

Acronym List

The following list includes acronyms we often use in our work with those people we support. This list is meant to be used as a reference to help you spell-out things such as programs, medical diagnoses, or document names as you are creating support plans, assessments, or other documents with the person you are supporting.

A	
AC Program	<i>Alternative Care Program</i>
ACT	<i>Assertive Community Treatment (intensive and multidisciplinary case management used to support individuals with mental health needs)</i>
ADHD	<i>Attention Deficit Hyperactivity Disorder</i>
AFC	<i>Adult Foster Care</i>
ALS	<i>Amyotrophic lateral sclerosis (Lou Gehrig's disease)</i>
ARMHS	<i>Adult Rehabilitative Mental Health Services</i>
ASD	<i>Autism Spectrum Disorder</i>
B	
BA	<i>Behavioral Analyst (obsolete term)</i>
BI Waiver	<i>Brain Injury Waiver</i>
BI-NB	<i>Brain Injury - Neurobehavioral</i>
BI-NF	<i>Brain Injury – Nursing Facility</i>
BP	<i>Behavioral professional (obsolete term)</i>
BPD	<i>Bipolar Disorder</i>
BPD	<i>Borderline Personality Disorder</i>
BSP	<i>Behavior Support Plan (obsolete term)</i>
C	
CAC Waiver	<i>Community Alternative Care Waiver</i>
CADI Waiver	<i>Community Access for Disability Inclusion Waiver (formerly Community Alternatives for Disabled Individuals Waiver)</i>
CAF	<i>Combined Application Form (used to apply for multiple assistance programs)</i>
CBSM	<i>Community-Based Services Manual (DHS online manual used for information dissemination to lead agencies)</i>
CCB	<i>CAC, CADI, BI (grouping of waiver/program types that share the same pool of funding)</i>



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Developed by Washington County's Person-Centered Best Practices Workgroup: Molly Henningsgard, Winna Bernard, Judy Schoenecker, Caitlin McNamara, Christina Blake, Txing Vang, Kris Carpenter, Erin Boyle, Chor Her, Thao Le, and Chantelle Heifort-Adams

CD	<i>Chemical Dependency</i>
CDCS	<i>Consumer Directed Community Supports</i>
CFC	<i>Corporate Foster Care</i>
CFR	<i>County of Financial Responsibility</i>
CHF	<i>Congestive Heart Failure</i>
CKD	<i>Chronic Kidney Disease</i>
CL	<i>Customized-living (individualized package of health-related and support services found in assisted living homes)</i>
CLA	<i>Community Living Assistance</i>
CM	<i>Case Manager</i>
CMS	<i>Centers for Medicaid and Medicare Services (federal agency responsible to administer Medicaid and Medicare programs)</i>
COPD	<i>Chronic Obstructive Pulmonary Disease</i>
COR	<i>County of Residence</i>
COS	<i>County of Service</i>
CP	<i>Cerebral Palsy</i>
CSG	<i>Consumer Support Grant</i>
CSP	<i>Community Support Plan</i>
CSSP	<i>Coordinated Services and Support Plan</i>
CVA	<i>Cerebrovascular Accident (stroke)</i>
<u>D</u>	
DBT	<i>Dialectical Behavior Therapy</i>
DC	<i>Designated Coordinator (professional staff that has oversight responsibilities in licensed homes)</i>
DD	<i>Developmental Disability</i>
DD Waiver	<i>Developmental Disabilities Waiver</i>
DHS	<i>Department of Human Services</i>
DM	<i>Designated Manager (professional staff that does program management and oversight in licensed homes)</i>
DM (I or II)	<i>Diabetes Mellitus</i>
D/O	<i>Disorder</i>
DOB	<i>Date of Birth</i>
DT&H	<i>Day Training & Habilitation (a service offered to individuals open with I/DD case management that provides support with life skills, social opportunities, and opportunities to work and earn income)</i>



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DVT	<i>Deep vein thrombosis (blood clot in a deep vein, usually in the legs)</i>
E	
EA	<i>Emergency Assistance</i>
ECS	<i>Essential Community Supports</i>
EDS	<i>Employment Development Services</i>
EES	<i>Employment Exploration Services</i>
ER	<i>Emergency Room</i>
ES	<i>Employment Services</i>
ESS	<i>Employment Support Services</i>
EUMR	<i>Emergency Use of Manual Restraint</i>
EW	<i>Elderly Waiver</i>
F	
FASD	<i>Fetal Alcohol Spectrum Disorder</i>
FFC	<i>Family Foster Care</i>
FMS	<i>Fiscal Management Services (provider that helps people with CDCS or CSG employer-related responsibilities)</i>
FSE	<i>Fiscal Support Entity (obsolete service)</i>
FSG	<i>Family Support Grant (monthly grant for qualifying individuals 21 and under)</i>
G	
GA	<i>General Assistance</i>
GAD	<i>Generalized Anxiety Disorder</i>
GERD	<i>Gastroesophageal reflux disease</i>
GRH	<i>Group Residential Housing (state-funded, income-supplement program that pays for room and board in certain licensed or registered settings)</i>
G-tube	<i>Gastrostomy tube (avenue to administer tube feedings)</i>
H	
HCBS	<i>Home and Community-Based Services</i>
HDM	<i>Home-delivered meals</i>
HHA	<i>Home Health Aide</i>
HM	<i>Homemaker</i>
HM	<i>House manager (often the manager and primary contact of a group home or assisted living)</i>
H/O	<i>History of</i>
HTN	<i>Hypertension</i>
I	



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IBS	<i>Irritable Bowel Syndrome</i>
ICF/DD	<i>Intermediate Care Facilities for Persons with Developmental Disabilities (home licensed to support 4 or more people with intellectual and/or developmental disabilities or type of level of care)</i>
ICLS	<i>Individual Community Living Support (service option offered under EW and AC)</i>
ICU	<i>Intensive Care Unit</i>
ID	<i>Intellectual Disability (used when someone has an IQ of 70 or below)</i>
IDT	<i>Interdisciplinary Team (old term)</i>
IEP	<i>Individualized Education Plan</i>
IHFS	<i>In-Home Family Support Services (service option offered under the DD and CCB waivers)</i>
IHO	<i>Individualized Housing Options</i>
IHS	<i>Individualized Housing Supports</i>
ILS	<i>Independent Living Skills Training (service option offered under CCB waivers)</i>
IRTS	<i>Intensive Residential Treatment Services (time limited residential treatment for individuals with mental illness)</i>
IQ	<i>Intelligence quotient</i>
ISP	<i>Individual Service Plan (plan formerly used by DD case managers, or still used if the individual has not yet been assessed in MnCHOICES)</i>
J	
J-tube	<i>Jejunostomy tube (avenue to administer tube feedings)</i>
L	
LOC	<i>Level of Care (threshold set by DHS for an individual to be eligible for certain programs or services)</i>
LT	<i>Long-term</i>
LTCC	<i>Long-term care consultation (service designed to help people make decisions about long-term care needs; also county that completes MnCHOICES assessment is LTCC county)</i>
LTSS	<i>Long-term services and supports</i>
M	
MA	<i>Medical Assistance</i>



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MA-EPD	<i>Medical Assistance for Employed Persons with Disabilities (option for people to stay on MA with higher income and asset limits than standard MA)</i>
MCCP	<i>Metro Crisis Coordination Program (provides a range of crisis safety net services for individuals with intellectual or developmental disabilities)</i>
MCO	<i>Managed Care Organization (includes UCare, Blue Cross Blue Shield, MEDICA, HealthPartners)</i>
MD	<i>Muscular Dystrophy</i>
MDD	<i>Major Depressive Disorder</i>
MH	<i>Mental Health</i>
MI	<i>Mental Illness</i>
MI	<i>Myocardial Infarction (heart attack)</i>
MOSES	<i>Monitoring of Side Effects Scale (assessment tool used to monitor for side effects of psychotropic medications)</i>
MRSA	<i>Methicillin-resistant Staphylococcus aureus (staph infection resistant to antibiotics)</i>
MSHO	<i>Minnesota Senior Health Options (supplemental health plan for individuals over the age of 65)</i>
MVA	<i>Motor-vehicle accident</i>
<u>N</u>	
NOA	<i>Notice of Action</i>
NOS	<i>Not Otherwise Specified (added to a diagnosis when specificity is unknown)</i>
NF	<i>Nursing Facility (actual facility or type of level of care)</i>
<u>O</u>	
OCD	<i>Obsessive-Compulsive Disorder</i>
ODD	<i>Oppositional Defiant Disorder</i>
OTC	<i>Over-the-counter (as in type of medication that does not require a prescription)</i>
OT	<i>Occupational Therapy or Therapist</i>
<u>P</u>	
PAS	<i>Pre-Admission Screening (required screening for <u>all</u> people, including those with mental illness or intellectual or developmental disabilities prior to nursing facility admission)</i>
PCA	<i>Personal Care Assistant or Assistance (type of staff and a type of service)</i>
PCP	<i>Primary Care Physician</i>



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PCP	<i>Person-Centered Planning or Person-Centered Plan</i>
PDD	<i>Pervasive Developmental Disorder</i>
PDN	<i>Private Duty Nursing (now called home care nursing)</i>
PECS	<i>Picture Exchange Communication System</i>
PERS	<i>Personal Emergency Response System (or life alert)</i>
PPOM	<i>Paid Parent of a Minor</i>
PS	<i>Personal Supports</i>
PS	<i>Positive Supports (formerly behavioral supports)</i>
PSA	<i>Positive Supports Analyst (formerly behavioral analyst)</i>
PSP	<i>Positive Supports Professional (formerly behavioral supports professional)</i>
PSS	<i>Positive Supports Specialist (formerly behavioral specialist)</i>
PSS	<i>Positive Support Strategies</i>
PT	<i>Physical Therapy or Therapist</i>
PTSD	<i>Post-Traumatic Stress Disorder</i>
Q	
QDDP	<i>Qualified Developmental Disability Professional (assessor or CM who completes DD 01 screenings)</i>
R	
RA	<i>Reassessment</i>
RA	<i>Rheumatoid Arthritis</i>
RAD	<i>Reactive Attachment Disorder</i>
RC	<i>Related Condition (eligibility criteria for DD services for individuals who have IQs 70 or above)</i>
RMP	<i>Risk Management Plan</i>
RMS	<i>Rate Management System</i>
ROI	<i>Release of Information</i>
RSC	<i>Relocation service coordination (service option to help people find homes out of hospitals or nursing facilities)</i>
RS	<i>Residential Services</i>
RSDI	<i>Retirement, Survivors, and Disability Insurance (RSDI) (Social Security)</i>
RT	<i>Respiratory Therapy</i>
S	



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SA	<i>Service Agreement</i>
SAD	<i>Seasonal Affective Disorder</i>
SCEP	<i>Senior Community Service Employment</i>
SD	<i>Screening Document</i>
S&E	<i>Supplies and equipment</i>
SES	<i>Supportive Employment Services</i>
SIB	<i>Self-Injurious Behavior</i>
SILS	<i>Semi-Independent Living Services (for individuals who do not meet ICF/DD level of care but need some support in their homes)</i>
SLP	<i>Speech language pathology</i>
SLS	<i>Supportive Living Services (daily, hourly, 15 minute services for those receiving the DD waiver; can be group home or offered in own home)</i>
SMI	<i>Serious Mental Illness</i>
SMRT	<i>State Medical Review Team (avenue for becoming certified disabled)</i>
SNAP	<i>Supplemental Nutrition Assistance Program (food share)</i>
SOB	<i>Shortness of Breath</i>
SPMI	<i>Serious and Persistent Mental Illness</i>
SSA	<i>Social Security Administration</i>
SSDI	<i>Social Security Disability Insurance</i>
SSI	<i>Supplemental Security Income (Social Security)</i>
SSIS	<i>Social Services Information System</i>
ST	<i>Short-term</i>
ST	<i>Speech therapy or therapist</i>
<u>I</u>	
TBI	<i>Traumatic Brain Injury</i>
TCM	<i>Targeted Case Management</i>
TCU	<i>Transitional Care Unit (part of nursing facility used for rehabilitation)</i>
TED Hose	<i>Thromboembolic Disease (compression stockings)</i>
TIA	<i>Transient Ischemic Attack (mini-stroke)</i>
<u>U</u>	
UTI	<i>Urinary Tract Infection</i>
<u>V</u>	
VA	<i>Veteran's Administration (sometimes "VA benefits" is used)</i>
VA	<i>Vulnerable Adult</i>



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VRS	<i>Vocational Rehabilitative Services</i>
<u>W</u>	
WIOA	<i>Workforce Innovation and Opportunity Act (act to ensure that people with disabilities have opportunity to earn minimum wage in competitive employment)</i>
WMS	<i>Waiver Management system (system that tracks waiver budgets, generates CDCS budgets, etc.)</i>

If you have additional content or ideas for the *Acronym List*, please email: molly.henningsgard@co.washington.mn.us or call at 651-430-6500.



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