

AGENDA

❖ Local Mental Health Advisory Council, Washington County

Coordinator: Rebecca Conroy, 651-430-6483

March 21, 2023

4:00-5:30 PM

In Person

Washington County Government Center, LL14

**14949 62nd Street North
Stillwater, MN 55082**

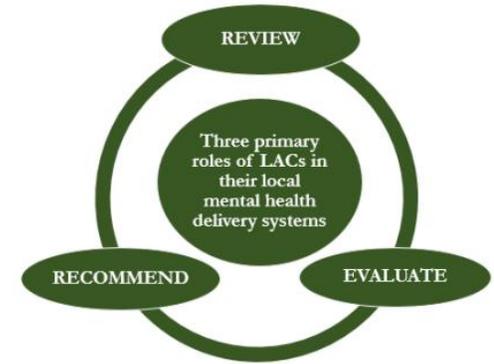
MISSION: As advocates for persons with mental health needs, we shall monitor, review, and evaluate the allocation and adequacy of County mental health services; we shall annually address the coordination of care between the Regional Treatment Centers and community based service units; and we shall advise the County Board regarding programs and services affecting persons with mental illness in Washington County.

- ❖ Call to Order
- ❖ All LAC Member & Guest Introductions
- ❖ Approval of January Minutes
- ❖ Employment Services in Washington County
 - Washington County CareerForce – Robin Hakari, Washington County Community Services
 - Partnering for Jobs – Sierra Dooley, Lutheran Social Services
 - Rise Supported Employment Services – Robert Reedy and Andy Owzarek, Rise
- ❖ Finalize and Vote on 2023 Work Plan
- ❖ Open Forum - News for the good of the group or time to propose an agenda item for a future meeting.
- ❖ Next Meeting: May 16, 2023
- ❖ Adjourn

Please contact Rebecca Conroy at Rebecca.conroy@co.washington.mn.us if you are unable to attend the meeting or if you wish to add to the agenda.

2023 Work Plan

Local Mental Health Advisory Council



Area of Focus	Child or Adult	Notes	Plan for Action
<p>Prevention/Early Intervention</p>	<p>Adult & Child</p>	<p>Host a panel for reducing stigma, talk about what is happening now and what else can be done include people with experience.</p> <p>Host a film activity, like a viewing of the movie Angst to talk about common mental health experiences</p> <p>What are public and medical field professionals doing to address early interventions/prevention screenings in clinics and schools?</p> <p>What is being done to address workforce well-being and caregiver burnout?</p>	<ul style="list-style-type: none"> • Presentation from Radies’ First Episode Program • Overview of Community Services Navigator Program • Presentation on Well Spring Project – Washington County Public Health & Environment
<p>Adolescent/School MH Services</p>	<p>Child</p>	<p>MH Professionals to speak on anxiety and school refusal, education on brain states with kids and adult’s behaviors (flight, fight, freeze), offer concrete suggestion on how parents deal with anxiety in their children.</p> <p>Multi-year intervention to help students reengage in school as we move to endemic stage.</p> <p>Knowledge on “what is a crisis” and more clear lines on what happens when a child sees a social worker.</p>	<ul style="list-style-type: none"> • School Social Worker Panel

<p>Gaps/Barriers to Accessing MH Services</p>	<p>Adult & Child</p>	<p>Hear from people that are referring to services (case managers/intake/pre-petition screeners) and hear from people going through assessment processes.</p> <p>How telehealth is working with providers/patients (pros/cons)?</p> <p>Service deserts and insurance shortcomings.</p> <p>Access/commitment to social opportunities.</p>	<ul style="list-style-type: none"> • Panel of AMH and CMH Case Managers to talk about gaps as well as their experience with telehealth. • Overview of gaps survey before/after completed.
<p>Expansion of Coordinated Response with Law Enforcement</p>	<p>Adult</p>	<p>Staying up to date on how this is working.</p> <p>What mental health interventions are occurring within the jails?</p>	<ul style="list-style-type: none"> • Presentation from local PD and Washington County partners involved in Coordinated Response program. • Presentation from Embedded MH Unit working in Washington County Jail.