



Local Mental Health Advisory Council

Date: 05/13/2025

Time: 4:00-5:30PM

Location: Washington County Government Center, Room LL16

Meeting Attendance:

Voting Member	Position	Attendance
Bridget Gehrz	Family Member Representative	<i>Absent</i>
Christopher Thewis	Residential Treatment Facility Representative	<i>Absent</i>
Clark Schroeder	Family Member Representative	<i>Present</i>
Daniel Parnell	District 1 Representative	<i>Present</i>
David Siebert	AMH Professional Outside	<i>Absent</i>
Faith Myers	Consumer Representative	<i>Present</i>
Jeneal Olsen	NAMI Representative	<i>Present</i>
Jesse Shima	Consumer Representative	<i>Absent</i>
Kaonou Vue	Chemical Health Professional	<i>Absent</i>
Katie Pape	Canvas Health Representative	<i>Present</i>
Kris Roberts	Consumer Representative	<i>Present</i>
Michael French	District 2 Representative	<i>Present</i>
Natalie Carstenbrock	District 4 Representative	<i>Absent</i>
Nicholas Stephens	Supportive Housing Representative	<i>Present</i>
Nicole Buatala	Chemical Health Professional	<i>Present</i>
Shana HarAldson Morse	District 5 Representative	<i>Present</i>
Tara Dahlager	Education Representative	<i>Present</i>
Timothy Hatten	District 3 Representative	<i>Present</i>
Non-Voting Member	Position	Attendance
Michelle Clasen	Washington County Commissioner	<i>Absent</i>
Beth Reitzle	Washington County Representative	<i>Present</i>
John Nalezny	Washington County Representative	<i>Present</i>
April Martell	Washington County	<i>Present</i>
<i>Vacant</i>	<i>Consumer Representative</i>	<i>Not Applicable</i>
<i>Vacant</i>	<i>Children's Mental Health Representative</i>	<i>Not Applicable</i>
<i>Vacant</i>	<i>Former Consumer Representative</i>	<i>Not Applicable</i>
<i>Vacant</i>	<i>Consumer Representative</i>	<i>Not Applicable</i>
Guests: Lisa		

Call to Order: 4:02pm

Approval of Minutes No additions to minutes. Meeting minutes approved.

Social Work / Mental Health Panel

See panel questions and responses

July Agenda

Next Meeting Tuesday, July 8th 2025

Adjourn: 5:31

Mental Health Local Advisory Council

The State of Youth Mental Health in the School Setting and Collaborating Support Programs. June 13, 2025

What are some of the key mental health conditions that are coming to you as others are referring students, and/or by self-referral?

-anxiety -depression -grief -trauma -family -peers effects of pandemic -emotional regulations - addiction -lack of sleep -suicidal thoughts -self-injury -parental mental health issues -autism uptick -PTSD

What are some of the key mental health initiatives/services you have in place for prevention and intervention?

-telehealth -splitting teams into insurance and providing services -crisis response -crisis stabilization -24hr. crisis line -short term gap services -coping skills -connection services

What are the key barriers to your being able to adequately address the needs of students you support?

-insurance -cost -similar looking diagnosis -turnover -workload -when students need higher levels of care that do not exist -staff injuries -schools being seen as treatment centers -fetal alcohol treatment being underdiagnosed -cultural acceptance -new deductible -cuts in the system -waiting time is 6-9 months to get diagnosis for ADHD/Autism which is a barrier for those students to get services in school -students coming to school without the basics -time -parents reluctant to MH services -long wait times

What are the key barriers for students and/or families to access support outside of the school setting (or in your setting if you are not a school mental health professional)?

- insurance -knowledge -resources -transportation -finances -time off work -finding services - navigating complex mh system -trusting mh providers

What would need to be put in place to make our mental health system more efficient and effective?

-step down reentry process from treatment to schools -more standardized treatment for mental health -comprehensive school MH systems -allocating funds to support behaviors -transportation resources -children's residential care program -quicker access -cultural awareness