2%)

Note: The intervals presented are 95% confidence intervals

Q: Have you ever been told by a doctor, nurse, or other health professional that you had... Borderline high blood pressure or pre-hypertension

Table 5

	No	Yes	Yes, but only during pregnancy
Total	79.1%	19.9%	1.0%
	(74.4%,83.2%)	(15.9%,24.6%)	(0.4%,2.3%)
Gender			
Male	74.1%	25.9%	<1.0%
	(65.4%,81.3%)	(18.7%,34.6%)	
Female	84.0%	14.1%	1.9%
	(79.1%,87.9%)	(10.5%,18.7%)	(0.8%,4.6%)
Age Group			
18-34	92.1%	6.8%	1.1%
	(78.8%,97.4%)	(2.0%,20.7%)	(0.1%,7.3%)
35-44	85.2%	12.5%	2.3%
	(73.9%,92.1%)	(6.2%,23.7%)	(0.6%,8.7%)
45-54	69.3%	30.0%	0.7%
	(55.4%,80.4%)	(18.9%,44.0%)	(0.1%,5.1%)
55-64	78.5%	20.9%	0.6%
	(69.8%,85.2%)	(14.3%,29.5%)	(0.1%,4.4%)
65-74	70.3%	29.7%	<1.0%
	(61.9%,77.4%)	(22.6%,38.1%)	
75+	66.4%	32.9%	<1.0%
	(56.3%,75.2%)	(24.1%,43.0%)	
Household Income			
<200% Federal Poverty Level	72.6%	24.4%	3.0%
	(52.9%,86.2%)	(11.5%,44.3%)	(0.5%,15.3%)
≥200% Federal Poverty Level	79.1%	20.1%	0.8%
	(74.0%,83.4%)	(15.8%,25.2%)	(0.3%,2.2%)

Note: The intervals presented are 95% confidence intervals

Q: Have you ever been told by a doctor, nurse, or other health professional that you had... Diabetes or sugar disease

Table 6

	No	Yes	Yes, but only during pregnancy
Total	91.4% (88.5%,93.6%)	7.5% (5.5%,10.2%)	1.1% (0.5%,2.4%)
Gender			
Male	91.4% (86.6%,94.6%)	8.6% (5.4%,13.4%)	<1.0%
Female	91.1% (87.1%,94.0%)	6.7% (4.3%,10.4%)	2.1% (1.0%,4.6%)
Age Group			
18-34	97.0% (88.1%,99.3%)	3.0% (0.7%,11.9%)	<1.0%
35-44	93.3% (86.1%,96.9%)	2.9% (0.9%,8.9%)	3.9% (1.4%,10.1%)
45-54	90.1% (79.9%,95.4%)	7.9% (3.2%,18.5%)	2.0% (0.6%,6.6%)
55-64	89.5% (82.2%,94.0%)	10.5% (6.0%,17.8%)	<1.0%
65-74	87.5% (80.7%,92.1%)	12.5% (7.9%,19.3%)	<1.0%
75+	79.4% (70.2%,86.2%)	20.6% (13.8%,29.8%)	<1.0%
Household Income			
<200% Federal Poverty Level	87.9% (76.7%,94.2%)	12.1% (5.8%,23.3%)	<1.0%
≥200% Federal Poverty Level	91.4% (88.2%,93.8%)	7.3% (5.1%,10.3%)	1.3% (0.6%,2.8%)

Note: The intervals presented are 95% confidence intervals

Q: Have you ever been told by a doctor, nurse, or other health professional that you had... Pre-diabetes or borderline diabetes

Table 7

	No	Yes	Yes, but only during pregnancy
Total	88.9%	10.5%	0.6%
	(85.4%,91.6%)	(7.9%,13.9%)	(0.2%,1.6%)
Gender			
Male	88.7%	11.3%	<1.0%
	(82.0%,93.1%)	(6.9%,18.0%)	
Female	89.0%	9.8%	1.2%
	(85.3%,91.9%)	(7.1%,13.3%)	(0.5%,3.2%)
Age Group			
18-34	100.0%	<1.0%	<1.0%
35-44	93.7%	5.4%	0.9%
	(86.3%,97.2%)	(2.2%,12.6%)	(0.1%,6.3%)
45-54	82.7%	15.6%	1.7%
	(69.5%,90.9%)	(7.7%,29.1%)	(0.5%,6.1%)
55-64	82.6%	16.8%	0.6%
	(74.9%,88.3%)	(11.2%,24.5%)	(0.1%,4.3%)
65-74	83.7%	16.3%	<1.0%
	(76.2%,89.1%)	(10.9%,23.8%)	
75+	80.4%	19.6%	<1.0%
	(71.3%,87.2%)	(12.8%,28.7%)	
Household Income			
<200% Federal Poverty Level	88.5%	11.5%	<1.0%
	(70.9%,96.0%)	(4.0%,29.1%)	
≥200% Federal Poverty Level	89.0%	10.3%	0.8%
	(85.3%,91.8%)	(7.5%,13.9%)	(0.3%,2.0%)

Note: The intervals presented are 95% confidence intervals

Q: Have you ever been told by a doctor, nurse, or other health professional that you had... High blood cholesterol

Table 8

	No	Yes
Total	75.0%	25.0%
	(70.5%,79.0%)	(21.0%,29.5%)
Gender		
Male	70.5%	29.5%
	(62.2%,77.7%)	(22.3%,37.8%)
Female	79.2%	20.8%
	(74.5%,83.2%)	(16.8%,25.5%)
Age Group		
18-34	96.8%	3.2%
	(87.3%,99.3%)	(0.7%,12.7%)
35-44	86.8%	13.2%
	(74.9%,93.6%)	(6.4%,25.1%)
45-54	72.5%	27.5%
	(59.1%,82.8%)	(17.2%,40.9%)
55-64	64.5%	35.5%
	(55.4%,72.6%)	(27.4%,44.6%)
65-74	55.3%	44.7%
	(46.9%,63.4%)	(36.6%,53.1%)
75+	37.8%	62.2%
	(28.6%,47.9%)	(52.1%,71.4%)
Household Income		
<200% Federal Poverty Level	78.5%	21.5%
	(65.4%,87.6%)	(12.4%,34.6%)
≥200% Federal Poverty Level	74.4%	25.6%
	(69.4%,78.9%)	(21.1%,30.6%)

Note: The intervals presented are 95% confidence intervals

Q: Have you ever been told by a doctor, nurse, or other health professional that you had... A heart attack, also called a myocardial infarction

Table 9

	No	Yes
Total	97.6%	2.4%
	(96.2%,98.5%)	(1.5%,3.8%)
Gender		
Male	96.6%	3.4%
	(94.3%,98.0%)	(2.0%,5.7%)
Female	99.0%	1.0%
	(97.7%,99.6%)	(0.4%,2.3%)
Age Group		
18-34	100.0%	<1.0%
35-44	100.0%	<1.0%
45-54	100.0%	<1.0%
55-64	96.5%	3.5%
	(90.2%,98.8%)	(1.2%,9.8%)
65-74	93.6%	6.4%
	(88.1%,96.6%)	(3.4%,11.9%)
75+	88.8%	11.2%
	(81.7%,93.4%)	(6.6%,18.3%)
Household Income		
<200% Federal Poverty Level	94.5%	5.5%
	(84.2%,98.2%)	(1.8%,15.8%)
≥200% Federal Poverty Level	98.4%	1.6%
	(97.4%,99.0%)	(1.0%,2.6%)

Note: The intervals presented are 95% confidence intervals

Q: Have you ever been told by a doctor, nurse, or other health professional that you had... Angina or coronary heart disease

Table 10

	No	Yes
Total	95.6%	4.4%
	(96.2%,98.5%)	(2.9%,6.6%)
Gender		
Male	98.7%	1.3%
	(97.3%,99.4%)	(0.6%,2.7%)
Female	98.8%	1.2%
	(97.5%,99.5%)	(0.5%,2.5%)
Age Group		
18-34	100.0%	<1.0%
35-44	100.0%	<1.0%
45-54	95.8%	4.2%
	(84.6%,98.9%)	(1.1%,15.4%)
55-64	93.7%	6.3%
	(86.8%,97.1%)	(2.9%,13.2%)
65-74	92.0%	8.0%
	(85.9%,95.6%)	(4.4%,14.1%)
75+	83.8%	16.2%
	(75.6%,89.6%)	(10.4%,24.4%)
Household Income		
<200% Federal Poverty Level	94.2%	5.8%
	(84.3%,98.0%)	(2.0%,15.7%)
≥200% Federal Poverty Level	96.2%	3.8%
	(93.9%,97.7%)	(2.3%,6.1%)

Note: The intervals presented are 95% confidence intervals

Q: Have you ever been told by a doctor, nurse, or other health professional that you had... A stroke

Table 11

	No	Yes
Total	98.8%	1.2%
	(98.0%,99.3%)	(0.7%,2.0%)
Gender		
Male	98.7%	1.3%
	(97.3%,99.4%)	(0.6%,2.7%)
Female	98.8%	1.2%
	(97.5%,99.5%)	(0.5%,2.5%)
Age Group		
18-34	100.0%	<1.0%
35-44	100.0%	<1.0%
45-54	100.0%	<1.0%
55-64	100.0%	<1.0%
65-74	95.0%	5.0%
	(89.1%,97.8%)	(2.2%,10.9%)
75+	91.9%	8.1%
	(84.6%,95.9%)	(4.1%,15.4%)
Household Income		
<200% Federal Poverty Level	98.1%	1.9%
	(93.7%,99.5%)	(0.5%,6.3%)
≥200% Federal Poverty Level	99.0%	1.0%
	(98.1%,99.5%)	(0.5%,1.9%)

Note: The intervals presented are 95% confidence intervals

Q: Have you ever been told by a doctor, nurse, or other health professional that you had... Arthritis or rheumatism

Table 12

	No	Yes
Total	80.4%	19.6%
	(76.4%,83.9%)	(16.1%,23.6%)
Gender		
Male	83.8%	16.2%
	(77.1%,88.9%)	(11.1%,22.9%)
Female	78.9%	21.1%
	(73.8%,83.2%)	(16.8%,26.2%)
Age Group		
18-34	95.3%	4.7%
	(82.9%,98.8%)	(1.2%,17.1%)
35-44	100.0%	<1.0%
45-54	90.8%	9.2%
	(79.6%,96.2%)	(3.8%,20.4%)
55-64	100.0%	<1.0%
65-74	63.4%	36.6%
	(55.0%,71.0%)	(29.0%,45.0%)
75+	41.7%	58.3%
	(32.5%,51.5%)	(48.5%,67.5%)
Household Income		
<200% Federal Poverty Level	84.4%	15.6%
	(73.9%,91.1%)	(8.9%,26.1%)
≥200% Federal Poverty Level	80.1%	19.9%
	(75.5%,84.0%)	(16.0%,24.5%)

Note: The intervals presented are 95% confidence intervals

Q: Have you ever been told by a doctor, nurse, or other health professional that you had... Asthma

Table 13

		No	Yes
Total		88.4%	11.6%
		(83.8%,91.8%)	(8.2%,16.2%)
Gender			
	Male	90.7%	9.3%
		(81.8%,95.5%)	(4.5%,18.2%)
	Female	86.4%	13.6%
		(80.4%,90.7%)	(9.3%,19.6%)
Age Group			
	18-34	78.4%	21.6%
		(62.2%,88.9%)	(11.1%,37.8%)
	35-44	94.2%	5.8%
		(87.7%,97.4%)	(2.6%,12.3%)
	45-54	90.9%	9.1%
		(80.6%,96.0%)	(4.0%,19.4%)
	55-64	93.6%	6.4%
		(87.6%,96.8%)	(3.2%,12.4%)
	65-74	89.6%	10.4%
		(83.3%,93.7%)	(6.3%,16.7%)
	75+	87.9%	12.1%
		(79.2%,93.2%)	(6.8%,2.8%)
Household Income			
	<200% Federal Poverty Level	82.5%	17.5%
		(62.1%,93.1%)	(6.9%,37.9%)
	≥200% Federal Poverty Level	88.4%	11.6%
		(83.3%,92.1%)	(7.9%,16.7%)

Note: The intervals presented are 95% confidence intervals

Q: Weight status based on Body Mass Index (BMI) calculation

Table 14

	Not Overweight	Overweight but not Obese	Obese
Total	33.5% (28.4%,39.0%)	40.9% (35.5%,46.5%)	25.6% (21.1%,30.8%)
Gender			
Male	23.7% (16.5%,32.9%)	52.1% (42.6%,61.4%)	24.2% (16.9%,33.4%)
Female	43.3% (36.8%,50.1%)	30.6% (24.9%,36.9%)	26.1% (20.8%,32.2%)
Age Group			
18-34	40.5% (26.3%,56.6%)	41.9% (27.5%,57.8%)	17.6% (8.4%,33.1%)
35-44	34.2% (22.6%,48.0%)	45.4% (32.6%,58.9%)	20.4% (11.7%,33.1%)
45-54	27.8% (19.0%,38.8%)	38.6% (26.8%,52.0%)	33.6% (22.1%,47.4%)
55-64	32.2% (24.5%,41.1%)	38.8% (30.4%,48.0%)	29.0% (21.5%,37.9%)
65-74	30.7% (23.6%,38.8%)	41.7% (33.7%,50.1%)	27.7% (20.9%,35.6%)
75+	31.5% (23.0%)	46.7% (37.0%,56.7%)	21.8% (14.5%,31.2%)
Household Income			
<200% Federal Poverty Level	36.2% (19.6%,57.0%)	40.1% (23.2%,59.8%)	23.7% (12.5%,40.4%)
≥200% Federal Poverty Level	33.1% (27.7%,39.0%)	40.8% (34.9%,46.9%)	26.1% (21.1%,31.9%)

Note: The intervals presented are 95% confidence intervals

Q: Are you limited in any activities because of physical, mental, or emotional problems?

Table 15

	Yes	No
Total	20.0%	80.0%
	(16.1%,24.5%)	(75.5%,83.9%)
Gender		
Male	18.7%	81.3%
	(12.7%,26.7%)	(73.3%,87.3%)
Female	20.1%	79.9%
	(15.6%,25.5%)	(74.5%,84.4%)
Age Group		
18-34	17.3%	82.7%
	(8.2%,32.7%)	(67.3%,91.8%)
35-44	13.6%	86.4%
	(7.1%,24.4%)	(75.5%,92.9%)
45-54	12.3%	87.7%
	(6.3%,22.7%)	(77.3%,93.7%)
55-64	21.8%	78.2%
	(15.3%,30.2%)	(69.8%,84.7%)
65-74	31.9%	68.1%
	(24.8%,40.1%)	(59.9%,75.2%)
75+	34.0%	66.0%
	(25.6%,43.7%)	(56.3%,74.4%)
Household Income		
<200% Federal Poverty Level	30.2%	69.8%
	(16.5%,48.7%)	(51.3%,83.5%)
≥200% Federal Poverty Level	18.7%	81.3%
	(14.6%,23.5%)	(76.5%,85.4%)

Note: The intervals presented are 95% confidence intervals

Q: Because of any impairment or health problem, do you have any difficulty in getting, keeping, or working at a job or business?

Table 16

		Yes	No
Total		7.5%	92.5%
		(5.0%,11.1%)	(88.9%,95.0%)
Gender			
	Male	7.0%	93.0%
		(3.3%,14.1%)	(85.9%,96.7%)
	Female	5.9%	94.1%
		(3.9%,8.9%)	(91.1%,96.1%)
Age Group			
	18-34	7.1%	92.9%
		(2.1%,21.0%)	(79.0%,97.9%)
	35-44	2.0%	98.0%
		(0.6%,6.5%)	(93.5%,99.4%)
	45-54	8.4%	91.6%
		(3.1%,20.9%)	(79.1%,96.9%)
	55-64	8.8%	91.2%
		(4.9%,15.3%)	(84.7%,95.1%)
	65-74	9.2%	90.8%
		(5.5%,14.9%)	(85.1%,94.5%)
	75+	6.5%	93.5%
		(3.3%,12.3%)	(87.7%,96.7%)
Household Income			
	<200% Federal Poverty Level	30.3%	69.7%
		(15.5%,50.6%)	(49.4%,84.5%)
	≥200% Federal Poverty Level	4.5%	95.5%
		(2.7%,7.5%)	(92.5%,97.3%)

Note: The intervals presented are 95% confidence intervals

Q: Because of any impairment or health problem, do you need help from another person with personal care needs such as eating, bathing, dressing, or getting around your home?

Table 17

	Yes	No
Total	2.9% (1.5%,5.5%)	97.1% (94.5%,98.5%)
Gender		
Male	2.8% (0.7%,9.9%)	97.2% (90.1%,99.3%)
Female	5.9% (3.9%,8.9%)	94.1% (91.1%,96.1%)
Age Group		
18-34	3.4% (0.5%,20.5%)	96.6% (79.5%,99.5%)
35-44	1.9% (0.5%,7.2%)	98.1% (92.8%,99.5%)
45-54	2.0% (0.5%,7.7%)	98.0% (92.3%,99.5%)
55-64	3.2% (1.1%,8.7%)	96.8% (91.3%,98.9%)
65-74	1.6% (0.5%,5.0%)	98.4% (95.0%,99.5%)
75+	6.4% (3.2%,12.5%)	93.6% (87.5%,96.8%)
Household Income		
<200% Federal Poverty Level	16.4% (6.1%,37.4%)	83.6% (62.6%,93.9%)
≥200% Federal Poverty Level	1.3% (0.7%,2.4%)	98.7% (97.6%,99.3%)

Note: The intervals presented are 95% confidence intervals

Q: Because of any impairment or health problem, do you need help from another person in handling routine needs such as everyday household chores, doing necessary business, shopping, or getting around for other purposes?

Table 18

		Yes	No
Total		7.6% (5.1%,11.0%)	92.4% (89.0%,94.9%)
Gender			
	Male	5.3% (2.3%,11.9%)	94.7% (88.1%,97.7%)
	Female	8.0% (5.3%,11.9%)	92.0% (88.1%,94.7%)
Age Group			
	18-34	9.4% (3.4%,23.5%)	90.6% (76.5%,96.6%)
	35-44	1.8% (0.4%,7.1%)	98.2% (92.9%,99.6%)
	45-54	5.5% (1.7%,16.2%)	94.5% (83.8%,98.3%)
	55-64	5.7% (2.8%,11.3%)	94.3% (88.7%,97.2%)
	65-74	8.6% (4.8%,14.9%)	91.4% (85.1%,95.2%)
	75+	19.7% (13.0%,28.6%)	80.3% (71.4%,87.0%)
Household Income			
	<200% Federal Poverty Level	30.7% (16.1%,50.7%)	69.3% (49.3%,83.9%)
	≥200% Federal Poverty Level	4.2% (2.5%,7.0%)	95.8% (93.0%,97.5%)

Note: The intervals presented are 95% confidence intervals

Access to Health Care

Q: Current health insurance coverage.

Table 19

	Private health insurance	Public health insurance	Uninsured
Total	84.4%	5.9%	1.7%
	(80.5%,87.6%)	(3.9%,8.9%)	(0.8%,3.6%)
Gender			
Male	84.9%	4.4%	1.9%
	(78.1%,89.8%)	(2.2%,8.8%)	(0.5%,6.1%)
Female	85.3%	7.4%	1.4%
	(80.5%,89.0%)	(4.4%,12.3%)	(0.5%,6.1%)
Age Group			
18-34	89.7%	6.9%	1.1%
	(76.9%,95.8%)	(2.4%,18.1%)	(0.2%,7.5%)
35-44	88.3%	3.8%	2.7%
	(76.1%,94.7%)	(1.4%,10.0%)	(0.4%,16.8%)
45-54	91.9%	6.1%	1.0%
	(81.7%,96.7%)	(2.1%,16.7%)	(0.1%,6.8%)
55-64	86.5%	4.5%	3.4%
	(79.2%,91.5%)	(1.9%,10.1%)	(1.4%,8.2%)
65-74	64.6%	7.2%	<1.0%
	(56.3%,72.1%)	(3.8%,13.2%)	
75+	72.5%	8.4%	<1.0%
	(62.9%,80.3%)	(3.9%,16.9%)	
Household Income			
<200% Federal Poverty Level	55.1%	28.7%	4.5%
	(36.5%,72.3%)	(15.3%,47.3%)	(1.3%,14.1%)
≥200% Federal Poverty Level	88.5%	3.0%	1.3%
	(85.0%,91.3%)	(1.6%,5.4%)	(0.5%,3.7%)

Note: The intervals presented are 95% confidence intervals

Q: During the past 12 months, did you have health insurance for the entire year, only part of the year, or were you not insured for the entire year?

Table 20

	Insured the entire year	Insured only part of the year	Not insured for the entire year
Total	96.1%	1.8%	2.0%
	(93.5%,97.7%)	(0.8%,4.0%)	(1.0%,4.2%)
Gender			
Male	97.6%	1.7%	0.6%
	(93.6%,99.1%)	(0.5%,6.0%)	(0.1%,2.7%)
Female	95.0%	1.8%	3.1%
	(90.6%,97.4%)	(0.6%,5.4%)	(1.3%,7.2%)
Age Group			
18-34	93.8%	2.0%	4.2%
	(83.8%,97.8%)	(0.3%,12.9%)	(1.3%,13.0%)
35-44	94.7%	3.7%	1.6%
	(83.5%,98.4%)	(0.8%,15.5%)	(0.2%,10.8%)
45-54	99.0%	<1.0%	1.0%
	(93.2%,99.9%)		(0.1%,6.8%)
55-64	94.7%	3.0%	2.3%
	(89.5%,97.4%)	(1.2%,7.2%)	(0.7%,7.1%)
65-74	99.2%	0.8%	<1.0%
	(94.5%,99.9%)	(0.1%,5.5%)	
75+	100.0%	<1.0%	<1.0%
Household Income			
<200% Federal Poverty Level	85.3%	4.5%	10.1%
	(71.5%,93.1%)	(1.6%,12.5%)	(3.9%,23.9%)
≥200% Federal Poverty Level	97.3%	1.6%	1.1%
	(94.2%,98.7%)	(0.6%,4.4%)	(0.3%,3.6%)

Note: The intervals presented are 95% confidence intervals

Q: During the past 12 months, how difficult has it been for you and your family to pay for health insurance premiums, co-pays, and deductibles?

Table 21

	Very difficult	Somewhat difficult	Not too difficult	Not at all difficult
Total	3.9%	17.3%	28.9%	49.8%
	(2.45,6.3%)	(13.4%,22.1%)	(23.9%,34.5%)	(44.2%,55.5%)
Gender				
Male	2.4%	13.5%	33.8%	50.3%
	(0.9%,6.4%)	(8.2%,21.3%)	(25.1%,43.8%)	(40.8%,59.8%)
Female	5.4%	19.4%	25.8%	49.3%
	(3.1%,9.4%)	(14.4%,25.7%)	(20.7%,31.8%)	(42.6%,56.0%)
Age Group				
18-34	2.5%	20.4%	23.9%	53.2%
	(0.35,15.7%)	(10.65,35.8%)	(12.6%,40.7%)	(37.2%,68.5%)
35-44	7.1%	15.0%	31.0%	46.8%
	(2.7%,17.4%)	(7.6%,27.3%)	(19.9%,44.9%)	(33.7%,60.4%)
45-54	1.0%	20.9%	38.1%	39.9%
	(0.2%,4.6%)	(12.5%,33.0%)	(26.1%,51.8%)	(28.4%,52.6%)
55-64	7.9%	16.3%	29.5%	46.2%
	(4.4%,13.9%)	(10.6%,24.3%)	(21.9%,38.5%)	(37.3%,55.4%)
65-74	2.7%	10.1%	21.7%	65.5%
	(1.0%,7.2%)	(6.2%,16.2%)	(15.5%,29.5%)	(57.1%,73.0%)
75+	1.7%	11.3%	26.2%	60.8%
	(0.4%,6.5%)	(6.7%,18.5%)	(18.5%,35.8%)	(50.9%,69.9%)
Household Income				
<200% Federal Poverty Level	8.5%	45.8%	26.2%	19.5%
	(4.0%,16.9%)	(27.4%,65.4%)	(12.6%,46.6%)	(7.7%,41.1%)
≥200% Federal Poverty Level	3.7%	14.6%	29.6%	52.2%
	(2.0%,6.6%)	(10.8%,19.4%)	(24.1%,35.8%)	(46.0%,58.3%)

Note: The intervals presented are 95% confidence intervals

Q: During the past 12 months, was there a time when you needed medical care?

Table 22

	Among persons aged 18 and older: Yes	Among persons who needed care: Delayed or did not get the needed care: Yes
Total	68.0% (62.3%,73.3%)	26.4% (21.0%,32.6%)
Gender		
Male	59.9% (50.1%,69.0%)	17.6% (10.4%,28.1%)
Female	73.9% (67.7%,79.3%)	30.4% (23.6%,38.3%)
Age Group		
18-34	67.0% (49.9%,80.6%)	34.7% (19.6%,53.7%)
35-44	60.5% (46.4%,73.0%)	31.2% (18.5%,47.5%)
45-54	66.9% (53.8%,77.9%)	24.3% (14.6%,37.6%)
55-64	72.5% (63.9%,79.7%)	30.2% (21.4%,40.8%)
65-74	67.7% (59.5%,75.0%)	14.1% (8.4%,22.7%)
75+	80.1% (70.7%,87.1%)	7.8% (3.9%,14.9%)
Household Income		
<200% Federal Poverty Level	67.3% (44.8%,83.9%)	42.3% (24.0%,63.0%)
≥200% Federal Poverty Level	68.2% (62.0%,73.8%)	24.7% (19.0%,31.5%)

Note: The intervals presented are 95% confidence intervals

Q: (Did not get the medical care you thought you needed) Was that because of...

Table 23

Among persons who delayed or did not get the medical care			
	The care I needed cost too much	My co-pay was too expensive	My deductible was too expensive
Total	35.1% (23.6%,48.7%)	16.3% (9.3%,26.9%)	30.7% (20.0%,43.8%)
Gender			
Male	39.4% (16.8%,67.7%)	29.3% (10.7%,58.9%)	33.2% (12.%,62.8%)
Female	38.7% (24.7%,55.0%)	14.0% (7.3%,25.3%)	32.3% (19.7%,48.1%)
Age Group			
18-34	21.0% (5.3%,55.8%)	<1.0%	10.5% (1.5%,48.3%)
35-44	31.9% (13.4%,58.5%)	19.1% (6.0%,46.5%)	52.3% (27.9%,75.6%)
45-54	52.2% (27.9%,75.5%)	33.4% (13.5%,61.7%)	53.9% (29.3%,76.7%)
55-64	43.3% (24.7%,64.0%)	28.4% (13.4%,50.3%)	27.4% (12.0%,51.0%)
65-74	33.5% (10.5%,68.4%)	7.3% (1.0%,39.0%)	13.1% (1.8%,55.3%)
75+	60.0% (18.9%,90.6%)	<1.0%	16.8% (2.2%,64.9%)
Household Income			
<200% Federal Poverty Level	39.4% (13.3%,73.3%)	<1.0%	1.4% (0.2%,10.3%)
≥200% Federal Poverty Level	36.5% (23.6%,51.6%)	20.6% (11.7%,33.5%)	36.8% (23.8%,52.0%)

Note: The intervals presented are 95% confidence intervals

Q: (Did not get the medical care you thought you needed) Was that because of...

Table 24

Among persons who delayed or did not get the medical care

	I did not have insurance	My insurance did not cover it	I did not think it was serious enough	I was too nervous or afraid
Total	12.7% (6.3%,24.2%)	12.5% (6.1%,23.8%)	27.9% (17.2%,42.0%)	7.9% (3.8%,15.7%)
Gender				
Male	9.1% (2.6%,27.2%)	5.9% (1.0%,27.6%)	34.5% (10.8%,69.6%)	<1.0%
Female	15.2% (6.5%,31.3%)	16.7% (7.8%,32.1%)	23.2% (13.9%,36.2%)	11.9% (5.8%,23.0%)
Age Group				
18-34	18.0% (5.2%,46.6%)	10.5% (1.5%,48.3%)	23.6% (5.9%,60.4%)	<1.0%
35-44	10.6% (1.5%,47.5%)	10.8% (2.4%,37.3%)	39.5% (18.9%,64.8%)	80.4% (53.3%,93.6%)
45-54	6.6% (0.9%,35.2%)	10.4% (2.4%,35.3%)	38.6% (18.0%,64.2%)	15.8% (4.9%,40.7%)
55-64	10.6% (3.3%,29.2%)	15.9% (6.3%,34.8%)	12.5% (3.9%,33.4%)	4.9% (1.1%,19.5%)
65-74	14.4% (2.0%,57.8%)	20.4% (4.7%,57.2%)	46.2% (17.4%,77.8%)	7.3% (1.0%,39.0%)
75+	<1.0%	16.8% (2.2%,64.9%)	43.2% (10.7%,82.8%)	<1.0%
Household Income				
<200% Federal Poverty Level	41.6% (16.2%,72.4%)	8.9% (2.3%,28.4%)	8.4% (2.2%,27.6%)	8.2% (2.1%,27.2%)
≥200% Federal Poverty Level	7.8% (2.5%,21.7%)	14.0% (6.4%,28.0%)	29.9% (17.7%,45.8%)	7.4% (3.0%,17.0%)

Note: The intervals presented are 95% confidence intervals

Q: (Did not get the medical care you thought you needed) Was that because of...

Table 25

Among persons who delayed or did not get the medical care

	I could not get an appointment	I had transportation problems	I could not get off work	Other reasons
Total	9.2% (4.1%,19.6%)	1.5% (0.5%,4.6%)	15.9% (7.9%,29.4%)	9.3% (3.7%,21.5%)
Gender				
Male	8.5% (2.1%,29.0%)	3.5% (0.7%,16.9%)	<1.0%	11.2% (2.5%,38.0%)
Female	6.4% (2.4%,15.6%)	1.1% (0.3%,4.3%)	19.5% (9.4%,36.2%)	4.5% (1.6%,12.2%)
Age Group				
18-34	8.5% (1.2%,42.5%)	<1.0%	24.9% (7.7%,56.7%)	10.5% (1.5%,48.3%)
35-44	10.2% (2.4%,34.2%)	<1.0%	23.8% (8.8%,50.1%)	9.7% (1.4%,45.2%)
45-54	6.6% (0.9%,35.2%)	<1.0%	13.2% (3.3%,40.6%)	<1.0%
55-64	10.8% (3.1%,31.2%)	6.6% (1.9%,20.1%)	1.9% (0.3%,12.5%)	14.1% (4.5%,36.4%)
65-74	18.5% (2.7%,64.9%)	<1.0%	<1.0%	19.0% (4.2%,55.8%)
75+	13.6% (1.7%,59.0%)	13.6% (1.7%,59.0%)	<1.0%	<1.0%
Household Income				
<200% Federal Poverty Level	<1.0%	8.6% (2.3%,27.6%)	12.9% (1.8%,54.5%)	7.9% (1.5%,32.7%)
≥200% Federal Poverty Level	7.9% (3.6%,16.5%)	0.2% (0.0%,1.6%)	13.8% (6.1%,28.3%)	10.2% (3.6%,25.6%)

Note: The intervals presented are 95% confidence intervals

Q: During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about stress, depression, a problem with emotions, excessive worrying, or troubling thoughts?

Table 26

	Among persons aged 18 and older: Yes	Among persons who needed care: Delayed or did not get the needed care: Yes
Total	9.3% (3.7%,21.5%)	57.6% (45.4%,58.9%)
Gender		
Male	21.0% (13.6%,30.9%)	47.5% (25.8%)
Female	31.2% (25.1%,38.1%)	62.1% (49.2%,73.4%)
Age Group		
18-34	44.2% (29.3%,60.2%)	65.1% (39.4%,84.2%)
35-44	36.3% (24.6%,49.9%)	62.2% (40.0%,80.2%)
45-54	24.9% (15.8%,36.9%)	49.9% (27.6%,72.3%)
55-64	9.1% (5.4%,15.1%)	51.1% (26.5%,75.2%)
65-74	14.3% (9.5%,20.9%)	51.6% (31.0%,71.6%)
75+	17.3% (10.8%,26.5%)	15.6% (6.0%,35.0%)
Household Income		
<200% Federal Poverty Level	32.7% (18.0%,51.7%)	59.7% (28.2%,84.9%)
≥200% Federal Poverty Level	26.2% (20.8%,32.4%)	56.4% (42.9%,69.1%)

Note: The intervals presented are 95% confidence intervals

Q: (Did not get the medical care you thought you needed) Was that because of...

Table 27

Among persons who delayed or did not get the medical care			
	The care I needed cost too much	My co-pay was too expensive	My deductible was too expensive
Total	23.4% (13.3%,37.7%)	3.2% (1.0%,9.8%)	7.7% (3.4%,16.6%)
Gender			
Male	14.0% (4.2%,37.7%)	<1.0%	7.0% (1.1%,33.1%)
Female	29.0% (15.7%,47.2%)	95.2% (85.7%,98.5%)	8.5% (3.4%,19.9%)
Age Group			
18-34	15.4% (3.8%,45.6%)	<1.0%	<1.0%
35-44	28.1% (10.6%,56.4%)	6.6% (0.9%,35.8%)	10.3% (2.3%,36.0%)
45-54	33.7% (12.3%,64.7%)	6.2% (0.8%,34.8%)	22.4% (6.6%,54.4%)
55-64	43.4% (14.9%,76.9%)	7.2% (0.9%,39.3%)	23.4% (3.6%,71.6%)
65-74	24.9% (7.8%,56.5%)	5.6% (0.8%,32.1%)	<1.0%
75+	21.5% (2.7%,73.0%)	<1.0%	21.5% (2.7%,73.0%)
Household Income			
<200% Federal Poverty Level	18.1% (5.5%,45.9%)	<1.0%	1.9% (0.2%,13.1%)
≥200% Federal Poverty Level	26.1% (14.1%,43.2%)	4.0% (1.3%,12.2%)	9.2% (3.9%,20.3%)

Note: The intervals presented are 95% confidence intervals

Q: (Did not get the medical care you thought you needed) Was that because of...

Table 28

Among persons who delayed or did not get the medical care

	I did not have insurance	My insurance did not cover it	I did not think it was serious enough	I was too nervous or afraid
Total	7.2% (2.4%,19.4%)	13.1% (5.6%,27.7%)	37.8% (23.1%,55.1%)	16.2% (7.6%,31.3%)
Gender				
Male	2.6% (0.3%,17.9%)	<1.0%	76.3% (43.5%,93.1%)	19.0% (4.2%,55.7%)
Female	8.8% (2.5%,26.8%)	19.0% (8.2%,38.3%)	24.2% (11.6%,43.7%)	16.3% (6.7%,34.3%)
Age Group				
18-34	10.7% (2.4%,36.5%)	15.4% (3.8%,45.6%)	29.2% (10.0%,60.6%)	16.0% (4.0%,46.7%)
35-44	<1.0%	16.2% (4.6%,43.4%)	50.1% (22.7%,77.5%)	18.5% (5.6%,46.6%)
45-54	<1.0%	<1.0%	55.4% (25.3%,82.0%)	18.8% (4.5%,53.1%)
55-64	25.3% (6.1%,63.7%)	13.0% (1.8%,55.6%)	13.0% (1.8%,55.6%)	13.0% (1.8%,55.6%)
65-74	<1.0%	20.4% (6.0%,50.9%)	43.6% (18.1%,73.0%)	10.2% (1.4%,47.3%)
75+	<1.0%	<1.0%	<1.0%	<1.0%
Household Income				
<200% Federal Poverty Level	29.3% (8.5%,64.9%)	12.7% (3.4%,37.2%)	33.3% (6.5%,78.1%)	<1.0%
≥200% Federal Poverty Level	4.1% (0.6%,24.0%)	14.3% (5.5%,32.3%)	34.6% (19.1%,54.2%)	20.2% (9.5%,37.9%)

Note: The intervals presented are 95% confidence intervals

Q: (Did not get the medical care you thought you needed) Was that because of...

Table 29

Among persons who delayed or did not get the medical care

	I could not get an appointment	I had transportation problems	I could not get off work	Other reasons
Total	11.1% (3.9%,27.6%)	2.3% (.5%,10.6%)	11.0% (4.3%,25.6%)	21.4% (11.7%,35.7%)
Gender				
Male	3.3% (0.6%,16.7%)	0.7% (0.1%,5.5%)	<1.0%	2.2% (0.3%,15.3%)
Female	15.1% (5.0%,37.5%)	3.2% (0.6%,15.8%)	16.4% (6.5%,35.7%)	24.8% (13.5%,41.3%)
Age Group				
18-34	17.0% (4.3%,48.4%)	3.8% (0.5%,23.6%)	17.0% (5.0%,44.5%)	19.2% (5.8%,47.8%)
35-44	<1.0%	<1.0%	13.2% (3.1%,41.6%)	19.8% (6.5%,46.7%)
45-54	8.8% (1.2%,43.8%)	<1.0%	<1.0%	32.1% (11.7%,62.8%)
55-64	12.3% (1.6%,53.9%)	<1.0%	<1.0%	18.8% (4.0%,56.3%)
65-74	10.2% (1.4%,47.3%)	<1.0%	<1.0%	16.8% (3.9%,50.2%)
75+	17.5% (2.1%,67.4%)	44.8% (9.8%,85.8%)	<1.0%	33.7% (4.9%,83.2%)
Household Income				
<200% Federal Poverty Level	<1.0%	16.2% (2.8%,56.6%)	30.8% (7.6%,70.6%)	28.1% (8.1%,63.5%)
≥200% Federal Poverty Level	13.8% (4.9%,33.3%)	0.2% (0.0%,1.8%)	8.7% (2.4%,26.6%)	20.9% (10.3%,38.0%)

Note: The intervals presented are 95% confidence intervals

Q: When you are sick or need medical care, where do you usually go?

Table 30

	Doctor's office or clinic	Hospital emergency room	Urgent care	Clinic located in a drug or grocery store	No usual place
Total	86.3% (81.4%,90.1%)	0.7% (0.3%,1.5%)	6.3% (4.0%,9.7%)	2.8% (1.2%,6.1%)	3.9% (1.9%,8.0%)
Gender					
Male	86.6% (78.3,92.0%)	0.8% (0.3%,1.8%)	4.3% (2.0%,9.3%)	2.7% (0.9%,7.8%)	5.6% (2.1%,14.4%)
Female	86.9% (80.4%,91.4)	0.7% (0.2%,2.4%)	7.2% (4.1%,12.2%)	3.0% (1.0%,9.1%)	2.2% (0.7%,6.5%)
Age Group					
18-34	74.3% (57.7%,86.0%)	<1.0%	11.3% (4.7%,24.8%)	4.7% (1.0%,19.5%)	9.7% (3.1%,26.3%)
35-44	84.3% (71.2%,92.1%)	0.9% (0.1%,6.4%)	6.1% (2.1%,16.5%)	4.8% (1.4%,15.5%)	3.8% (0.7%,18.6%)
45-54	90.9% (82.6%,95.5%)	0.7% (0.1%,5.0%)	3.7% (1.5%,9.1%)	3.6% (1.5%,9.1%)	1.0% (0.1%,6.9%)
55-64	91.4% (84.9%,95.2%)	0.6% (0.1%,4.0%)	5.8% (2.8%,11.8%)	<1.0%	2.2% (0.7%,7.0%)
65-74	95.0% (89.5%,97.7%)	0.4% (0.1%,2.8%)	2.8% (0.9%,8.5%)	0.6% (0.1%,4.5%)	1.1% (0.3%,4.6%)
75+	91.3% (84.6%,95.3%)	2.6% (0.9%,7.0%)	5.3% (2.3%,11.6%)	<1.0%	0.8% (0.1%,5.3%)
Household Income					
<200% Federal Poverty Level	73.3% (51.1%,87.8%)	4.2% (1.3%,12.3%)	8.8% (2.1%,30.5%)	9.8% (1.7%,41.1%)	3.9% (1.0%,14.0%)
≥200% Federal Poverty Level	88.1% (83.0%,91.8%)	0.4% (0.1%,1.1%)	6.4% (4.0%,10.1%)	2.0% (0.8%,4.7%)	3.1% (1.2%,8.0%)

Note: The intervals presented are 95% confidence intervals

Q: During the past 12 months, did you skip doses, take smaller amounts of your prescription, or did not fill a prescription because of cost?

Table 31

	Yes	No	I was not prescribed any medication
Total	6.6%	76.2%	17.2%
	(4.4%,9.8%)	(70.8%,80.9%)	(13.0%,22.4%)
Gender			
Male	2.7%	71.9%	25.4%
	(1.1%,6.2%)	(62.0%,80.1%)	(17.4%,35.5%)
Female	8.7%	80.8%	10.6%
	(5.4%,13.6%)	(75.3%,85.3%)	(7.6%,14.4%)
Age Group			
18-34	10.3%	65.6%	24.1%
	(4.2%,23.3%)	(48.7%,79.3%)	(12.4%,41.6%)
35-44	5.4%	73.9%	20.6%
	(2.3%,12.1%)	(59.4%,84.6%)	(10.8%,35.9%)
45-54	5.0%	82.9%	12.1%
	(1.7%,13.9%)	(72.7%,89.8%)	(6.7%,20.9%)
55-64	5.2%	73.9%	20.9%
	(2.6%,10.1%)	(65.4%,81.0%)	(14.4%,29.2%)
65-74	5.9%	84.4%	9.7%
	(3.1%,10.9%)	(77.6%,89.5%)	(5.8%,15.8%)
75+	4.3%	92.1%	3.6%
	(1.7%,10.3%)	(85.2%,96.0%)	(1.3%,9.4%)
Household Income			
<200% Federal Poverty Level	7.5%	88.5%	4.0%
	(3.8%,14.4%)	(79.8%,93.7%)	(1.5%,10.3%)
≥200% Federal Poverty Level	6.9%	74.9%	18.1%
	(4.4%,10.7%)	(68.8%,80.2%)	(13.1%,24.0%)

Note: The intervals presented are 95% confidence intervals

Q: During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?

Table 32

	Yes	No
Total	87.2% (82.2%,90.9%)	12.8% (9.1%,17.8%)
Gender		
Male	81.6% (71.6%,88.7%)	18.4% (11.3%,28.4%)
Female	92.0% (88.2%,94.6%)	8.0% (5.4%,11.8%)
Age Group		
18-34	80.6% (62.7%,91.2%)	19.4% (8.8%,37.3%)
35-44	78.6% (64.1%,88.3%)	21.4% (11.7%,35.9%)
45-54	94.0% (87.7%,97.2%)	6.0% (2.8%,12.3%)
55-64	86.7% (79.6%,91.6%)	13.3% (8.4%,20.4%)
65-74	96.3% (91.7%,98.4%)	3.7% (1.6%,8.3%)
75+	96.9% (92.0%,98.8%)	3.1% (1.2%,8.0%)
Household Income		
<200% Federal Poverty Level	81.2% (59.5%,92.7%)	18.8% (7.3%,40.5%)
≥200% Federal Poverty Level	88.6% (83.2%,92.4%)	11.4% (7.)6%,16.8%

Note: The intervals presented are 95% confidence intervals

Q: During the past 12 months, have you seen a psychiatrist, psychologist, therapist, counselor, or other mental health professional for your own health?

Table 33

	Yes	No
Total	15.3%	84.7%
	(11.3%,20.3%)	(79.7%,88.7%)
Gender		
Male	10.7%	89.3%
	(5.4%,20.0%)	(80.0%,94.6%)
Female	18.5%	81.5%
	(13.5%,24.8%)	(75.2%,86.5%)
Age Group		
18-34	30.3%	69.7%
	(17.7%,46.7%)	(53.3%,82.3%)
35-44	22.0%	78.0%
	(13.0%,34.6%)	(65.4%,87.0%)
45-54	9.7%	90.3%
	(5.3%,17.1%)	(82.9%,94.7%)
55-64	7.4%	92.6%
	(4.1%,13.2%)	(86.8%,95.9%)
65-74	4.1%	95.9%
	(1.9%,8.6%)	(91.4%,98.1%)
75+	4.9%	95.1%
	(2.1%,11.0%)	(89.0%,97.9%)
Household Income		
<200% Federal Poverty Level	12.5%	87.5%
	(5.7%,25.2%)	(74.8%,94.3%)
≥200% Federal Poverty Level	16.2%	83.8%
	(11.7%,21.9%)	(78.1%,88.3%)

Note: The intervals presented are 95% confidence intervals

Q: How long has it been since your last complete physical exam?

Table 34

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never
Total	62.3%	21.1%	10.8%	5.6%	0.3%
	(56.5%,67.7%)	(16.7%,26.4%)	(7.6%,15.1%)	(3.3%,9.3%)	(0.1%,0.7%)
Gender					
Male	55.8%	23.7%	12.6%	7.8%	0.1%
	(46.1%,65.1%)	(16.1%,33.5%)	(7.4%,20.5%)	(3.5%,16.2%)	(0.0%,0.8%)
Female	67.1%	19.6%	9.6%	3.3%	0.4%
	(60.4%,73.1%)	(14.8%,25.5%)	(6.0%,15.1%)	(1.9%,5.7%)	(0.1%,1.4%)
Age Group					
18-34	45.6%	27.9%	19.2%	7.3%	<1.0%
	(30.4%,61.6%)	(15.5%,44.9%)	(9.6%,34.8%)	(1.8%,24.7%)	
35-44	46.1%	34.5%	10.5%	8.9%	<1.0%
	(33.3%,59.4%)	(22.6%,48.7%)	(4.3%,23.3%)	(3.3%,22.0%)	
45-54	78.3%	13.6%	6.6%	1.6%	<1.0%
	(67.9%,86.0%)	(7.7%,22.7%)	(3.0%,13.9%)	(0.3%,7.7%)	
55-64	58.9%	20.3%	12.6%	7.7%	0.6%
	(49.8%,64.7%)	(14.0%,28.5%)	(7.6%,20.1%)	(4.3%,13.5%)	(0.1%,4.2%)
65-74	82.2%	12.1%	3.9%	1.5%	0.4%
	(75.2%,87.5%)	(7.8%,18.2%)	(1.7%,8.7%)	(0.4%,4.8%)	(0.1%,3.1%)
75+	84.0%	7.5%	3.4%	3.7%	1.4%
	(75.1%,90.2%)	(3.3%,15.9%)	(1.2%,9.2%)	(1.4%,9.4%)	(0.3%,5.3%)
Household Income					
<200% Federal Poverty Level	57.7%	16.7%	13.1%	12.0%	0.6%
	(39.0%,74.4%)	(8.1%,31.4%)	(5.8%,26.9%)	(3.%,37.1%)	(0.1%,4.0%)
≥200% Federal Poverty Level	62.7%	21.3%	11.2%	4.7%	0.1%
	(56.3%,68.6%)	(16.4%,27.3%)	(7.6%,16.1%)	(2.6%,8.6%)	(0.0%,0.4%)

Note: The intervals presented are 95% confidence intervals

Q: How long has it been since you last visited a dentist or dental clinic for any reason?

Table 35

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never
Total	79.1% (73.9%,83.5%)	11.2% (8.2%,15.2%)	5.9% (3.6%,9.4%)	3.7% (1.8%,7.5%)	0.2% (0.0%,0.7%)
Gender					
Male	55.8% (46.1%,65.1%)	23.7% (16.1%,33.5%)	12.6% (7.4%,20.5%)	7.8% (3.5%,16.2%)	0.1% (0.0%,0.8%)
Female	67.1% (60.4%,73.1%)	19.6% (14.8%,25.5%)	9.6% (6.0%,15.1%)	3.3% (1.9%,5.7%)	0.4% (0.1%,1.4%)
Age Group					
18-34	69.5% (53.4%,81.8%)	17.6% (8.9%,31.6%)	4.5% (1.1%,16.5%)	8.5% (2.6%,24.6%)	<1.0%
35-44	79.7% (65.3%,89.1%)	6.6% (2.3%,17.6%)	10.4% (4.2%,23.5%)	3.3% (0.5%,20.0%)	<1.0%
45-54	81.1% (69.1%,89.2%)	12.0% (6.4%,21.3%)	6.6% (2.0%,19.7%)	0.3% (0.0%,2.3%)	<1.0%
55-64	82.9% (75.1%,88.6%)	9.7% (5.3%,17.0%)	3.1% (1.3%,7.5%)	3.7% (1.6%,8.1%)	0.6% (0.1%,4.3%)
65-74	85.5% (78.7%,90.4%)	6.8% (3.7%,12.0%)	6.3% (3.2%,11.9%)	1.4% (0.4%,5.6%)	<1.0%
75+	82.0% (73.6%,88.1%)	9.8% (5.4%,16.9%)	4.4% (1.9%,10.0%)	3.1% (1.0%,9.2%)	0.8% (0.1%,5.2%)
Household Income					
<200% Federal Poverty Level	51.5% (32.7%,69.8%)	26.8% (13.2%,46.7%)	3.5% (0.9%,12.8%)	17.7% (6.4%,40.4%)	0.6% (0.1%,4.1%)
≥200% Federal Poverty Level	82.5% (77.1%,86.8%)	8.9% (6.1%,12.8%)	6.4% (3.8%,10.5%)	2.3% (0.8%,6.4%)	<1.0%

Note: The intervals presented are 95% confidence intervals

Q: Do you currently have insurance that pays for all or part of your dental care?

Table 36

	Yes	No
Total	83.4% (79.5%,86.7%)	16.6% (13.3%,20.5%)
Gender		
Male	87.9% (82.1%,82.0%)	12.1% (8.0%,17.9%)
Female	79.4% (73.7%,84.1%)	20.6% (15.9%,26.3%)
Age Group		
18-34	84.0% (69.6%,92.3%)	16.0% (7.7%,30.4%)
35-44	97.4% (89.5%,99.4%)	2.6% (0.6%,10.5%)
45-54	93.4% (85.3%,97.2%)	6.6% (2.8%,14.7%)
55-64	77.0% (68.9%,83.5%)	23.0% (16.5%,31.1%)
65-74	68.8% (60.5%,76.1%)	31.2% (23.9%,39.5%)
75+	58.3% (48.5%,67.5%)	41.7% (32.5%,51.5%)
Household Income		
<200% Federal Poverty Level	63.3% (45.2%,78.2%)	36.7% (21.8%,54.8%)
≥200% Federal Poverty Level	86.3% (82.2%,89.5%)	13.7% (10.5%,17.8%)

Note: The intervals presented are 95% confidence intervals

Healthy Lifestyle and Behavior

Q: A serving of vegetables - not including french fries - is one cup of salad greens or a half cup of vegetables. How many servings of vegetables did you have yesterday?

Table 37

	0 Servings	1-2 servings	3-4 servings	5 or more servings
Total	12.2%	55.3%	27.2%	5.2%
	(8.8%,16.7%)	(49.6%,60.8%)	(22.4%,32.7%)	(3.0%,8.9%)
Gender				
Male	15.8%	55.0%	26.5%	2.7%
	(9.8%,24.4%)	(45.3%,64.3%)	(18.6%,36.3%)	(0.7%,9.6%)
Female	9.5%	55.8%	27.7%	7.0%
	(6.3%,14.4%)	(49.1%,62.3%)	(22.1%,34.0%)	(3.8%,12.5%)
Age Group				
18-34	16.0%	42.8%	30.2%	11.0%
	(7.1%,32.1%)	(28.3%,58.6%)	(18.0%,46.1%)	(4.1%,26.4%)
35-44	15.7%	41.8%	38.0%	4.5%
	(7.5%,29.8%)	(29.8%,54.8%)	(25.8%,52.0%)	(1.7%,11.6%)
45-54	4.3%	62.7%	30.1%	2.9%
	(1.9%,9.6%)	(49.8%,74.0%)	(19.5%,43.3%)	(1.0%,7.8%)
55-64	12.9%	61.9%	23.1%	2.1%
	(8.0%,20.1%)	(53.0%,70.1%)	(16.5%,31.4%)	(0.7%,5.9%)
65-74	13.4%	59.8%	19.9%	6.8%
	(8.6%,20.4%)	(51.4%,67.7%)	(14.2%,27.2%)	(3.6%,12.4%)
75+	11.7%	76.1%	11.3%	0.9%
	(6.8%,19.5%)	(66.8%,83.4%)	(6.4%,19.3%)	(0.1%,5.9%)
Household Income				
<200% Federal Poverty Level	9.6%	55.7%	18.9%	15.8%
	(4.6%,19.1%)	(36.2%,73.5%)	(8.7%,36.5%)	(4.2%,44.2%)
≥200% Federal Poverty Level	11.7%	56.4%	28.8%	3.1%
	(8.0%,16.7%)	(50.2%,62.4%)	(23.4%,34.9%)	(1.8%,5.5%)

Note: The intervals presented are 95% confidence intervals

Q: A serving of fruit is a medium-sized piece of fruit or a half cup of chopped, cut or canned fruit. How many servings of fruit did you have yesterday? (Do not include fruit juice)

Table 38

	0 Servings	1-2 servings	3-4 servings	5 or more servings
Total	18.6%	59.6%	19.1%	2.7%
	(14.4%,23.7%)	(53.9%,65.0%)	(15.1%,23.8%)	(1.2%,5.8%)
Gender				
Male	21.2%	61.9%	15.3%	1.6%
	(14.2%,30.5%)	(52.1%,70.7%)	(9.6%,23.7%)	(0.3%,7.5%)
Female	17.1%	57.3%	21.7%	3.9%
	(12.5%,23.0%)	(50.5%,63.8%)	(16.7%,27.7%)	(1.6%,9.1%)
Age Group				
18-34	27.9%	49.7%	19.1%	3.3%
	(15.7%,44.6%)	(34.3%,65.1%)	(10.0%,33.4%)	(0.5%,20.2%)
35-44	25.4%	40.3%	28.9%	5.3%
	(15.8%,38.3%)	(28.2%,53.7%)	(18.2%,42.7%)	(1.4%,17.7%)
45-54	8.8%	72.8%	17.3%	1.0%
	(4.3%,17.5%)	(60.6%,82.3%)	(9.7%,29.1%)	(0.1%,6.9%)
55-64	13.3%	67.3%	17.1%	2.4%
	(8.4%,20.3%)	(58.5%,75.0%)	(11.4%,24.9%)	(0.8%,6.4%)
65-74	19.0%	64.7%	15.1%	1.2%
	(13.0%,26.8%)	(56.2%,72.3%)	(10.0%,22.2%)	(0.3%,4.8%)
75+	14.3%	72.0%	11.6%	2.1%
	(9.3%,21.4%)	(63.0%,79.5%)	(6.8%,19.1%)	(0.5%,8.4%)
Household Income				
<200% Federal Poverty Level	12.6%	66.7%	11.4%	9.4%
	(3.6%,35.5%)	(45.8%,82.6%)	(4.6%,25.2%)	(1.8%,36.5%)
≥200% Federal Poverty Level	18.6%	60.2%	19.5%	1.6%
	(14.1%,24.2%)	(54.1%,66.1%)	(15.1%,24.9%)	(0.6%,4.1%)

Note: The intervals presented are 95% confidence intervals

Q: A serving of 100% fruit juice is 6 ounces. How many servings of fruit juice did you have yesterday?

Table 39

	0 Servings	1-2 servings	3-4 servings	5 or more servings
Total	75.6%	23.4%	0.4%	0.6%
	(70.5%,80.0%)	(19.1%,28.4%)	(0.1%,1.3%)	(0.1%,4.1%)
Gender				
Male	69.1%	29.2%	0.3%	1.3%
	(60.1%,76.9%)	(21.7%,38.1%)	(0.1%,1.5%)	(0.2%,8.7%)
Female	81.7%	17.8%	0.5%	<1.0%
	(76.0%,86.3%)	(13.2%,23.5%)	(0.1%,2.5%)	
Age Group				
18-34	76.9%	23.1%	<1.0%	<1.0%
	(61.1%,87.6%)	(12.4%,38.9%)		
35-44	77.2%	18.5%	1.1%	3.3%
	(63.2%,86.9%)	(10.0%,31.7%)	(0.2%,7.6%)	(0.5%,19.6%)
45-54	82.6%	17.4%	<1.0%	<1.0%
	(69.5%,90.9%)	(9.1%,30.5%)		
55-64	75.0%	24.4%	0.6%	<1.0%
	(66.7%,81.8%)	(17.7%,32.7%)	(0.1%,4.0%)	
65-74	69.1%	30.1%	0.9%	<1.0%
	(60.9%,76.2%)	(23.0%,38.2%)	(0.2%,3.4%)	
75+	60.0%	40.0%	<1.0%	<1.0%
	(50.1%,69.1%)	(30.9%,49.9%)		
Household Income				
<200% Federal Poverty Level	76.2%	23.8%	<1.0%	<1.0%
	(56.5%,88.8%)	(11.2%,43.5%)		
≥200% Federal Poverty Level	74.5%	24.3%	0.5%	0.7%
	(68.9%,79.4%)	(19.5%,29.9%)	(0.1%,1.5%)	(0.1%,4.8%)

Note: The intervals presented are 95% confidence intervals

Q: Summary measure: number of fruit and vegetables yesterday.

Table 40

	0 Servings	1-2 servings	3-4 servings	5 or more servings
Total	6.6%	22.8%	34.8%	35.8%
	(4.0%,10.6%)	(18.6%,27.7%)	(29.7%,40.3%)	(30.6%,41.4%)
Gender				
Male	9.7%	21.5%	38.7%	30.1%
	(5.0%,18.0%)	(15.0%,29.7%)	(29.8%,48.4%)	(22.0%,39.7%)
Female	3.9%	24.0%	32.4%	39.6%
	(2.0%,7.7%)	(18.6%,30.5%)	(26.8%,38.6%)	(33.3%,46.3%)
Age Group				
18-34	9.2%	23.5%	30.8%	36.5%
	(3.0%,25.0%)	(12.8%,39.2%)	(18.1%,47.3%)	(23.2%,52.4%)
35-44	12.4%	16.2%	30.7%	40.7%
	(5.6%,25.5%)	(8.8%,27.7%)	(20.0%,43.9%)	(28.4%,54.3%)
45-54	0.8%	23.4%	36.4%	39.5%
	(0.1%,5.3%)	(14.5%,35.5%)	(24.9%,49.5%)	(27.6%,52.8%)
55-64	5.7%	20.3%	39.3%	34.6%
	(2.7%,11.9%)	(13.9%,28.6%)	(30.9%,48.5%)	(26.8%,43.4%)
65-74	4.7%	27.6%	33.6%	34.0%
	(2.0%,10.7%)	(20.7%,35.8%)	(26.3%,41.9%)	(26.6%,42.3%)
75+	3.5%	31.0%	44.3%	21.3%
	(1.4%,8.3%)	(22.8%,40.6%)	(34.7%,54.2%)	(14.4%,30.2%)
Household Income				
<200% Federal Poverty Level	2.2%	29.1%	29.6%	39.2%
	(0.6%,8.0%)	(15.4%,48.1%)	(15.2%,49.7%)	(21.4%,60.4%)
≥200% Federal Poverty Level	6.3%	22.0%	36.6%	35.1%
	(3.6%,10.8%)	(17.5%,27.4%)	(30.9%,42.6%)	(29.5%,41.1%)

Note: The intervals presented are 95% confidence intervals

Q: Summary measure: How often did you drink these beverages in the past week?- **Regular soda** (include all kinds such as Coke, Pepsi, 7-Up, Sprite, root beer)

Table 41

	Never or less than 1 time per week	Weekly but not daily	Daily
Total	60.8% (55.1%,66.2%)	28.0% (23.1%,33.%)	11.2% (8.0%,15.4%)
Gender			
Male	50.7% (41.2%,60.1%)	34.9% (26.4%,44.6%)	14.4% (8.8%,22.7%)
Female	68.1% (61.7%,73.9%)	23.1% (18.%,29.1%)	8.8% (5.9%,13.0%)
Age Group			
18-34	60.8% (44.4%,75.1%)	32.4% (19.2%,49.1%)	6.8% (2.0%,20.7%)
35-44	51.7% (38.5%,64.7%)	27.2% (17.2%,40.1%)	21.2% (11.7%,35.2%)
45-54	62.0% (48.7%,73.7%)	27.8% (17.8%,40.7%)	10.2% (4.2%,22.8%)
55-64	64.6% (55.5%,72.8%)	26.2% (19.1%,35.0%)	9.1% (5.0%,16.0%)
65-74	66.0% (57.7%,73.4%)	20.8% (15.0%,28.3%)	13.2% (8%,20.0%)
75+	58.8% (49.1%,67.8%)	34.4% (26.0%,44.0%)	6.8% (3.5%,12.8%)
Household Income			
<200% Federal Poverty Level	54.9% (35.1%,73.2%)	40.5% (22.7%,61.2%)	4.7% (1.3%,15.0%)
≥200% Federal Poverty Level	60.5% (54.4%,66.3%)	28.0% (22.8%,33.8%)	11.5% (8.0%,16.2%)

Note: The intervals presented are 95% confidence intervals

Q: Summary measure: How often did you drink these beverages in the past week?- **Energy drinks** (such as Rockstar, Red Bull, Monster, and Full Throttle); these drinks usually have caffeine

Table 42

	Never or less than 1 time per week	Weekly but not daily	Daily
Total	94.1% (89.7%,96.7%)	4.0% (1.9%,8.2%)	1.8% (0.7%,4.8%)
Gender			
Male	90.9% (81.9%,95.7%)	7.6% (3.3%,16.5%)	1.5% (0.3%,7.8%)
Female	98.0% (94.3%,99.3%)	0.6% (0.2%,1.8%)	1.4% (0.3%,5.8%)
Age Group			
18-34	88.3% (73.%,95.4%)	6.8% (1.7%,23.3%)	4.9% (1.5%,14.8%)
35-44	88.5% (74.3%,95.3%)	8.3% (2.9%,21.1%)	3.3% (0.5%,19.6%)
45-54	97.0% (81.5%,99.6%)	3.0% (0.4%,18.5%)	<1.0%
55-64	99.2% (96.7%,99.8%)	0.3% (0.0%,2.4%)	0.5% (0.1%,3.3%)
65-74	98.4% (94.8%,99.5%)	1.6% (0.5%,5.2%)	<1.0%
75+	99.3% (95.1%,99.9%)	0.7% (0.1%,4.9%)	<1.0%
Household Income			
<200% Federal Poverty Level	96.9% (85.2%,99.4%)	0.6% (0.1%,4.2%)	2.5% (0.3%,16.1%)
≥200% Federal Poverty Level	94.7% (89.7%,97.3%)	4.0% (1.8%,8.8%)	1.3% (0.4%,4.8%)

Note: The intervals presented are 95% confidence intervals

Q: Summary measure: How often did you drink these beverages in the past week?- **Fruit drinks** (such as Snapple, flavored teas, Capri Sun, and Kool-Aid)

Table 43

	Never or less than 1 time per week	Weekly but not daily	Daily
Total	87.1% (82.6%,90.5%)	11.5% (8.2%,15.7%)	1.5% (0.6%,3.7%)
Gender			
Male	84.7% (76.3%,90.5%)	13.5% (8.1%,21.7%)	1.8% (0.4%,7.5%)
Female	88.5% (83.6%,92.1%)	10.2% (6.8%,15.0%)	1.3% (0.5%,3.5%)
Age Group			
18-34	87.3% (73.3%,94.5%)	11.7% (4.8%,25.8%)	1.1% (0.1%,7.3%)
35-44	80.8% (67.7%,89.4%)	14.8% (7.7%,26.7%)	4.4% 0.9%,18.0%
45-54	93.2% (76.7%,98.3%)	6.8% (1.7%,23.3%)	<1.0%
55-64	84.8% (76.7%,98.3%)	14.1% (8.7%,22.1%)	1.0% (0.1%,7.1%)
65-74	86.8% (80.0%,91.6%)	12.7% (8.1%,19.6%)	0.4% (0.1%,3.1%)
75+	88.8% (81.9%,93.3%)	8.5% (4.7%,14.9%)	2.7% (1.0%,7.2%)
Household Income			
<200% Federal Poverty Level	84.4% (62.7%,94.6%)	11.6% (3.0%,35.9%)	3.9% (1.0%,14.1%)
≥200% Federal Poverty Level	86.6% (81.8%,90.3%)	12.2% (8.7%,16.8%)	1.2% (0.3%,4.1%)

Note: The intervals presented are 95% confidence intervals

Q: Summary measure: How often did you drink these beverages in the past week?- **Sports drinks** (such as Gatorade or PowerAde); these drinks usually do not have caffeine

Table 44

	Never or less than 1 time per week	Weekly but not daily	Daily
Total	81.5% (76.2%,85.9%)	16.9% (12.7%,22.1%)	1.6% (0.6%,3.8%)
Gender			
Male	75.5% (66.0%,83.1%)	22.1% (14.9%,31.5%)	2.4% (0.8%,7.3%)
Female	86.8% (80.9%,91.0%)	12.3% (8.2%,18.1%)	0.9% (0.2%,3.3%)
Age Group			
18-34	75.3% (59.2%,86.5%)	23.7% (12.6%,39.9%)	1.1% (0.1%,7.3%)
35-44	75.6% (62.4%,85.3%)	20.2% (11.7%,32.6%)	4.2% (0.9%,18.0%)
45-54	83.6% (69.2%,92.0%)	16.4% (8.0%,30.8%)	<1.0%
55-64	85.5% (77.3%,91.1%)	12.4% (7.3%,20.3%)	2.1% (0.5%,7.9%)
65-74	87.1% (80.5%,91.7%)	12.0% (7.6%,18.6%)	0.9% (0.2%,3.4%)
75+	91.0% (84.4%,95.0%)	7.6% (4.0%,14.0%)	1.4% (0.3%,5.7%)
Household Income			
<200% Federal Poverty Level	71.1% (49.2%,86.2%)	26.3% (11.8%,48.8%)	2.5% (0.3%,16.1%)
≥200% Federal Poverty Level	83.4% (77.8%,87.7%)	15.1% (10.9%,20.5%)	1.6% (0.6%,4.2%)

Note: The intervals presented are 95% confidence intervals

Q: Summary measure: How often did you drink these beverages in the past week?- **Water**

Table 45

		Never or less than 1 time per week	Weekly but not daily	Daily
Total		1.0% (0.3%,3.3%)	8.1% (5.8%,11.2%)	90.9% (87.6%,93.4%)
Gender				
	Male	0.1% (0.0%,1.0%)	7.7% (4.7%,12.3%)	92.2% (87.5%,95.2%)
	Female	1.4% (0.3%,6.8%)	8.2% (5.1%,12.9%)	90.4% (85.2%,94.0%)
Age Group				
	18-34	2.4% (0.3%,15.1%)	5.8% (1.8%,17.5%)	91.8% (79.4%,97.1%)
	35-44	<1.0%	8.9% (3.8%,19.1%)	91.1% (80.9%,96.2%)
	45-54	<1.0%	1.0% (0.1%,7.0%)	99.0% (93.0%,99.9%)
	55-64	0.7% (0.1%,4.8%)	13.5% (8.1%,21.5%)	85.8% (77.8%,91.3%)
	65-74	<1.0%	12.8% (8.1%,19.6%)	87.2% (80.4%,91.9%)
	75+	0.9% (0.1%,6.0%)	10.8% (6.1%,18.2%)	88.4% (80.8%,93.2%)
Household Income				
	<200% Federal Poverty Level	6.7% (1.3%,28.4%)	6.7% (2.5%,16.7%)	86.6% (69.4%,94.8%)
	≥200% Federal Poverty Level	0.2% (0.0%,0.7%)	8.2% (5.7%,11.7%)	91.6% (88.2%,94.2%)

Note: The intervals presented are 95% confidence intervals

Q: During the past 30 days, other than your regular job, did you participate in any physical activity or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

Table 46

	Yes	No
Total	87.1% (82.8%,90.4%)	12.9% (9.6%,17.2%)
Gender		
Male	89.1% (82.1%,93.6%)	10.9% (6.4%,17.9%)
Female	86.8% (81.1%,91.0%)	13.2% (9.0%,18.9%)
Age Group		
18-34	85.8% (71.2%,93.7%)	14.2% (6.3%,28.8%)
35-44	89.2% (76.8%,95.4%)	10.8% (4.6%,23.2%)
45-54	90.3% (80.0%,95.5%)	9.7% (4.5%,20.0%)
55-64	90.6% (84.2%,94.6%)	9.4% (5.4%,15.8%)
65-74	88.8% (82.4%,93.0%)	11.2% (7.0%,17.6%)
75+	80.3% (71.7%,86.7%)	19.7% (13.3%,28.3%)
Household Income		
<200% Federal Poverty Level	70.1% (51.2%,84.0%)	29.9% (16.0%,48.8%)
≥200% Federal Poverty Level	89.4% (84.9%,92.6%)	10.6% (7.4%,15.1%)

Note: The intervals presented are 95% confidence intervals

Q: Summary measure: During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? - 5+ days per week

Table 47

	0 days	1-4 days	5-7 days
Total	8.0%	57.5%	34.5%
	(5.8%,11.1%)	(51.8%,62.9%)	(29.3%,40.1%)
Gender			
Male	5.5%	58.0%	36.6%
	(3.1%,9.6%)	(48.4%,66.9%)	(27.9%,46.2%)
Female	9.3%	57.9%	32.8%
	(6.1%,14.1%)	(51.2%,64.3%)	(26.9%,39.3%)
Age Group			
18-34	4.8%	63.3%	32.0%
	(12%,17.3%)	(47.0%,77.0%)	(19.1%,48.3%)
35-44	7.4%	60.2%	32.4%
	(2.9%,17.7%)	(46.5%,72.5%)	(21.0%,46.4%)
45-54	4.7%	53.8%	41.4%
	(2.0%,10.9%)	(41.0%,66.2%)	(29.5%,54.4%)
55-64	9.4%	57.9%	32.8%
	(5.3%,16.0%)	(48.9%,66.3%)	(25.1%,41.5%)
65-74	8.8%	53.4%	37.8%
	(4.9%,15.2%)	(45.0%,61.7%)	(30.1%,46.1%)
75+	16.4%	52.8%	30.8%
	(9.9%,25.7%)	(42.8%,62.7%)	(22.2%,41.0%)
Household Income			
<200% Federal Poverty Level	16.9%	56.7%	26.4%
	(7.6%,33.5%)	(37.3%,74.3%)	(12.6%,47.2%)
≥200% Federal Poverty Level	7.0%	58.4%	34.7%
	(4.8%,10.1%)	(52.2%,64.2%)	(29.1%,40.7%)

Note: The intervals presented are 95% confidence intervals

Q: Summary measure: During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? - **3+ days per week**

Table 48

	0 days	1-4 days	5-7 days
Total	33.5%	30.5%	36.0%
	(28.5%,38.8%)	(25.6%,36.0%)	(30.8%,41.7%)
Gender			
Male	27.7%	36.7%	35.6%
	(20.1%,36.9%)	(28.0%,46.3%)	(27.0%,45.3%)
Female	38.4%	26.5%	35.1%
	(32.2%,45.1%)	(21.1%,32.6%)	(29.0%,41.8%)
Age Group			
18-34	32.1%	27.1%	40.9%
	(19.3%,48.2%)	(15.5%,43.0%)	(26.5%,57.0%)
35-44	31.0%	28.1%	40.9%
	(20.4%,44.2%)	(17.7%,41.6%)	(28.5%,54.5%)
45-54	23.9%	38.1%	38.0%
	(14.6%,36.5%)	(26.1%,51.8%)	(26.8%,50.6%)
55-64	34.2%	32.5%	33.3%
	(26.3%,43.1%)	(24.7%,41.6%)	(25.3%,42.4%)
65-74	31.7%	34.9%	33.4%
	(24.3%,40.1%)	(27.5%,43.2%)	(26.0%,41.7%)
75+	61.9%	20.7%	17.4%
	(51.9%,70.9%)	(14.0%,29.4%)	(10.9%,26.7%)
Household Income			
<200% Federal Poverty Level	50.4%	16.7%	33.0%
	(31.5%,69.1%)	(8.2%,31.1%)	(16.6%,54.9%)
≥200% Federal Poverty Level	31.1%	32.7%	36.3%
	(25.9%,36.8%)	(27.1%,38.8%)	(30.6%,42.4%)

Note: The intervals presented are 95% confidence intervals

Q: Healthy People 2020 physical activity guideline: Met either moderate (30mins/5+ days) or vigorous physical activity guideline (20mins/3+ days) or both.

Table 49

	Does not meet guideline	Meets guideline
Total	52.1%	47.9%
	(46.4%,57.7%)	(42.3%,53.6%)
Gender		
Male	52.4%	47.6%
	(42.9%,61.8%)	(38.2%,57.1%)
Female	52.7%	47.3%
	(46.0%,59.3%)	(40.7%,54.0%)
Age Group		
18-34	50.2%	49.8%
	(34.8%,65.6%)	(34.4%,65.2%)
35-44	51.5%	48.5%
	(38.3%,64.4%)	(35.6%,61.7%)
45-54	47.2%	52.8%
	(34.6%,60.2%)	(39.8%,65.4%)
55-64	54.3%	45.7%
	(45.3%,63.1%)	(36.9%,54.7%)
65-74	53.0%	47.0%
	(44.7%,61.2%)	(38.8%,55.3%)
75+	63.4%	36.6%
	(53.2%,72.5%)	(27.5%,46.8%)
Household Income		
<200% Federal Poverty Level	64.0%	36.0%
	(42.8%,80.8%)	(19.2%,57.2%)
≥200% Federal Poverty Level	51.1%	48.9%
	(45.0%,57.2%)	(42.8%,55.0%)

Note: The intervals presented are 95% confidence intervals

Q: Summary measure: Smoking status

Table 50

	Current smoker	Former smoker	Never smoked
Total	5.3%	26.8%	67.9%
	(3.6%,7.8%)	(22.4%,31.7%)	(62.8%,72.6%)
Gender			
Male	2.7%	28.5%	68.8%
	(1.1%,6.2%)	(21.3%,37.0%)	(60.2%,76.3%)
Female	6.5%	24.7%	68.8%
	(4.3%,9.9%)	(19.6%,30.7%)	(62.6%,74.4%)
Age Group			
18-34	3.4%	13.8%	82.7%
	(0.8%,14.0%)	(6.0%,28.8%)	67.7%,91.6%()
35-44	8.3%	28.1%	63.6%
	(3.7%,17.7%)	(18.0%,41.1%)	(50.4%,75.0%)
45-54	2.9%	22.3%	74.8%
	(1.0%,8.2%)	(12.9%,35.8%)	(61.5%,84.6%)
55-64	8.7%	27.3%	64.0%
	(4.8%,15.2%)	(20.4%,35.6%)	(55.2%,71.9%)
65-74	4.5%	41.0%	54.5%
	(2.2%,8.9%)	(33.0%,49.5%)	(46.1%,62.7%)
75+	2.7%	51.2%	46.1%
	(1.0%,7.2%)	(41.5%,60.7%)	(36.7%,55.8%)
Household Income			
<200% Federal Poverty Level	6.2%	33.0%	60.7%
	(2.0%,17.5%)	(17.9%,52.7%)	(41.5%,77.1%)
≥200% Federal Poverty Level	5.2%	24.6%	70.2%
	(3.3%,8.1%)	(20.1%,29.7%)	(64.8%,75.1%)

Note: The intervals presented are 95% confidence intervals

Q: During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

Table 51

		Yes	No
Total		51.3%	48.7%
		(31.6%,70.6%)	(29.4%,68.4%)
Gender			
	Male	22.2%	77.8%
		(6.1%,55.6%)	(44.4%,93.9%)
	Female	57.1%	42.9%
		(35.4%,76.4%)	(23.6%,64.6%)
Age Group			
	18-34	100.0%	<1.0%
	35-44	45.6%	54.4%
		(13.7%,81.6%)	(18.4%,86.3%)
	45-54	34.6%	65.4%
		(4.5%,85.7%)	(14.3%,95.5%)
	55-64	47.1%	52.9%
		(20.0%,76.1%)	(23.9%,80.0%)
	65-74	43.9%	56.1%
		(14.9%,77.8%)	(22.2%,85.1%)
	75+	49.0%	51.0%
		(10.6%,88.6%)	(11.4%,89.4%)
Household Income			
	<200% Federal Poverty Level	80.7%	19.3%
		(26.8%,98.0%)	(2.0%,73.2%)
	≥200% Federal Poverty Level	49.5%	50.5%
		(27.7%,71.5%)	(28.5%,72.3%)

Note: The intervals presented are 95% confidence intervals

Q: During the past 12 months have you used other tobacco products such as cigars, pipes, snuff, chewing tobacco, bidis, kreteks, snus, a hookah water pipe, or any other type of tobacco product?

Table 52

	Yes	No
Total	10.4%	89.6%
	(6.9%,15.3%)	(84.7%,93.1%)
Gender		
Male	18.4%	81.6%
	(11.6%,28.0%)	(72.0%,88.4%)
Female	2.8%	97.2%
	(1.4%,5.7%)	(94.3%,98.6%)
Age Group		
18-34	16.6%	83.4%
	(7.4%,33.1%)	(66.9%,92.6%)
35-44	12.4%	87.6%
	(5.4%,26.0%)	(74.0%,94.6%)
45-54	9.5%	90.5%
	(3.7%,22.3%)	(77.7%,96.3%)
55-64	8.5%	91.5%
	(4.4%,15.7%)	(84.3%,95.6%)
65-74	4.9%	95.1%
	(2.3%,10.4%)	(89.6%,97.7%)
75+	2.3%	97.7%
	(0.7%,7.1%)	(92.9%,99.3%)
Household Income		
<200% Federal Poverty Level	2.5%	97.5%
	(0.3%,16.1%)	(83.9%,99.7%)
≥200% Federal Poverty Level	10.6%	89.4%
	(6.8%,16.2%)	(83.8%,93.2%)

Note: The intervals presented are 95% confidence intervals

Q: Does anyone, including yourself, smoke cigarettes, cigars, or pipes regularly inside your home?

Table 53

	Yes	No
Total	4.1%	95.9%
	(2.6%,6.4%)	(93.6%,97.4%)
Gender		
Male	4.0%	96.0%
	(1.8%,8.7%)	(91.3%,98.2%)
Female	3.6%	96.4%
	(2.1%,6.2%)	(93.8%,97.9%)
Age Group		
18-34	1.1%	98.9%
	(0.1%,7.3%)	(92.7%,99.9%)
35-44	5.4%	94.6%
	(1.4%,19.0%)	(81.0%,98.6%)
45-54	2.7%	97.3%
	(0.8%,8.3%)	(91.7%,99.2%)
55-64	5.8%	94.2%
	(2.8%,11.4%)	(88.6%,97.2%)
65-74	7.3%	92.7%
	(4.0%,13.1%)	(86.9%,96.0%)
75+	1.4%	98.6%
	(0.3%,5.7%)	(94.3%,99.7%)
Household Income		
<200% Federal Poverty Level	5.0%	95.0%
	(1.4%,16.9%)	(83.1%,98.6%)
≥200% Federal Poverty Level	3.9%	96.1%
	(2.3%,6.5%)	(93.5%,97.7%)

Note: The intervals presented are 95% confidence intervals

Q: Summary measure: E-cigarettes smoking (vaping) status

Table 54

	Current vaper	Former vaper	Never vaper
Total	3.1% (1.4%,7.0%)	0.6% (0.2%,1.7%)	96.2% (92.5%,98.1%)
Gender			
Male	3.5% (0.9%,13.0%)	0.6% (0.1%,3.2%)	95.8% (87.1%,98.7%)
Female	1.9% (0.9%,4.1%)	0.7% (0.2%,2.2%)	97.4% (95.1%,98.7%)
Age Group			
18-34	9.2% (3.0%,25.0%)	<1.0%	90.8% (75.0%,97.0%)
35-44	1.1% (0.2%,7.6%)	0.6% (0.1%,4.4%)	98.3% (92.8%,99.6%)
45-54	1.2% (0.3%,4.8%)	1.2% (0.2%,7.8%)	98.0% (92.2%,99.5%)
55-64	1.1% (0.2%,7.3%)	0.8% (0.1%,5.8%)	98.1% (92.5%,99.5%)
65-74	2.1% (0.7%,5.9%)	1.2% (0.3%,4.8%)	96.7% (92.5%,98.6%)
75+	2.4% (0.3%,15.2%)	<1.0%	97.6% (84.8%,99.7%)
Household Income			
<200% Federal Poverty Level	0.3% (0.0%,2.5%)	<1.0%	99.7% (97.5%,100.0%)
≥200% Federal Poverty Level	3.6% (1.5%,8.2%)	0.7% (0.2%,2.0%)	95.7% (91.3%,97.9%)

Note: The intervals presented are 95% confidence intervals

Q: Summary measures: Any alcohol drinking in the past 30 days.

Table 55

	No drinking	Any drinking
Total	21.6%	78.4%
	(17.4%,26.4%)	(73.6%,82.6%)
Gender		
Male	18.3%	81.7%
	(11.8%,27.3%)	(72.7%,88.2%)
Female	23.4%	76.6%
	(18.5%,29.0%)	(71.0%,81.5%)
Age Group		
18-34	19.0%	81.0%
	(9.1%,35.5%)	(64.5%,90.9%)
35-44	17.5%	82.5%
	(9.7%,29.6%)	(70.4%,90.3%)
45-54	17.9%	82.1%
	(9.8%,30.3%)	(69.7%,90.2%)
55-64	23.1%	76.9%
	(16.7%,31.0%)	(69.0%,83.3%)
65-74	23.0%	77.0%
	(16.8%,30.5%)	(69.5%,83.2%)
75+	34.4%	65.6%
	(25.9%,44.1%)	(55.9%,74.1%)
Household Income		
<200% Federal Poverty Level	46.3%	53.7%
	(28.3%,65.3%)	(34.7%,71.7%)
≥200% Federal Poverty Level	18.1%	81.9%
	(14.0%,23.0%)	(77.0%,86.0%)

Note: The intervals presented are 95% confidence intervals

Q: Summary measures: Binge drinking (4 or more drinks for female or 5 or more for male, on one occasion) in the past 30 days.

Table 56

	No drinking or no binge drinking	Any binge drinking
Total	72.1% (66.3%,77.2%)	27.9% (22.8%,33.7%)
Gender		
Male	68.6% (58.6%,77.1%)	31.4% (22.9%,41.4%)
Female	75.0% (68.2%,80.8%)	25.0% (19.2%,31.8%)
Age Group		
18-34	56.6% (40.1%,71.7%)	43.4% (28.3%,59.9%)
35-44	59.8% (46.0%,72.3%)	40.2% (27.7%,54.0%)
45-54	78.9% (67.8%,86.9%)	21.1% (13.1%,32.2%)
55-64	82.8% (74.9%,88.6%)	17.2% (11.4%,25.1%)
65-74	82.0% (74.2%,87.8%)	18.0% (12.2%,25.8%)
75+	90.6% (82.4%,95.2%)	9.4% (4.8%,17.6%)
Household Income		
<200% Federal Poverty Level	74.5% (52.1%,88.7%)	25.5% (11.3%,47.9%)
≥200% Federal Poverty Level	71.8% (65.5%,77.4%)	28.2% (22.6%,34.5%)

Note: The intervals presented are 95% confidence intervals

How You Feel

Q: Have you ever been told by a health professional that you have depression?

Table 57

		Yes	No
Total		24.7%	75.3%
		(20.0%,30.1%)	(69.9%,80.0%)
Gender			
Male		20.2%	79.8%
		(13.1%,29.9%)	(70.1%,86.9%)
Female		28.7%	71.3%
		(23.0%,35.2%)	(64.8%,77.0%)
Age Group			
18-34		40.2%	59.8%
		(25.9%,56.5%)	(43.5%,74.1%)
35-44		35.1%	64.9%
		(24.1%,48.1%)	(51.9%,75.9%)
45-54		14.2%	85.8%
		(8.2%,23.5%)	(76.5%,91.8%)
55-64		15.9%	84.1%
		(10.4%,23.6%)	(76.4%,89.6%)
65-74		20.8%	79.2%
		(14.8%,28.3%)	(71.7%,85.2%)
75+		9.2%	90.8%
		(4.9%,16.6%)	(83.4%,95.1%)
Household Income			
<200% Federal Poverty Level		29.0%	71.0%
		(14.7%,49.2%)	(50.8%,85.3%)
≥200% Federal Poverty Level		25.6%	74.4%
		(20.5%,31.6%)	(68.4%,79.5%)

Note: The intervals presented are 95% confidence intervals

Q: (Among those who have been diagnosed with depression only) Are you currently taking any medication that was prescribed for you to treat depression?

Table 58

	Yes	No
Total	49.4% (37.6%,61.3%)	50.6% (38.7%,62.4%)
Gender		
Male	41.7% (21.3%,65.3%)	58.3% (34.7%,78.7%)
Female	51.7% (38.9%,64.2%)	48.3% (35.8%,61.1%)
Age Group		
18-34	44.5% (22.4%,69.1%)	55.5% (30.9%,77.6%)
35-44	38.5% (21.4%,59.0%)	61.5% (41.0%,78.6%)
45-54	67.2% (39.7%,86.4%)	32.8% (13.6%,60.3%)
55-64	65.6% (43.0%,82.9%)	34.4% (17.1%,57.0%)
65-74	59.3% (40.9%,75.4%)	40.7% (24.6%,59.1%)
75+	50.9% (22.3%,78.9%)	49.1% (21.1%,77.7%)
Household Income		
<200% Federal Poverty Level	83.1% (54.0%,95.3%)	16.9% (4.7%,46.0%)
≥200% Federal Poverty Level	45.4% (33.2%,58.2%)	54.6% (41.8%,66.8%)

Note: The intervals presented are 95% confidence intervals

Q: Have you ever been told by a health professional that you have anxiety?

Table 59

	Yes	No
Total	24.8% (20.0%,30.3%)	75.2% (69.7%,80.0%)
Gender		
Male	20.2% (13.1%,29.9%)	79.8% (70.1%,86.9%)
Female	28.7% (23.0%,35.2%)	71.3% (64.8%,77.0%)
Age Group		
18-34	42.3% (27.9%,58.1%)	57.7% (41.9%,72.1%)
35-44	32.4% (21.9%,45.1%)	67.6% (54.9%,78.1%)
45-54	18.2% (10.7%,29.4%)	81.8% (70.6%,89.3%)
55-64	14.9% (9.8%,22.0%)	85.1% (78.0%,90.2%)
65-74	14.2% (9.3%,21.2%)	85.8% (78.8%,90.7%)
75+	7.0% (3.4%,13.8%)	93.0% (86.2%,96.6%)
Household Income		
<200% Federal Poverty Level	29.7% (15.3%,49.7%)	70.3% (50.3%,84.7%)
≥200% Federal Poverty Level	25.3% (20.0%,31.4%)	74.7% (68.6%,80.0%)

Note: The intervals presented are 95% confidence intervals

Q: (Among those who have been diagnosed with anxiety only) Are you currently taking any medication that was prescribed for you to treat anxiety?

Table 60

	Yes	No
Total	39.8% (28.5%,52.4%)	60.2% (47.6%,71.5%)
Gender		
Male	41.0% (18.9%,67.5%)	59.0% (32.5%,81.1%)
Female	38.4% (26.6%,51.8%)	61.6% (48.2%,73.4%)
Age Group		
18-34	40.5% (20.4%,64.5%)	59.5% (35.5%,79.6%)
35-44	32.4% (16.7%,53.4%)	67.6% (46.6%,83.3%)
45-54	42.1% (18.8%,69.5%)	57.9% (30.5%,81.2%)
55-64	46.0% (26.2%,67.1%)	54.0% (32.9%,73.8%)
65-74	50.1% (27.6%,72.5%)	49.9% (27.5%,72.4%)
75+	43.5% (15.3%,76.7%)	56.5% (23.3%,84.7%)
Household Income		
<200% Federal Poverty Level	86.0% (57.1%,96.6%)	14.0% (3.4%,42.9%)
≥200% Federal Poverty Level	33.9% (22.5%,47.5%)	66.1% (52.5%,77.5%)

Note: The intervals presented are 95% confidence intervals

Q: About how often did you feel...? So sad that nothing could cheer you up

Table 61

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
Total	74.0%	18.5%	4.1%	3.3%	<1.0%
	(68.8%,78.7%)	(14.6%,23.2%)	(2.5%,6.9%)	(1.6%,6.8%)	
Gender					
Male	78.3%	15.4%	2.7%	3.6%	<1.0%
	(69.4%,85.2%)	(9.9%,23.4%)	(0.9%,7.4%)	(1.1%,11.6%)	
Female	70.2%	21.9%	4.6%	3.3%	<1.0%
	(63.6%,76.0%)	(16.8%,28.2%)	(2.6%,8.0%)	(1.5%,7.4%)	
Age Group					
18-34	68.2%	20.7%	20.7%	6.8%	<1.0%
	(52.0%,80.9%)	(10.6%,36.5%)	(1.1%,15.8%)	(2.0%,20.7%)	
35-44	69.6%	21.1%	3.2%	6.1%	<1.0%
	(56.7%,80.0%)	(12.7%,33.1%)	(1.0%,9.5%)	(2.0%,17.6%)	
45-54	72.5%	19.1%	6.2%	2.2%	<1.0%
	(60.9%,81.8%)	(11.9%,29.0%)	(2.1%,16.8%)	(0.6%,8.6%)	
55-64	79.6%	18.8%	1.4%	0.3%	<1.0%
	(71.7%,85.7%)	(12.9%,26.5%)	(0.3%,6.2%)	(0.0%,1.9%)	
65-74	76.3%	16.4%	6.9%	0.4%	<1.0%
	(68.5%,82.7%)	(11.0%,23.7%)	(3.8%,12.1%)	(0.1%,2.9%)	
75+	84.9%	10.4%	4.1%	0.6%	<1.0%
	(77.2%,90.3%)	(5.9%,17.5%)	(1.8%,9.1%)	(0.1%,4.3%)	
Household Income					
<200% Federal Poverty Level	66.4%	15.9%	6.7%	11.0%	<1.0%
	(46.8%,81.7%)	(7.0%,32.3%)	(2.7%,15.4%)	(2.5%,36.9%)	
≥200% Federal Poverty Level	73.8%	19.6%	4.0%	2.6%	<1.0%
	(68.1%,78.9%)	(15.2%,24.8%)	(2.1%,7.2%)	(1.2%,5.8%)	

Note: The intervals presented are 95% confidence intervals

Q: About how often did you feel...? Nervous

Table 62

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
Total	43.0%	36.5%	14.9%	4.0%	1.8%
	(37.6%,48.5%)	(31.3%,41.9%)	(11.0%,19.8%)	(2.0%,7.6%)	(0.7%,4.5%)
Gender					
Male	45.2%	37.4%	12.4%	5.0%	<1.0%
	(36.1%,54.7%)	(28.8%,46.9%)	(6.7%,21.5%)	(1.7%,13.7%)	
Female	40.7%	34.8%	17.6%	3.3%	3.5%
	(34.5%,47.3%)	(29.0%,41.2%)	(12.7%,23.9%)	(1.8%,6.1%)	(1.3%,8.7%)
Age Group					
18-34	26.9%	31.7%	26.7%	9.9%	4.7%
	(15.3%,42.7%)	(19.0%,48.0%)	(15.1%,42.8%)	(3.5%,25.1%)	(1.2%,17.1%)
35-44	29.1%	45.0%	18.9%	5.2%	1.7%
	(18.1%,43.4%)	(32.3%,58.3%)	(10.8%,31.0%)	(2.2%,11.6%)	(0.4%,7.2%)
45-54	51.3%	36.0%	11.0%	0.6%	1.0%
	(38.6%,63.9%)	(25.1%,48.6%)	(5.5%,21.0%)	(0.1%,4.2%)	(0.1%,7.1%)
55-64	54.0%	36.3%	8.0%	1.1%	0.6%
	(45.0%,62.7%)	(28.2%,45.3%)	(4.5%,13.9%)	(0.2%,7.3%)	(0.1%,2.4%)
65-74	51.4%	39.1%	7.3%	2.3%	<1.0%
	(43.0%,59.6%)	(31.3%,47.5%)	(4.0%,12.9%)	(0.8%,5.6%)	
75+	62.9%	27.6%	8.2%	1.2%	<1.0%
	(53.1%,71.8%)	(19.9%,36.9%)	(3.8%,16.9%)	(0.3%,5.3%)	
Household Income					
<200% Federal Poverty Level	37.6%	33.0%	15.2%	13.7%	0.5%
	(21.7%,56.7%)	(17.4%,53.5%)	(6.2%,32.6%)	(4.2%,36.3%)	(0.1%,3.4%)
≥200% Federal Poverty Level	43.7%	35.8%	15.6%	2.9%	2.1%
	(37.8%,49.7%)	(30.3%,41.7%)	(11.3%,21.2%)	(1.3%,6.6%)	(0.8%,5.4%)

Note: The intervals presented are 95% confidence intervals

Q: About how often did you feel...? that everything was an effort

Table 63

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
Total	58.5%	27.6%	7.8%	4.9%	1.2%
	(52.8%,64.0%)	(22.7%,33.2%)	(5.4%,11.3%)	(2.8%,8.4%)	(0.4%,3.5%)
Gender					
Male	59.6%	29.6%	6.2%	4.6%	<1.0%
	(49.8%,68.6%)	(21.4%,39.3%)	(3.2%,11.9%)	(1.6%,12.9%)	
Female	59.5%	24.7%	9.1%	4.3%	2.3%
	(52.7%,66.0%)	(19.1%,31.4%)	(5.8%,14.2%)	(2.5%,7.1%)	(0.8%,6.6%)
Age Group					
18-34	49.9%	34.2%	6.6%	6.8%	2.4%
	(34.6%,65.3%)	(20.9%,50.7%)	(2.1%,18.9%)	(2.0%,20.7%)	(0.3%,15.1%)
35-44	46.9%	32.0%	11.3%	8.7%	1.1%
	(34.0%,60.2%)	(20.5%,46.3%)	(5.3%,22.6%)	(3.6%,19.4%)	(0.2%,7.7%)
45-54	63.2%	22.4%	7.5%	5.3%	1.6%
	(50.1%,74.6%)	(13.6%,34.7%)	(2.9%,17.7%)	(1.5%,16.4%)	(0.4%,6.7%)
55-64	70.5%	23.4%	3.9%	1.9%	0.3%
	(61.6%,78.1%)	(16.5%,32.1%)	(1.6%,9.3%)	(0.5%,6.6%)	(0.0%,1.9%)
65-74	66.2%	23.4%	9.3%	1.1%	<1.0%
	(57.9%,73.6%)	(17.1%,31.2%)	(5.5%,15.3%)	(0.4%,3.4%)	
75+	64.9%	23.7%	8.6%	2.2%	0.6%
	(55.4%,73.4%)	(16.5%,32.8%)	(4.8%,14.9%)	(0.5%,8.6%)	(0.1%,4.2%)
Household Income					
<200% Federal Poverty Level	47.8%	25.4%	14.2%	12.1%	0.5%
	(29.7%,66.4%)	(12.0%,46.2%)	(5.8%,31.1%)	(3.3%,36.0%)	(0.1%,3.4%)
≥200% Federal Poverty Level	59.9%	27.0%	7.6%	4.3%	1.2%
	(53.6%,65.8%)	(21.7%,33.1%)	(5.0%,11.3%)	(2.3%,7.8%)	(.4%,4.1%)

Note: The intervals presented are 95% confidence intervals

Q: About how often did you feel...? worthless

Table 64

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
Total	81.4%	11.8%	3.7%	2.1%	1.0%
	(76.4%,85.6%)	(8.6%,16.1%)	(1.9%,7.0%)	(0.9%,4.9%)	(0.3%,3.4%)
Gender					
Male	83.5%	9.5%	5.2%	1.8%	<1.0%
	(74.4%,89.8%)	(5.2%,16.8%)	(2.0%,12.7%)	(0.3%,11.6%)	
Female	80.4%	12.6%	2.5%	2.5%	1.9%
	(74.4%,89.8%)	(8.6%,18.3%)	(1.3%,4.8%)	(1.2%,4.9%)	(0.5%,6.5%)
Age Group					
18-34	71.6%	17.0%	5.5%	3.4%	2.4%
	(55.2%,83.7%)	(8.2%,32.1%)	(1.3%,20.3%)	(0.5%,20.7%)	(0.3%,15.2%)
35-44	75.5%	15.1%	5.9%	2.4%	1.1%
	(63.2%,84.7%)	(8.4%,25.5%)	(1.8%,18.0%)	(0.7%,7.5%)	(0.2%,7.8%)
45-54	85.6%	8.4%	2.9%	2.3%	0.7%
	(74.9%,92.2%)	(3.4%,19.5%)	(0.9%,8.9%)	(0.7%,7.3%)	(0.1%,5.0%)
55-64	89.8%	7.2%	1.2%	1.6%	0.3%
	(83.2%,94.0%)	(3.8%,13.2%)	(0.3%,5.1%)	(0.4%,6.7%)	(0.0%,1.9%)
65-74	84.1%	12.0%	3.1%	0.7%	<1.0%
	(77.2%,89.2%)	(7.7%,18.4%)	(1.3%,7.5%)	(0.1%,5.1%)	
75+	91.2%	7.5%	1.3%	<1.0%	<1.0%
	(83.6%,95.4%)	(3.7%,14.6%)	(0.2%,9.0%)		
Household Income					
<200% Federal Poverty Level	70.8%	16.2%	4.4%	8.1%	0.5%
	(50.4%,85.3%)	(7.0%,33.2%)	(1.3%,13.6%)	(1.2%,39.5%)	(0.1%,3.5%)
≥200% Federal Poverty Level	82.0%	11.7%	3.8%	1.4%	1.1%
	(76.6%,86.5%)	(8.1%,16.5%)	(1.9%,7.8%)	(0.6%,2.8%)	(0.3%,4.0%)

Note: The intervals presented are 95% confidence intervals

Q: Stress means a situation in which a person feels tense, restless, nervous, or anxious, or is unable to sleep at night because his/her mind is troubled all the time. About how often did you feel this kind of stress?

Table 65

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
Total	37.8%	33.2%	19.8%	8.2%	1.0%
	(32.7%,43.3%)	(28.2%,38.5%)	(15.5%,25.1%)	(5.2%,12.7%)	(0.3%,3.3%)
Gender					
Male	43.0%	30.3%	18.3%	8.5%	<1.0%
	(34.0%,52.4%)	(22.5%,39.4%)	(11.6%,27.8%)	(4.0%,17.1%)	
Female	33.3%	36.1%	20.6%	8.1%	1.9%
	(27.7%,39.4%)	(30.0%,42.7%)	(15.5%,26.9%)	(4.7%,13.7%)	(0.5%,6.3%)
Age Group					
18-34	19.7%	30.7%	27.8%	19.5%	2.4%
	(10.1%,34.9%)	(18.0%,47.2%)	(16.0%,43.7%)	(9.9%,35.0%)	(0.3%,15.1%)
35-44	23.9%	32.5%	31.9%	10.8%	0.9%
	(13.8%,38.1%)	(21.9%,45.3%)	(20.5%,45.9%)	(5.3%,20.7%)	(0.1%,6.3%)
45-54	44.2%	30.8%	20.0%	4.4%	0.6%
	(31.5%,57.7%)	(20.8%,43.1%)	(12.0%,31.2%)	(1.3%,13.7%)	(0.1%,4.2%)
55-64	44.7%	44.3%	8.2%	2.2%	0.6%
	(36.1%,53.1%)	(35.6%,53.4%)	(4.8%,13.7%)	(0.7%,7.0%)	(0.1%,2.4%)
65-74	52.5%	33.3%	11.7%	2.5%	<1.0%
	(44.2%,60.8%)	(25.9%,41.5%)	(7.2%,18.4%)	(0.9%,6.7%)	
75+	67.7%	23.6%	8.7%	<1.0%	<1.0%
	(58.3%,75.9%)	(16.6%,32.3%)	(4.6%,15.9%)		
Household Income					
<200% Federal Poverty Level	23.4%	50.0%	16.6%	9.4%	0.5%
	(12.5%,39.6%)	(31.6%, 68.5%)	(7.2%,34.1%)	(1.8%,36.7%)	(0.1%,3.4%)
≥200% Federal Poverty Level	39.2%	30.2%	21.0%	8.6%	1.0%
	(33.4%,45.2%)	(25.1%,35.8%)	(16.1%,27.0%)	(5.4%,13.4%)	(0.2%, 4.1%)

Note: The intervals presented are 95% confidence intervals

Q: Serious psychological distress

Table 66

	No (score=0-12)	Yes (score = 13+)
Total	96.4%	3.6%
	(92.9%,98.2%)	(1.8%,7.1%)
Gender		
Male	96.9%	3.1%
	(88.2%,99.2%)	(0.8%,11.8%)
Female	95.7%	4.3%
	(91.6%,97.8%)	(2.2%,8.4%)
Age Group		
18-34	94.2%	5.8%
	(79.1%,98.6%)	(1.4%,20.9%)
35-44	91.2%	8.8%
	(79.9%,96.4%)	(3.6%,20.1%)
45-54	97.6%	2.4%
	(92.5%,99.3%)	(0.7%,7.5%)
55-64	99.2%	0.8%
	(96..8%,99.8%)	(0.2%,3.2%)
65-74	99.6%	0.4%
	(97.1%,99.9%)	(0.1%,2.9%)
75+	100.0%	<1.0%
Household Income		
<200% Federal Poverty Level	89.6%	10.4%
	(62.5%97.8%)	(2.2%,37.5%)
≥200% Federal Poverty Level	97.1%	2.9%
	(93.9%,98.6%)	(1.4%,6.1%)

Note: The intervals presented are 95% confidence intervals

About Your Community

Q: How often are you involved in school, community, or neighborhood activities?

Table 67

	Weekly	Monthly	Several times a year	About once a year	Less often than yearly	Never
Total	26.8%	13.8%	20.0%	8.7%	11.1%	19.6%
	(22.1%,32.1%)	(10.2%,18.3%)	(16.0%,24.7%)	(6.0%,12.6%)	(8.0%,15.2%)	(15.5%,24.5%)
Gender						
Male	26.2%	13.6%	21.1%	8.0%	11.6%	19.5%
	(18.6%,35.5%)	(8.1%,22.0%)	(14.8%,29.2%)	(4.0%,15.6%)	(6.8%,19.0%)	(13.0%,28.1%)
Female	26.7%	13.9%	19.6%	9.7%	11.0%	19.0%
	(21.6%,32.6%)	(9.8%,19.4%)	(14.7%,25.7%)	(6.4%,14.3%)	(7.4%,16.2%)	(14.4%,24.7%)
Age Group						
18-34	18.4%	18.0%	17.3%	9.1%	14.5%	22.6%
	(9.3%,33.3%)	(8.3%,34.7%)	(8.7%,31.5%)	(3.3%,22.8%)	(6.4%,29.7%)	(11.9%,38.7%)
35-44	36.5%	18.0%	19.8%	2.7%	0.6%	22.5%
	(24.7%,50.2%)	(10.8%,28.4%)	(11.0%,32.8%)	(0.8%,8.3%)	(0.1%,4.4%)	(12.7%,36.5%)
45-54	32.5%	10.5%	23.2%	15.2%	10.0%	8.6%
	(21.6%,45.7%)	(5.2%,19.9%)	(14.1%,35.8%)	(7.8%,27.6%)	(4.7%,20.2%)	(4.1%,17.1%)
55-64	24.9%	8.0%	22.6%	11.0%	17.1%	16.3%
	(17.7%,33.8%)	(4.4%,14.2%)	(16.1%,30.8%)	(6.6%,17.7%)	(11.1%,25.4%)	(11.1%,23.4%)
65-74	26.1%	15.4%	18.9%	4.5%	12.6%	22.4%
	(19.6%,33.9%)	(10.3%,22.4%)	(13.2%,26.4%)	(2.1%,9.5%)	(7.8%,19.8%)	(16.4%,29.9%)
75+	19.3%	11.5%	17.1%	5.4%	11.8%	34.9%
	(12.8%,28.1%)	(6.2%,20.2%)	(11.0%,25.5%)	(2.6%,10.9%)	(6.3%,21.0%)	(26.6%,44.3%)
Household Income						
<200% Federal Poverty Level	15.0%	22.3%	17.1%	1.8%	5.2%	38.5%
	(5.1%,36.9%)	(8.8%,45.9%)	(6.6%,37.8%)	(0.4%,7.2%)	(1.7%,14.8%)	(23.0%,56.8%)
≥200% Federal Poverty Level	28.9%	12.6%	21.1%	9.6%	12.0%	15.7%
	(23.7%,34.7%)	(9.1%,17.2%)	(16.7%,26.3%)	(6.4%,14.2%)	(8.5%,16.8%)	(11.7%,20.9%)

Note: The intervals presented are 95% confidence intervals

Q: How often do you get the social and emotional support you need? Please include support from any source, such as family, friends, neighbors and/or coworkers.

Table 68

	Always	Usually	Sometimes	Rarely	Never
Total	43.1% (37.5%,48.8%)	34.5% (29.4%,40.0%)	14.3% (10.9%,18.5%)	5.5% (3.4%,8.6%)	2.6% (1.2%,5.5%)
Gender					
Male	38.1% (29.3%,47.8%)	34.5% (26.1%,44.1%)	16.1% (10.4%,24.1%)	8.6% (4.7%,15.2%)	2.7% (0.8%,9.0%)
Female	47.8% (41.2%,54.5%)	33.6% (27.9%,39.9%)	13.0% (9.6%,17.3%)	2.9% (1.6%,5.2%)	2.7% (1.1%,6.4%)
Age Group					
18-34	59.1% (43.2%,73.4%)	33.0% (20.0%,49.1%)	5.5% (1.5%,18.6%)	<1.0%	2.4% (0.3%,15.1%)
35-44	34.6% (23.6%,47.7%)	26.9% (17.1%,39.7%)	23.3% (13.8%,36.6%)	15.2% (6.9%,30.1%)	<1.0%
45-54	38.4% (27.0%,51.1%)	39.5% (28.0%,52.4%)	15.6% (8.2%,27.6%)	2.8% (1.0%,7.9%)	3.7% (0.5%,21.9%)
55-64	39.2% (30.7%,48.3%)	36.1% (28.0%,45.0%)	16.1% (10.6%,23.8%)	6.2% (2.8%,12.9%)	2.5% (1.0%,6.3%)
65-74	39.6% (31.9%,47.9%)	38.4% (30.6%,46.8%)	13.3% (8.7%,19.8%)	4.9% (2.3%,10.4%)	3.8% (1.4%,9.6%)
75+	37.9% (29.0%,47.8%)	33.9% (25.5%,43.6%)	15.0% (9.0%,23.7%)	7.1% (3.6%,13.5%)	6.1% (2.9%,12.2%)
Household Income					
<200% Federal Poverty Level	49.0% (30.6%,67.6%)	23.5% (11.3%,42.7%)	17.8% (9.1%,31.8%)	2.8% (0.9%,8.0%)	6.9% (1.4%,27.3%)
≥200% Federal Poverty Level	42.3% (36.4%,48.5%)	36.4% (30.8%,42.5%)	14.0% (10.3%,18.8%)	5.3% (3.2%,8.7%)	1.9% (0.7%,5.1%)

Note: The intervals presented are 95% confidence intervals

Q: How often do you feel isolated from others?

Table 69

	Always	Usually	Sometimes	Rarely	Never
Total	0.8%	4.5%	21.5%	41.5%	31.7%
	(0.3%,1.9%)	(2.5%,8.1%)	(17.2%,26.6%)	(36.0%,47.2%)	(26.9%,37.0%)
Gender					
Male	<1.0%	6.6%	21.9%	38.3%	33.2%
		(2.9%,14.2%)	(15.0%,30.7%)	(29.5%,47.9%)	(25.1%,42.4%)
Female	1.5%	2.8%	20.8%	43.8%	31.1%
	(0.6%,3.6%)	(1.4%,5.5%)	(16.0%,26.6%)	(37.3%,50.6%)	(25.7%,37.1%)
Age Group					
18-34	<1.0%	6.6%	23.0%	50.8%	19.7%
		(1.9%,20.2%)	(12.5%,38.6%)	(35.3%,66.1%)	(9.80%,35.6%)
35-44	2.5%	5.3%	26.2%	47.4%	18.5%
	(0.8%,8.1%)	(1.7%,15.3%)	(15.7%,40.5%)	(34.6%,60.6%)	(10.4%,30.6%)
45-54	1.0%	5.6%	16.0%	39.6%	37.8%
	(0.1%,6.8%)	(1.6%,17.2%)	(8.9%,27.2%)	(28.2%,52.4%)	(26.2%,51.0%)
55-64	0.3%	2.7%	22.1%	35.4%	39.5%
	(0.0%,1.9%)	(0.9%,7.4%)	(15.6%,30.3%)	(27.4%,44.3%)	(31.0%,48.7%)
65-74	0.4%	1.1%	23.3%	30.0%	45.1%
	(0.1%,2.8%)	(0.3%,4.7%)	(17.0%,31.1%)	(22.9%,38.1%)	(37.1%,53.5%)
75+	<1.0%	2.8%	17.7%	33.3%	46.1%
		(0.8%,9.2%)	(11.5%,26.4%)	(25.0%,42.9%)	(36.7%,55.8%)
Household Income					
<200% Federal Poverty Level	0.5%	14.6%	22.7%	36.5%	25.7%
	(0.1%,3.4%)	(4.8%,36.6%)	(11.7%,39.6%)	(19.5%,57.8%)	(13.9%,42.4%)
≥200% Federal Poverty Level	0.9%	3.3%	21.7%	41.9%	32.2%
	(0.3%,2.2%)	(1.6%,6.8%)	(16.9%,27.4%)	(36.0%,48.1%)	(26.8%,38.1%)

Note: The intervals presented are 95% confidence intervals

Q: For walking in your neighborhood, would you say the sidewalks, trails, and walking paths are:

Table 70

	Very well maintained	Somewhat maintained	Not very well maintained	Not at all maintained	There are no sidewalks, trails, or walking paths in my neighborhood
Total	49.8%	29.4%	3.8%	0.1%	16.9%
	(44.2%,55.5%)	(24.4%,35.0%)	(1.9%,7.3%)	(0.0%,0.4%)	(13.6%,20.9%)
Gender					
Male	50.7%	28.0%	3.7%	<1.0%	17.6%
	(41.3%,60.1%)	(20.1%,37.5%)	(1.1%,11.3%)		(12.1%,24.9%)
Female	49.2%	31.6%	2.8%	0.1%	16.3%
	(42.6%,55.8%)	(25.5%,38.4%)	(1.1%,6.7%)	(0.0%,0.8%)	(12.6%,20.9%)
Age Group					
18-34	51.9%	35.9%	7.7%	<1.0%	4.5%
	(36.4%,67.1%)	(22.6%,	51.9%)		(0.9%,18.8%)
35-44	48.8%	33.0%	4.4%	<1.0%	13.8%
	(35.7%,62.1%)	(21.7%,46.8%)	(1.0%,18.2%)		(7.6%,23.7%)
45-54	45.4%	31.5%	1.4%	<1.0%	21.8%
	(33.1%,58.2%)	(20.8%,44.5%)	(0.3%,5.6%)		(13.2%,33.7%)
55-64	47.0%	24.8%	2.3%	0.3%	25.6%
	(38.2%,55.9%)	(17.8%,33.4%)	(0.8%,6.3%)	(0.0%,2.4%)	(18.5%,34.4%)
65-74	50.1%	25.4%	2.2%	<1.0%	22.2%
	(41.9%,58.4%)	(18.8%,33.5%)	(0.8%,6.1%)		(16.0%,30.0%)
75+	65.2%	11.7%	<1.0%	<1.0%	23.0%
	(55.5%,73.8%)	(6.8%,19.6%)			(15.9%,32.2%)
Household Income					
<200% Federal Poverty Level	33.8%	51.0%	2.8%	<1.0%	12.4%
	(18.3%,53.8%)	(32.5%,69.2%)	(0.6%,11.3%)		(6.2%,23.4%)
≥200% Federal Poverty Level	51.9%	27.4%	3.4%	0.1%	17.2%
	(45.8%,58.0%)	(22.2%,33.4%)	(1.5%,7.6%)	(0.0%,0.5%)	(13.4%,21.7%)

Note: The intervals presented are 95% confidence intervals

Q: In general, how easy is it to safely cross the streets or roads in your neighborhood?

Table 71

	Very easy	Somewhat easy	Not very easy	Not at all easy
Total	61.5%	28.7%	7.2%	2.6%
	(55.9%,66.7%)	(23.9%,34.0%)	(4.9%,10.5%)	(1.4%,4.8%)
Gender				
Male	64.7%	26.8%	6.9%	1.6%
	(55.2%,73.2%)	(19.1%,36.2%)	(3.5%,13.1%)	(0.4%,5.6%)
Female	59.6%	30.2%	7.5%	2.8%
	(53.1%,65.7%)	(24.7%,36.3%)	(4.8%,11.5%)	(1.5%,5.1%)
Age Group				
18-34	72.0%	23.7%	2.4%	1.9%
	(56.4%,83.7%)	(13.0%,39.2%)	(0.3%,15.1%)	(0.3%,12.5%)
35-44	51.9%	28.9%	17.2%	2.0%
	(38.7%,64.8%)	(18.4%,42.3%)	(9.1%,30.3%)	(0.5%,7.9%)
45-54	54.0%	36.1%	5.6%	4.4%
	(41.2%,66.3%)	(24.6%,49.4%)	(2.1%,13.9%)	(1.4%,12.9%)
55-64	58.3%	31.9%	7.0%	2.8%
	(49.3%,66.7%)	(24.2%,40.7%)	(3.6%,13.1%)	(1.1%,7.3%)
65-74	70.1%	22.8%	4.5%	2.6%
	(62.0%,77.1%)	(16.6%,30.5%)	(2.3%,8.8%)	(0.8%,7.8%)
75+	68.0%	26.9%	3.7%	1.4%
	(58.7%,76.1%)	(19.4%,35.9%)	(1.5%,8.8%)	(0.3%,5.4%)
Household Income				
<200% Federal Poverty Level	62.7%	29.5%	5.1%	2.7%
	(43.4%,78.6%)	(15.0%,49.9%)	(2.2%,11.5%)	(0.7%,9.7%)
≥200% Federal Poverty Level	61.7%	29.0%	7.4%	1.9%
	(55.6%,67.4%)	(23.8%,34.9%)	(4.7%,11.2%)	(0.9%,4.0%)

Note: The intervals presented are 95% confidence intervals

Q: This is a good community to raise children in.

Table 72

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
Total	42.2% (36.8%,47.9%)	47.7% (42.1%,53.3%)	7.9% (5.4%,11.5%)	2.2% (1.2%,4.0%)
Gender				
Male	69.4% (59.9%,77.5%)	29.3% (21.3%,38.9%)	1.1% (0.0%,1.0%)	0.1% (0.0%,1.0%)
Female	73.6% (67.6%,78.8%)	23.8% (18.8%,29.6%)	2.3% (1.1%,4.8%)	0.3% (0.1%,1.0%)
Age Group				
18-34	69.8% (53.6%,82.2%)	30.2% (17.8%,46.4%)	<1.0%	<1.0%
35-44	73.1% (60.6%,82.8%)	25.3% (15.9%,37.9%)	1.5% (0.4%,6.2%)	<1.0%
45-54	73.5% (60.5%,83.3%)	24.9% (15.2%,37.9%)	1.7% (0.3%,7.7%)	<1.0%
55-64	65.7% (56.7%,73.7%)	30.5% (22.8%,39.4%)	3.8% (1.5%,9.4%)	<1.0%
65-74	78.3% (70.8%,84.3%)	19.7% (13.9%,27.0%)	2.0% (0.7%,5.6%)	<1.0%
75+	72.9% (63.9%,80.3%)	21.7% (15.0%,30.4%)	2.2% (0.8%,6.2%)	3.2% (1.2%,8.2%)
Household Income				
<200% Federal Poverty Level	57.3% (38.5%,74.3%)	39.1% (22.8%,58.3%)	3.1% (0.9%,9.7%)	0.5% (0.1%,3.7%)
≥200% Federal Poverty Level	74.0% (68.2%,79.0%)	24.3% (19.3%,30.0%)	1.6% (0.8%,3.1%)	0.2% (0.1%,0.6%)

Note: The intervals presented are 95% confidence intervals

Q: People in this neighborhood are willing to help one another.

Table 73

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
Total	63.4%	33.3%	2.9%	0.4%
	(57.9%,68.7%)	(28.2%,38.8%)	(1.7%,5.1%)	(0.1%,1.4%)
Gender				
Male	39.7%	53.5%	6.1%	0.7%
	(30.9%,49.2%)	(44.0%,62.7%)	(3.0%,12.0%)	(0.2%,3.2%)
Female	45.4%	42.4%	9.6%	2.6%
	(38.9%,52.1%)	(36.1%,49.0%)	(6.1%,14.7%)	(1.4%,5.0%)
Age Group				
18-34	42.1%	48.9%	7.1%	1.9%
	(27.6%,58.1%)	(33.6%,64.4%)	(2.5%,18.5%)	(0.3%,12.5%)
35-44	42.0%	42.4%	12.6%	3.0%
	(29.6%,55.5%)	(29.9%,55.9%)	(5.6%,26.1%)	(0.9,9.0%)
45-54	39.3%	52.8%	6.7%	1.1%
	(27.7%,52.3%)	(40.1%,65.1%)	(2.8%,15.4%)	(0.2%,7.7%)
55-64	39.3%	48.7%	7.6%	4.4%
	(31.0%,48.4%)	(39.8%,57.6%)	(4.1%,13.7%)	(2.0%,9.4%)
65-74	47.1%	46.7%	6.2%	<1.0%
	(38.9%,55.4%)	(38.6%,55.0%)	(3.2%,11.8%)	
75+	52.4%	42.6%	3.6%	1.4%
	(42.6%,62.0%)	(33.3%,52.5%)	(1.5%,8.2%)	(0.3%,5.4%)
Household Income				
<200% Federal Poverty Level	31.6%	46.8%	16.5%	5.0%
	(16.4%,52.2%)	(28.8%,65.6%)	(6.9%,34.7%)	(1.8%,13.5%)
≥200% Federal Poverty Level	43.8%	48.3%	6.5%	1.4%
	(37.9%,50.0%)	(42.2%,54.4%)	(4.2%,9.9%)	(0.7%,2.9%)

Note: The intervals presented are 95% confidence intervals

Q: In general, how safe from crime do you consider your neighborhood to be?

Table 74

	Very safe	Somewhat safe	Somewhat unsafe	Not at all safe
Total	63.4%	33.3%	2.9%	0.4%
	(57.9%,68.7%)	(28.2%,38.8%)	(1.7%,5.1%)	(0.1%,1.4%)
Gender				
Male	65.5%	32.3%	1.6%	0.5%
	(55.9%,74.0%)	(24.0%,42.0%)	(0.4%,6.0%)	(0.1%,3.6%)
Female	61.9%	33.7%	4.2%	0.3%
	(55.5%,67.9%)	(27.9%,39.9%)	(2.3%,7.4%)	(0.1%,1.1%)
Age Group				
18-34	60.4%	38.3%	1.3%	<1.0%
	(44.3%,74.5%)	(24.3%,54.4%)	(0.2%,8.9%)	
35-44	57.8%	36.8%	5.4%	<1.0%
	(44.6%,70.0%)	(25.4%,49.9%)	(1.8%,15.3%)	
45-54	70.5%	25.3%	3.1%	1.1%
	(58.1%,80.4%)	(16.0%,37.6%)	(1.0%,8.9%)	(0.2%,7.7%)
55-64	61.9%	33.4%	4.3%	0.3%
	(52.9%,70.2%)	(25.6%,42.3%)	(1.7%,10.4%)	(0.0%,2.4%)
65-74	65.2%	32.9%	1.9%	<1.0%
	(57.0%,72.6%)	(25.6%,41.0%)	(0.6%,6.3%)	
75+	71.1%	28.9%	<1.0%	<1.0%
	(61.9%,78.9%)	(21.1%,38.1%)		
Household Income				
<200% Federal Poverty Level	54.2%	40.2%	5.5%	<1.0%
	(35.6%,71.7%)	(23.9%,59.1%)	(1.6%,17.7%)	
≥200% Federal Poverty Level	64.2%	32.5%	2.8%	0.4%
	(58.1%, 69.9%)	(27.0%, 38.6%)	(1.5%, 5.2%)	(0.1%,1.7%)

Note: The intervals presented are 95% confidence intervals

Q: How often are you in a situation where you feel you are not accepted because of your race, culture, religion, or immigration status?

Table 75

	At least once a week	Once or twice a month	A few times a year	Once a year or less often	Never
Total	1.5%	2.6%	5.1%	8.9%	81.9%
	(0.5%,4.1%)	(1.1%,6.2%)	(2.9%,8.6%)	(5.9%,13.2%)	(76.6%,86.3%)
Gender					
Male	0.2%	4.5%	5.1%	12.7%	77.5%
	(0.0%,1.6%)	(1.6%,12.3%)	(2.0%,12.2%)	(7.3%,21.2%)	(67.8%,84.9%)
Female	1.8%	1.1%	5.2%	4.1%	87.8%
	(0.5%,6.3%)	(0.3%,3.6%)	(2.8%,9.5%)	(2.5%,6.7%)	(82.7%,91.6%)
Age Group					
18-34	4.3%	3.4%	4.3%	9.2%	78.9%
	(1.1%,15.8%)	(0.5%,20.5%)	(1.1%,15.8%)	(3.0%,25.0%)	(62.7%,89.2%)
35-44	1.5%	3.8%	1.4%	12.6%	80.7%
	(0.4%,6.2%)	(0.8%,15.2%)	(0.3%,5.9%)	(5.5%,26.2%)	(67.2%,89.5%)
45-54	<1.0%	4.6%	12.8%	9.9%	72.7%
		(1.2%,16.3%)	(5.7%,26.2%)	(4.5%,20.6%)	(59.0%,83.1%)
55-64	0.9%	1.0%	6.0%	6.4%	85.6%
	(0.2%,3.7%)	(0.1%,6.9%)	(3.1%,11.3%)	(3.1%,12.8%)	(78.3%,90.8%)
65-74	<1.0%	<1.0%	<1.0%	6.9%	93.1%
				(3.6%,12.7%)	(87.3%,96.4%)
75+	<1.0%	<1.0%	<1.0%	5.6%	94.4%
				(2.3%,12.8%)	(87.2%,97.7%)
Household Income					
<200% Federal Poverty Level	<1.0%	<1.0%	11.4%	16.2%	72.4%
			(4.0%,28.5%)	(5.2%,40.6%)	(50.8%,86.9%)
≥200% Federal Poverty Level	1.2%	3.1%	4.6%	8.3%	82.7%
	(0.4%,3.9%)	(1.3%,7.4%)	(2.4%,8.5%)	(5.4%,12.7%)	(77.0%,87.2%)

Note: The intervals presented are 95% confidence intervals

Q: How often are you in a situation where you feel you are not accepted because of your sexual orientation or gender identity?

Table 76

	At least once a week	Once or twice a month	A few times a year	Once a year or less often	Never
Total	2.1% (0.8%,5.6%)	1.0% (0.3%,3.2%)	1.6% (0.7%,3.4%)	1.9% (0.9%,3.9%)	93.5% (89.9%,95.9%)
Gender					
Male	2.9% (0.7%,10.8%)	1.5% (0.3%,6.4%)	1.2% (0.2%,6.3%)	0.2% (0.0%,1.3%)	94.2% (86.9%,97.5%)
Female	0.1% (0.0%,0.8%)	0.5% (0.1%,3.6%)	1.8% (0.8%,4.0%)	2.4% (1.3%,4.4%)	95.1% (92.3%,97.0%)
Age Group					
18-34	5.3% (1.3%,19.8%)	2.1% (0.3%,13.5%)	<1.0%	2.4% (0.3%,15.1%)	90.2% (76.1%,96.4%)
35-44	3.8% (0.8%,15.2%)	<1.0%	4.7% (1.3%,15.2%)	2.9% (1.0%,8.0%)	88.7% (77.5%,94.7%)
45-54	<1.0%	1.3% (0.2%,8.6%)	1.0% (0.2%,4.0%)	<1.0%	97.8% (92.2%,99.4%)
55-64	0.3% (0.0%,2.4%)	0.8% (0.1%,5.7%)	2.0% (0.6%,6.8%)	3.3% (1.4%,7.5%)	93.5% (88.1%,96.6%)
65-74	0.4% (0.1%,3.1%)	0.4% (0.0%,2.5%)	1.5% (0.4%,5.9%)	1.5% (0.4%,5.9%)	96.2% (91.5%,98.3%)
75+	<1.0%	<1.0%	<1.0%	0.8% (0.1%,5.2%)	99.2% (94.8%,99.9%)
Household Income					
<200% Federal Poverty Level	8.3% (1.3%,37.8%)	1.8% (0.3%,8.8%)	1.6% (0.2%,10.6%)	1.3% (0.3%,5.6%)	87.0% (64.4%,96.1%)
≥200% Federal Poverty Level	0.9% (0.2%,3.5%)	0.9% (0.2%,3.9%)	1.6% (0.7%,3.8%)	2.0% (0.9%,4.4%)	94.6% (91.2%,96.8%)

Note: The intervals presented are 95% confidence intervals

Food and Housing

Q: During the past 12 months, have you or anyone in your household received Medical Assistance (MA), food support (e.g., food stamps, or SNAP), WIC, or cash assistance such as MFIP or General Assistance (GA)?

Table 77

	Yes	No
Total	8.2% (5.4%,12.4%)	91.8% (87.6%,94.6%)
Gender		
Male	5.2% (2.1%,12.4%)	94.8% (87.6%,97.9%)
Female	10.0% (6.2%,15.8%)	90.0% (84.2%,93.8%)
Age Group		
18-34	18.2% (9.2%,32.7%)	81.8% (67.3%,90.8%)
35-44	1.8% (0.4%,7.3%)	98.2% (92.7%,99.6%)
45-54	7.4% (2.6%,19.1%)	92.6% (80.9%,97.4%)
55-64	3.0% (1.2%,7.4%)	97.0% (92.6%,98.8%)
65-74	5.8% (3.0%,11.0%)	94.2% (89.0%,97.0%)
75+	10.0% (4.9%,19.2%)	90.0% (80.8%,95.1%)
Household Income		
<200% Federal Poverty Level	39.6% (22.4%,59.9%)	60.4% (40.1%,77.6%)
≥200% Federal Poverty Level	4.4% (2.4%,7.9%)	95.6% (92.1%,97.6%)

Note: The intervals presented are 95% confidence intervals

Q: During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

Table 78

	Often	Sometimes	Rarely	Never
Total	0.7%	4.1%	4.2%	91.0%
	(0.3%,1.9%)	(2.6%,6.5%)	(2.5%,6.9%)	(87.6%,93.5%)
Gender				
Male	<1.0%	0.9%	1.2%	97.9%
		(0.3%,3.1%)	(0.4%,3.3%)	(95.4%,99.0%)
Female	1.4%	7.0%	5.5%	86.0%
	(0.5%,3.7%)	(4.3%,11.3%)	(3.1%,9.7%)	(80.7%,90.1%)
Age Group				
18-34	1.1%	3.7%	6.6%	88.6%
	(0.1%,7.3%)	(0.9%,14.4%)	(2.1%,18.9%)	(76.0%,95.0%)
35-44	1.7%	5.9%	2.7%	89.7%
	(0.4%,7.2%)	(2.5%,13.3%)	(0.8%,8.3%)	(81.4%,94.6%)
45-54	<1.0%	5.0%	1.7%	93.3%
		(2.1%,11.4%)	(0.4%,7.2%)	(86.4%,96.9%)
55-64	0.6%	4.0%	4.5%	90.9%
	(0.1%,2.4%)	(1.8%,8.7%)	(2.1%,9.2%)	(85.2%,94.5%)
65-74	<1.0%	1.5%	4.7%	93.8%
		(0.5%,4.9%)	(2.3%,9.4%)	(88.8%,96.6%)
75+	0.7%	2.7%	4.2%	92.4%
	(0.1%,5.1%)	(1.0%,7.0%)	(1.7%,10.2%)	(86.0%,96.0%)
Household Income				
<200% Federal Poverty Level	6.0%	12.1%	3.4%	78.4%
	(2.0%,16.7%)	(5.4%,25.1%)	(1.3%,8.8%)	(63.9%,88.2%)
≥200% Federal Poverty Level	0.1%	3.2%	4.1%	92.6%
	(0.0%,1.0%)	(1.7%,5.8%)	(2.3%,7.4%)	(88.9%,95.1%)

Note: The intervals presented are 95% confidence intervals

Q: During the past 12 months, did you or your family miss or delay a rent or mortgage payment because you did not have enough money?

Table 79

	Yes	No
Total	3.8% (2.3%,6.2%)	96.2% (93.8%,97.7%)
Gender		
Male	1.1% (0.4%,3.3%)	98.9% (96.7%,99.6%)
Female	6.3% (3.6%,10.7%)	93.7% (89.3%,96.4%)
Age Group		
18-34	5.8% (2.0%,15.6%)	94.2% (84.4%,98.0%)
35-44	5.2% (2.0%,12.5%)	94.8% (87.5%,98.0%)
45-54	2.2% (0.7%,6.8%)	97.8% (93.2%,99.3%)
55-64	4.6% (2.0%,10.1%)	95.4% (89.9%,98.0%)
65-74	0.4% (0.1%,2.8%)	99.6% (97.2%,99.9%)
75+	0.5% (0.1%,3.4%)	99.5% (96.6%,99.9%)
Household Income		
<200% Federal Poverty Level	13.1% (5.5%,28.0%)	86.9% (72.0%,94.5%)
≥200% Federal Poverty Level	2.7% (1.4%,5.2%)	97.3% (94.8%,98.6%)

Note: The intervals presented are 95% confidence intervals

Q: During the past 12 months, how often have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to say?

Table 80

	Never	Once	Twice	Three or more times
Total	99.7%	0.3%	<1.0%	<1.0%
	(98.0%,100.0%)	(0.0%,2.0%)		
Gender				
Male	100.0%	<1.0%	<1.0%	<1.0%
Female	99.4%	0.6%	<1.0%	<1.0%
	(96.1%,99.9%)	(0.1%,3.9%)		
Age Group				
18-34	100.0%	<1.0%	<1.0%	<1.0%
35-44	98.4%	1.6%	<1.0%	<1.0%
	(89.5%,99.8%)	(0.2%,10.5%)		
45-54	100.0%	<1.0%	<1.0%	<1.0%
55-64	100.0%	<1.0%	<1.0%	<1.0%
65-74	100.0%	<1.0%	<1.0%	<1.0%
75+	100.0%	<1.0%	<1.0%	<1.0%
Household Income				
<200% Federal Poverty Level	97.3%	2.7%	<1.0%	<1.0%
	(82.7%,99.6%)	(0.4%,17.3%)		
≥200% Federal Poverty Level	100.0%	<1.0%	<1.0%	<1.0%

Note: The intervals presented are 95% confidence intervals

Q: For walking in your neighborhood, would you say the sidewalks, trails, and walking paths are:

Table 81

	Single family home	Duplex	Double or multi-family home	Condominium	Townhouse	Apartment building	Other
Total	78.8%	1.3%	0.4%	1.1%	11.4%	5.0%	2.1%
	(74.1%,82.9%)	(0.3%,4.9%)	(0.2%,1.0%)	(0.5%,2.1%)	(8.6%,14.9%)	(2.9%,8.6%)	(1.1%,4.0%)
Gender							
Male	81.0%	1.8%	0.3%	0.9%	10.1%	5.6%	0.2%
	(72.5%,87.4%)	(0.3%,11.6%)	(0.1%,1.3%)	(0.2%,3.7%)	(6.0%,16.4%)	(2.3%,13.0%)	(0.1%,1.0%)
Female	76.3%	0.8%	0.5%	1.2%	12.9%	4.6%	3.7%
	(70.6%,81.2%)	(0.2%,3.5%)	(0.1%,1.6%)	(0.6%,2.5%)	(9.5%,17.2%)	(2.3%,8.8%)	(1.9%,7.4%)
Age Group							
18-34	69.2%	3.4%	<1.0%	<1.0%	14.2%	10.8%	2.4%
	(53.4%,81.4%)	(0.5%,20.5%)			(6.8%,27.6%)	(4.3%,24.6%)	(0.3%,15.1%)
35-44	85.6%	1.6%	0.5%	<1.0%	5.2%	5.3%	1.8%
	(74.3%,92.4%)	(0.2%,10.5%)	(0.1%,3.6%)		(2.2%,11.8%)	(1.3%,18.7%)	(0.4%,7.1%)
45-54	90.4%	<1.0%	<1.0%	1.7%	6.3%	0.6%	1.0%
	(83.1%,94.8%)			(0.4%,7.2%)	(3.0%,12.6%)	(0.1%,4.1%)	(0.1%,6.9%)
55-64	85.1%	<1.0%	0.6%	2.6%	10.8%	0.3%	0.6%
	(78.4%,89.9%)		(0.1%,4.3%)	(1.0%,7.0%)	(6.7%,16.8%)	(0.0%,2.4%)	(0.1%,2.2%)
65-74	75.2%	<1.0%	0.8%	1.5%	17.8%	2.9%	1.9%
	(67.5%,81.5%)		(0.1%,5.5%)	(0.4%,4.8%)	(12.3%,25.0%)	(1.3%,6.2%)	(0.7%,5.1%)
75+	53.6%	1.9%	1.5%	1.1%	21.9%	11.4%	8.7%
	(44.0%,63.0%)	(0.3%,12.2%)	(0.4%,5.8%)	(0.2%,7.3%)	(15.0%,30.7%)	(7.0%,18.2%)	(4.8%,15.2%)
Household Income							
<200% Federal Poverty Level	53.4%	10.6%	0.4%	<1.0%	15.8%	13.5%	6.3%
	(34.7%,71.1%)	(2.4%,36.8%)	(0.1%,3.0%)		(7.5%,30.2%)	(5.5%,29.8%)	(2.5%,14.9%)
≥200% Federal Poverty Level	81.9%	0.2%	0.4%	1.1%	11.0%	4.0%	1.4%
	(76.9%,86.0%)	(0.0%,1.2%)	(0.2%,1.1%)	(0.5%,2.4%)	(8.1%,14.9%)	(1.9%,8.2%)	(0.5%,3.9%)

Note: The intervals presented are 95% confidence intervals

Q: During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

Table 82

	Often	Sometimes	Rarely	Never
Total	1.4%	1.9%	2.4%	94.3%
	(0.6%,3.3%)	(1.1%,3.3%)	(1.2%,4.5%)	(91.7%,96.2%)
Gender				
Male	0.5%	0.1%	0.2%	99.1%
	(0.1%,3.6%)	(0.0%,0.6%)	(0.1%,0.9%)	(97.0%,99.8%)
Female	1.4%	3.6%	3.0%	92.1%
	(0.5%,3.6%)	(2.0%,6.1%)	(1.6%,5.6%)	(88.5%,94.6%)
Age Group				
18-34	3.0%	1.3%	2.4%	93.3%
	(0.7%,11.9%)	(0.2%,8.9%)	(0.3%,15.1%)	(82.6%,97.6%)
35-44	1.1%	1.8%	3.2%	93.8%
	(0.2%,7.6%)	(0.4%,7.1%)	(0.9%,10.5%)	(86.2%,97.4%)
45-54	1.1%	1.6%	1.7%	95.6%
	(0.2%,7.7%)	(0.4%,6.6%)	(0.5%,5.3%)	(89.8%,98.1%)
55-64	0.8%	2.5%	1.7%	95.0%
	(0.2%,3.3%)	(1.0%,5.8%)	(0.4%,6.9%)	(90.3%,97.5%)
65-74	<1.0%	1.5%	1.1%	97.5%
		(0.5%,3.9%)	(0.2%,4.6%)	(94.2%,98.9%)
75+	1.3%	4.3%	3.2%	91.1%
	(0.3%,5.3%)	(2.0%,9.0%)	(0.8%,12.2%)	(83.6%,95.4%)
Household Income				
<200% Federal Poverty Level	5.2%	9.8%	3.1%	81.9%
	(1.5%,16.6%)	(4.3%,20.7%)	(0.5%,16.2%)	(67.7%,90.7%)
≥200% Federal Poverty Level	0.4%	0.8%	2.0%	96.8%
	(0.1%,1.7%)	(0.4%,1.7%)	(0.9%,4.5%)	(94.4%,98.2%)

Note: The intervals presented are 95% confidence intervals

Appendices

Appendix A

Technical notes

Each of the data tables in this data book includes one or more health indicators. The data are reported for Washington County and for selected demographic characteristics, including gender, age and household income. Due to small number of responses, data were not analyzed for race, ethnicity and sexual orientation.

Gender:

Gender was based on question G1. Respondents were asked to identify if they identify themselves as male, female or anything other than male or female. Only two respondents identified as anything other than male or female. Therefore they have been excluded from the reporting group.

G1. How do you identify your gender?

- Male
- Female
- I describe my gender as:

Age:

Age was based on the survey participant's self-reported age (G3). Six age groups are presented in this data book. The groups are 18-34, 35-44, 45-54, 55-64, 65-74 and 75 and older.

G3. What is your age?

 years

Household Income:

Household income was measured by Federal Poverty Level (FPL) with reporting categories of below 200 percent FPL and at or above 200 percent FPL. The reporting categories were derived from the answers to survey questions on household size and household income, and categorized using 2018 Federal Poverty Guidelines.

Data on household size was the sum of responses from two categories under question G10.

G10. INCLUDING YOURSELF, how many adults and children live in your household?

Number of adults age 18 or older:

Number of children under age 18:

To get the annual income household income, respondents were asked to identify one of the categories from G11.

G11. Please tell us your annual household income in 2018 from all earners and all sources, before taxes.

Remember, your responses are confidential.

- \$25,000 or less
- \$25,001 - 34,000
- \$34,001 - 43,000
- \$43,001 - 52,000
- \$52,001 - 60,000
- \$60,001 - 70,000
- \$70,001 - 78,000
- \$78,001 - 87,000
- \$87,001 - \$96,000
- \$96,001 or more

2018 Federal Poverty Guidelines for the 48 contiguous states and District of Columbia:

Persons in family/household	Poverty guidelines
1	\$12,140
2	\$16,460
3	\$20,780
4	\$25,100
5	\$29,420
6	\$33,740
7	\$38,060
8	\$42,380

The income categories were then converted to FPL, either below 200 percent Federal Poverty Level (<200% FPL) or at or above 200 percent Federal Poverty Level (≥200% FPL).

Classification of household income measured by 200% FPL

Household income Household size	<\$25,000	\$25,000- \$34,000	\$34,001- \$43,000	\$43,001- \$52,000	\$52,001- \$60,000	\$60,001- \$70,000	\$70,001- \$78,000	\$78,001- \$87,000	\$87,001- \$96,000	\$96,000 or more
1	<200%FPL	≥200%FPL	≥200%FPL							
2	<200%FPL	<200%FPL	≥200%FPL	≥200%FPL						
3	<200%FPL	<200%FPL	<200%FPL	≥200%FPL	≥200%FPL	≥200%FPL	≥200%FPL	≥200%FPL	≥200%FPL	≥200%FPL
4	<200%FPL	<200%FPL	<200%FPL	<200%FPL	≥200%FPL	≥200%FPL	≥200%FPL	≥200%FPL	≥200%FPL	≥200%FPL
5	<200%FPL	<200%FPL	<200%FPL	<200%FPL	<200%FPL	≥200%FPL	≥200%FPL	≥200%FPL	≥200%FPL	≥200%FPL
6	<200%FPL	<200%FPL	<200%FPL	<200%FPL	<200%FPL	<200%FPL	≥200%FPL	≥200%FPL	≥200%FPL	≥200%FPL
7	<200%FPL	<200%FPL	<200%FPL	<200%FPL	<200%FPL	<200%FPL	<200%FPL	≥200%FPL	≥200%FPL	≥200%FPL
8	<200%FPL	<200%FPL	<200%FPL	<200%FPL	<200%FPL	<200%FPL	<200%FPL	<200%FPL	≥200%FPL	≥200%FPL

Appendix B

Derived variables and summary measures

Table no.	Topic	Technical notes
2	Frequent physical distress	Respondents who reported 14 or more days that their physical health was not good to question A2, were classified as having frequent physical distress.
3	Frequent mental distress	Respondents who reported 14 or more days that their mental health was not good to question A3, were classified as having frequent mental distress.
14	Weight status based on Body Mass Index (BMI) calculation	<p>Body Mass Index (BMI) is calculated from self-reported height and weight to questions A6 and A7, using the following formula:</p> $\text{BMI} = (\text{weight in kg}) \div (\text{height in meter})^2$ $\text{BMI} = 703 * (\text{weight in pounds}) \div (\text{height in inches})^2$ <p>Classification of weight status:</p> <p>Not overweight: BMI < 25</p> <p>Overweight but not obese: BMI 25 to 29.9</p> <p>Obese: BMI > 30</p>
19	Current health insurance coverage	<p>Respondents were asked to identify current health insurance provider in question B1. Categories of health insurance coverage:</p> <ol style="list-style-type: none"> 1. Private health insurance <ul style="list-style-type: none"> <input type="radio"/> Health insurance or coverage through your employer or spouse, partner, parent or someone else's employer <input type="radio"/> Health insurance or coverage bought directly by yourself or your family (not through an employer) <input type="radio"/> Insurance through MNSure 2. Public health insurance: <ul style="list-style-type: none"> <input type="radio"/> Indian or Tribal Health Service <input type="radio"/> Medicare <input type="radio"/> Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP) <input type="radio"/> MinnesotaCare <input type="radio"/> Insurance through MNSure <input type="radio"/> CHAMPUS, TRICARE, or Veterans' benefits 3. Uninsured: <ul style="list-style-type: none"> <input type="radio"/> No health insurance coverage

40	Number of fruit and vegetables yesterday	<p>Total serving of fruits and vegetables were calculated by adding answers from the following two questions:</p> <p>C1. A serving of vegetables - not including french fries - is one cup of salad greens or a half cup of vegetables. How many servings of vegetables did you have <u>yesterday</u>?</p> <p><input type="text"/> Number of servings</p> <p>C2. A serving of fruit is a medium-sized piece of fruit or a half cup of chopped, cut or canned fruit. How many servings of fruit did you have <u>yesterday</u>? (Do not include fruit juice)</p> <p><input type="text"/> Number of servings</p>
49	CDC physical activity guideline	<p>Met either moderate or vigorous physical activity guideline according to Healthy People 2020.</p> <p>Met moderate physical activity guideline: Respondents who reported doing moderate leisure time physical activity for at least 30 minutes for 5 or more days per week, equivalent to meeting 150 minutes of aerobic activity guideline through leisure time according to Healthy People 2020.</p> <p>Met vigorous physical activity guideline: Respondents who reported doing vigorous leisure time physical activity for at least 20 minutes for 3 or more days per week, guideline through leisure time according to Healthy People 2020.</p> <p>C6. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? Moderate activities cause only light sweating and a small increase in breathing or heart rate.</p> <p><input type="text"/> Number of days</p> <p>C7. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.</p> <p><input type="text"/> Number of days</p>

50	Smoking status	<p>Current smoker: A person who has smoked at least 100 cigarettes in their entire life and currently smokes every day or some days.</p> <p>Former smoker: A person who has smoked at least 100 cigarettes in their entire life and does not smoke at all.</p> <p>Never smoked: A person who has smoked less than 100 cigarettes in their entire life.</p> <p>C8. Have you smoked at least 100 cigarettes in <u>your entire life</u>? 100 cigarettes = 5 packs</p> <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>C9. Do you now smoke cigarettes every day, some days, or not at all?</p> <p><input type="radio"/> Every day <input type="radio"/> Some days <input type="radio"/> Not at all</p>
54	E-cigarettes smoking (vaping) status	<p>Current vaper: A person who smokes e-cigarettes every day or some days.</p> <p>Former vaper: A person who used to smoke e-cigarettes, but not now.</p> <p>Never vaped: A person who has never smoked e-cigarettes.</p> <p>C13. Do you currently use electronic cigarettes, such as e-cigarettes, e-hookahs, vaping pens, or JUUL?</p> <p><input type="radio"/> Every day <input type="radio"/> Some days <input type="radio"/> Used to, but not now <input type="radio"/> Never</p>
55	Any alcohol drinking in the past 30 days	<p>No drinking: A person who responded 0 days of alcohol intake in the past 30 days.</p> <p>Any drinking: A person who responded 1 or more days of alcohol intake in the past 30 days.</p> <p>C14. During the <u>past 30 days</u>, on how many days did you have at least one drink of any alcoholic beverage?</p> <p><input type="text"/> Number of days</p>

56	Binge drinking	<p>No drinking or no binge drinking: A person who responded 0 days of alcohol intake and 0 number of drinks on average in the past 30 days.</p> <p>Any binge drinking: A person who self-identified as female and had 4 or more drinks on one occasion, or A person who self-identified as male and had 5 or more drinks on one occasion.</p> <p>C16. Considering all types of alcoholic beverages, how many times during the <u>past 30 days</u> did you have...?</p> <p>FOR FEMALES: 4 or more drinks on one occasion <input type="text"/> Number of times</p> <p>FOR MALES: 5 or more drinks on one occasion <input type="text"/> Number of times</p>
66	Serious psychological distress	<p>Serious psychological distress is derived from six questions D3 to D8. For each of the questions, the response values of 0 to 4 are assigned to each of the five response categories, with <i>None of the time</i> assigned 1 and <i>All of the time</i> assigned 5. Responses from all six questions are then summed to yield a scale ranging from 0 to 24. A value of 13 or more was used to define as experiencing <i>Serious psychological distress</i>.</p>

Appendix C

2019 Washington County Adult Health Survey Cover Letter and Questionnaire



Date

Dear Washington County resident:

What is more important than your health? Your answers to a short survey will help your local health department improve the health of the residents in our community.

Your household is one of a small number selected to participate in the survey, so your answers are very important. Participation is voluntary, and the information you provide is confidential and will not be shared.

The survey asks about your health, diet, exercise, health insurance, and tobacco and alcohol use. The paper survey will take about 20 minutes to complete.

This survey is sponsored by the Washington County Department of Public Health and Environment, with additional funding support provided by the Statewide Health Improvement Partnership (SHIP). Your responses will help identify the health concerns of adults in Washington County. If you have questions about the survey, you can contact Wilder Research at 651-280-2800.

Thank you for taking the time to participate in this important project. Your health matters. Your answers matter.

Sincerely,

Lowell R. Johnson
Director, Washington County Public Health and Environment

Thank you for participating!

Follow these steps:

1. Ask **the adult (age 18 or over) with the next birthday** to take the survey. (This helps with getting responses from people of all age groups.)
2. **Complete the survey with a dark pen or pencil.**
3. **Return the complete survey in the self-addressed stamped envelope.**

What is more important than
YOUR HEALTH?

SECTION A. GENERAL HEALTH AND HEALTH CONDITIONS

A1. In general, would you say that your health is ...

- Excellent Very good Good Fair Poor

A2. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Number of days

A3. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Number of days

A4. Have you ever been told by a doctor, nurse, or other health professional that you had any of the following?

	No	Yes	Yes, but only during pregnancy
a. Hypertension, also called high blood pressure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Borderline high blood pressure or pre-hypertension	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Diabetes or sugar disease	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Pre-diabetes or borderline diabetes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. High blood cholesterol	<input type="radio"/>	<input type="radio"/>	
f. A heart attack, also called a myocardial infarction	<input type="radio"/>	<input type="radio"/>	
g. Angina or coronary heart disease	<input type="radio"/>	<input type="radio"/>	
h. A stroke	<input type="radio"/>	<input type="radio"/>	
i. Arthritis or rheumatism	<input type="radio"/>	<input type="radio"/>	
j. Asthma	<input type="radio"/>	<input type="radio"/>	

↓
A5. Do you still have

asthma?

- Yes No

A6. How tall are you without shoes?

Feet Inches **OR** Centimeters

A7. How much do you weigh without shoes? If you are a female and are currently pregnant, please provide your weight before you were pregnant.

Pounds **OR** Kilograms

	Yes	No
A8. Are you limited in any activities because of physical, mental, or emotional problems?	<input type="radio"/>	<input type="radio"/>
A9. Because of any impairment or health problem, do you have any difficulty in getting, keeping, or working at a job or business?	<input type="radio"/>	<input type="radio"/>
A10. Because of any impairment or health problem, do you need help from another person with personal care needs such as eating, bathing, dressing, or getting around your home?	<input type="radio"/>	<input type="radio"/>

SECTION B. ACCESS TO HEALTH CARE

B1. Do you currently have any of the following types of health insurance? (MARK ALL THAT APPLY)

- Health insurance or coverage through your employer or spouse, partner, parent or someone else's employer
- Health insurance or coverage bought directly by yourself or your family (not through an employer)
- Indian or Tribal Health Service
- Medicare
- Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP)
- MinnesotaCare
- Insurance through MNSure
- CHAMPUS, TRICARE, or Veterans' benefits
- Other health insurance or coverage (please specify):
- No health insurance coverage

B2. During the past 12 months, did you have health insurance for the entire year, only part of the year, or were you not insured for the entire year?

- Insured the entire year
- Insured only part of the year
- Not insured for the entire year

B3. During the past 12 months, how difficult has it been for you and your family to pay for health insurance premiums, co-pays, and deductibles?

- Very difficult
- Somewhat difficult
- Not too difficult
- Not at all difficult
- Not applicable: I do not have insurance with premiums, co-pays, or deductibles

B4. During the past 12 months, was there a time when you needed medical care?

- Yes ➔
- No ➔ **GO TO QUESTION B7**

B5. Did you delay or not get the care you thought you needed?

- Yes
- No ➔ **GO TO QUESTION B7**

B6. Was that because of: (MARK ALL THAT APPLY)

- The care I needed cost too much
- My co-pay was too expensive
- My deductible was too expensive
- I did not have insurance
- My insurance did not cover it
- I did not think it was serious enough
- I was too nervous or afraid
- I could not get an appointment
- I had transportation problems
- I could not get off work
- Other reason (please specify)

B7. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about stress, depression, a problem with emotions, excessive worrying, or troubling thoughts?

A health professional here could be a doctor, a psychiatrist, a psychologist, a therapist, or a counselor.

Yes ➔

No ➔ **GO TO QUESTION B10**

B8. Did you delay or not get the care you thought you needed?

Yes

No ➔ **GO TO QUESTION B10**

B9. Was that because of... (MARK ALL THAT APPLY)

The care I needed cost too much

My co-pay was too expensive

My deductible was too expensive

I did not have insurance

My insurance did not cover it

I did not think it was serious enough

I was too nervous or afraid

I could not get an appointment

I had transportation problems

I could not get off work

Other reason (please specify)

B10. When you are sick or need medical care, where do you usually go? (CHOOSE ONLY ONE)

Doctor's office or clinic

Hospital emergency room

Urgent care

Clinic located in a drug or grocery store

No usual place

B11. During the past 12 months, did you skip doses, take smaller amounts of your prescription, or did not fill a prescription because of cost?

Yes

No

I was not prescribed any medication

B12. During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?

Yes

No

B13. During the past 12 months, have you seen a psychiatrist, psychologist, therapist, counselor, or other mental health professional for your own health?

Yes

No

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never
B14. How long has it been since your <u>last</u> complete physical exam?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
B15. How long has it been since you last visited a dentist or dental clinic for any reason?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

B16. Do you currently have insurance that pays for all or part of your dental care?

Yes

No

SECTION C. HEALTHY LIFESTYLES AND BEHAVIORS

C1. A serving of vegetables - not including french fries - is one cup of salad greens or a half cup of vegetables. How many servings of vegetables did you have yesterday?

Number of servings

C2. A serving of fruit is a medium-sized piece of fruit or a half cup of chopped, cut or canned fruit. How many servings of fruit did you have yesterday? (Do not include fruit juice)

Number of servings

C3. A serving of 100% fruit juice is 6 ounces. How many servings of fruit juice did you have yesterday?

Number of servings

C4. How often did you drink these beverages in the past week?	Never or less than 1 time per week	1 per week	2-4 per week	5-6 per week	1 per day	2-3 per day	4+ per day
a. Regular soda or pop (include all kinds such as Coke, Pepsi, 7-Up, Sprite, root beer)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Energy drinks (such as Rockstar, Red Bull, Monster, and Full Throttle); these drinks usually have caffeine	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Fruit drinks (such as Snapple, flavored teas, Capri Sun, and Kool-Aid)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Sports drinks (such as Gatorade or PowerAde); these drinks usually do not have caffeine	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Water	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

C5. During the past 30 days, other than your regular job, did you participate in any physical activity or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

- Yes
- No

C6. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? *Moderate activities cause only light sweating and a small increase in breathing or heart rate.*

Number of days

C7. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? *Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.*

Number of days

C8. Have you smoked at least 100 cigarettes in your entire life? 100 cigarettes = 5 packs

- Yes
- No

C9. Do you now smoke cigarettes every day, some days, or not at all?

- Every day
- Some days
- Not at all

	Yes	No
C10. During the <u>past 12 months</u> , have you stopped smoking for one day or longer because you were trying to quit smoking?	<input type="radio"/>	<input type="radio"/>
C11. During the <u>past 12 months</u> have you used other tobacco products such as cigars, pipes, snuff, chewing tobacco, bidis, kreteks, snus, a hookah water pipe, or any other type of tobacco product?	<input type="radio"/>	<input type="radio"/>
C12. Does anyone, including yourself, smoke cigarettes, cigars, or pipes regularly inside your home?	<input type="radio"/>	<input type="radio"/>

C13. Do you currently use electronic cigarettes, such as e-cigarettes, e-hookahs, vaping pens, or JUUL?

- Every day Some days Used to, but not now Never

For the next questions, consider a drink of alcohol to be a can or bottle of beer or malt beverage, a glass of wine or a wine cooler, a shot glass of liquor, or a mixed drink.

C14. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?

Number of days

C15. During the past 30 days, on the days when you drank, about how many drinks did you have on average?

Number of drinks

C16. Considering all types of alcoholic beverages, how many times during the past 30 days did you have...?

FOR FEMALES: 4 or more drinks on one occasion Number of times

FOR MALES: 5 or more drinks on one occasion Number of times

SECTION D. HOW YOU FEEL

	Depression		Anxiety	
	Yes	No	Yes	No
D1. Have you <u>ever</u> been told by a health professional that you have depression or anxiety?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D2. Are you currently taking any medication that was prescribed for you to treat depression or anxiety?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Questions D3 to D9 ask about how you have been feeling during the past 30 days

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
D3. About how often did you feel so sad that nothing could cheer you up?	<input type="radio"/>				
D4. About how often did you feel nervous?	<input type="radio"/>				
D5. About how often did you feel so restless or fidgety that you could not sit still?	<input type="radio"/>				
D6. About how often did you feel hopeless?	<input type="radio"/>				
D7. About how often did you feel that everything was an effort?	<input type="radio"/>				
D8. About how often did you feel worthless?	<input type="radio"/>				
D9. Stress means a situation in which a person feels tense, restless, nervous, or anxious, or is unable to sleep at night because his/her mind is troubled all the time. About how often did you feel this kind of stress?	<input type="radio"/>				

SECTION E. ABOUT YOUR COMMUNITY

- E1. How often are you involved in school, community, or neighborhood activities?**
- Weekly
 - Monthly
 - Several times a year
 - About once a year
 - Less often than yearly
 - Never
- E2. How often do you get the social and emotional support you need? Please include support from any source, such as family, friends, neighbors and/or coworkers**
- Always
 - Usually
 - Sometimes
 - Rarely
 - Never
- E3. How often do you feel isolated from others?**
- Always
 - Usually
 - Sometimes
 - Rarely
 - Never
- E4. For walking in your neighborhood, would you say the sidewalks, trails, and walking paths are:**
- Very well maintained
 - Somewhat maintained
 - Not very well maintained
 - Not at all maintained
 - There are no sidewalks, trails, or walking paths in my neighborhood
- E5. In general, how easy is it to safely cross the streets or roads in your neighborhood?**
- Very easy
 - Somewhat easy
 - Not very easy
 - Not at all easy
- E6. This is a good community to raise children in.**
- Strongly agree
 - Somewhat agree
 - Somewhat disagree
 - Strongly disagree

- E7. People in this neighborhood are willing to help one another.**
- Strongly agree
 - Somewhat agree
 - Somewhat disagree
 - Strongly disagree
- E8. In general, how safe from crime do you consider your neighborhood to be?**
- Very safe
 - Somewhat safe
 - Somewhat unsafe
 - Not at all safe
- E9. How often are you in a situation where you feel you are not accepted because of your race, culture, religion, or immigration status?**
- At least once a week
 - Once or twice a month
 - A few times a year
 - Once a year or less often
 - Never
- E10. How often are you in a situation where you feel you are not accepted because of your sexual orientation or gender identity?**
- At least once a week
 - Once or twice a month
 - A few times a year
 - Once a year or less often
 - Never

SECTION F. FOOD AND HOUSING

- F1. During the past 12 months, have you or anyone in your household received Medical Assistance (MA), food support (e.g., food stamps, or SNAP), WIC, or cash assistance such as MFIP or General Assistance (GA)?**
- Yes
 - No
 - Don't know
- F2. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?**
- Often
 - Sometimes
 - Rarely
 - Never

F3. During the past 12 months, did you or your family miss or delay a rent or mortgage payment because you did not have enough money?

- Yes
- No

F4. During the past 12 months, how often have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to say?

- Never
- Once
- Twice
- Three or more times

F5. What type of home do you live in?

- Single family home
- Duplex
- Double or multi-family home
- Condominium
- Townhouse
- Apartment building
- Other, please specify:

F6. During the past 12 months, how often did lack of transportation keep you from getting places where you needed to go, such as jobs, medical appointments, or shopping?

- Often
- Sometimes
- Rarely
- Never

SECTION G. ABOUT YOU

G1. How do you identify your gender?

- Male
- Female
- I describe my gender as:

G2. Do you consider yourself...

- Heterosexual or straight
- Lesbian or gay
- Bisexual
- Queer

G3. What is your age?

 years

G4. What is the highest grade or year of school you have completed?

- Less than high school
- High school graduate or GED
- Some college, associate's degree, or vocational / technical/ business school
- Bachelor's degree or higher

G5. Are you currently... (MARK ALL THAT APPLY)

- Employed for wages
- Self-employed or farmer
- Unemployed or out of work
- Unable to work because of a disability
- A homemaker or stay-at-home parent
- A student
- Retired

G6. Are you Hispanic or Latino/a?

- Yes
- No

G7. Which of the following do you consider yourself? (MARK ALL THAT APPLY)

- White
- Black or African American
If Black or African American, are you...
 - Somali, Oromo, Ethiopian, or from another East African Country
 - Liberian, Nigerian, or from another West African country
 - Other – please specify:

- Asian or Asian American
If Asian or Asian American, are you...
 - Hmong, Cambodian, Laotian, Thai, Vietnamese or Burmese
 - Other – please specify:

- American Indian or Alaska Native
- Native Hawaiian or other Pacific Islander
- Other – please specify:

G8. Were you born in the United States?

Yes ➔ **GO TO QUESTION G10**

No ➔ **G9. How many years have you lived in the United States**

Number of years

G10. INCLUDING YOURSELF, how many adults and children live in your household?

Number of adults age 18 or older:

Number of children under age 18:

G11. Please tell us your annual household income in 2018 from all earners and all sources, before taxes.

Remember, your responses are confidential.

- \$25,000 or less
- \$25,001 - 34,000
- \$34,001 - 43,000
- \$43,001 - 52,000
- \$52,001 - 60,000
- \$60,001 - 70,000
- \$70,001 - 78,000
- \$78,001 - 87,000
- \$87,001 - \$96,000
- \$96,001 or more

G12. Do you have any comments about this survey? Please share your comments in the space below.

Thank you!



If you have any questions or would like more information, please contact:

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