

AGENDA

❖ Local Mental Health Advisory Council, Washington County

Coordinator: Rebecca Conroy, 651-430-6483

January 17, 2023

4:00-5:30 PM

Virtual meeting via WebEx

[Join meeting](#)

Log In Information:

Join from the meeting link

<https://washco.webex.com/washco/j.php?MTID=mf206017d5a4f631f764c287c26345b41>

Join by meeting number

Meeting number (access code): 2455 694 4666

Meeting password: FXpxTf5cr25

Tap to join from a mobile device (attendees only)

[+14043971516](tel:+14043971516)..24556944666## US toll

[8773093457](tel:8773093457)..24556944666## US & Canada Toll Free

Join by phone

+14043971516 US toll

8773093457 US & Canada Toll Free

[Global call-in numbers](#) | [Toll-free calling restrictions](#)

Join from a video system or application

Dial 24556944666@washco.webex.com

You can also dial 173.243.2.68 and enter your meeting number.

If you have any issues logging into the meeting, please email Beth.wallace@co.washington.mn.us or call 715-338-8254

MISSION: As advocates for persons with mental health needs, we shall monitor, review, and evaluate the allocation and adequacy of County mental health services; we shall annually address the coordination of care between the Regional Treatment Centers and community based service units; and we shall advise the County Board regarding programs and services affecting persons with mental illness in Washington County.

- ❖ Call to Order
- ❖ Virtual Meeting Statement: “The Washington County Local Advisory Council on Mental Health (LAC), is subject to the requirements of Minnesota State Open Meeting Law by statute. Because of the ongoing ramifications of COVID-19 and in response to the current fact-based guidelines from the CDC and MDH, the LAC has determined that an in-person meeting is not practical or prudent at this time. Given the changing landscape of COVID-19 and its variants, this decision will be re-evaluated on a monthly basis, and until such time as these restrictions are lifted, we will continue to use the modality of virtual meetings to conduct our business.”
- ❖ New LAC Member Introductions
- ❖ Opioid Settlement Information, Sean Young-Stephens, Washington County Public Health and Environment
- ❖ Planning for 2023 Work Plan (Cont.)
 - Prioritizing Themes from November Brainstorming Session
 - Suggestions for Activities to Address Themes in Work Plan
- ❖ Voting for LAC Leadership Positions for 2023
- ❖ Open Forum - News for the good of the group or time to propose an agenda item for a future meeting.
- ❖ Next Meeting: March 21, 2023
- ❖ Adjourn

Please contact Rebecca Conroy at Rebecca.conroy@co.washington.mn.us if you are unable to attend the meeting, need technical assistance accessing the WebEx or calling in to the virtual format or if you wish to add to the agenda.

Opioid Settlement Funding

January 17, 2023



Introductions

- **Sean Young-Stephens**
Public Health Program Coordinator
- **Rolando Vera**
Correctional Health Nursing Manager



Public Health and Environment
Chief Strategist for Opioid
Settlement Funding

Outline

- Opioid Settlement Background
- Our Plans in Washington County
- Questions/Discussion

Opioid Settlement Background

Opioid Settlement Basics

National

- A coalition of states reached a settlement agreement with major opioid distributors and manufacturers

State

- Minnesota's share of the settlements is over \$300 million

Local

- 75% of Minnesota's funding is being distributed to participating local governments
- Funding must be spent on future opioid remediation activities

Washington County

- Washington County's estimated allocation:
 - Total: \$6,370,245.58
 - Average per year: \$353,902.53
- Payments spread over **18 years**, but not evenly distributed across years

Potential Activities to Be Funded



Harm Reduction and Treatment

- Services that protect people who use drugs (example: naloxone)
- Evidence-based treatment modalities (example: Medications for Opioid Use Disorder)



Primary Prevention

- Evidence-based prevention strategies focused on children and families
- Education and promotion



Planning and Data

- Incorporating equity and community engagement throughout strategic planning
- Data coordination



Justice System

- Diversion from arrest and incarceration
- Support for justice-involved population

Our Plans in Washington County

A Harm Reduction Approach

- Aimed at reducing the negative consequences associated with substance use
- Meets people where they are in terms of substance use
- Embraces equity and engagement with people who use drugs



Harm Reduction (Continued)

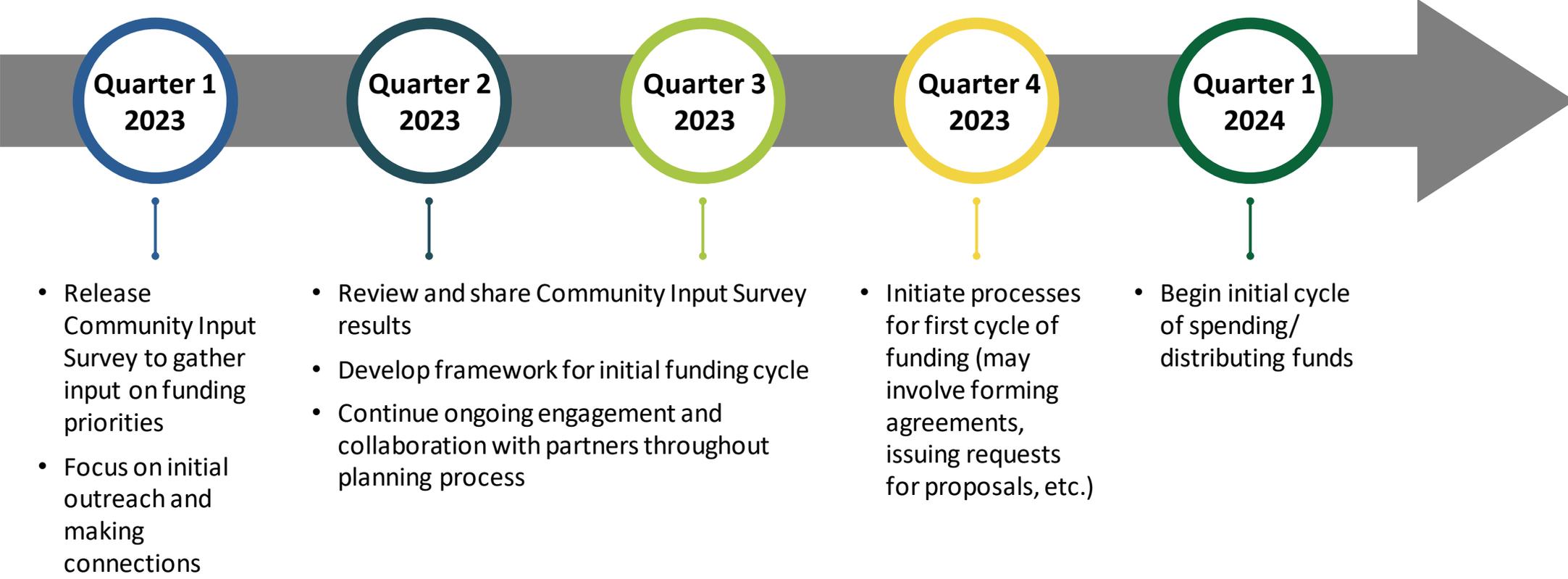


Harm reduction also refers to a set of practical strategies, including:

- Naloxone for overdose reversal
- Fentanyl test strips
- Syringe services
- Overdose prevention sites



Opioid Settlement Planning Timeline



We Need Your Help

1. Take our Community Input Survey and share it with others (the survey will be available soon)
2. Help us connect with community organizations, we especially need to strengthen our connections with:
 - People with **lived experience** related to the overdose crisis
 - Communities that have been **disproportionately impacted** by the opioid crisis

Questions?



Sean Young-Stephens | Program Coordinator
Washington County Public Health and Environment
Sean.Young-Stephens@co.Washington.mn.us

Links to Resources

Governing Document

- MN Memorandum of Agreement (MOA): https://www.ag.state.mn.us/opioids/docs/MN_MoA.pdf

Settlement Information

- MN Attorney General's Office resources: <https://www.ag.state.mn.us/opioids/>
- Opioid Settlement Tracker (national): <https://www.opioidsettlementtracker.com/>

Guidance

- Principles for the Use of Funds From the Opioid Litigation | Johns Hopkins Bloomberg School of Public Health: <https://opioidprinciples.jhsph.edu/wp-content/uploads/2022/02/Opioid-Principles-Doc.pdf>
- Harm Reduction Principles | National Harm Reduction Coalition: <https://harmreduction.org/about-us/principles-of-harm-reduction/>

Data

- Washington County Substance Use and Overdose Profile | MN Department of Health: <https://www.health.state.mn.us/communities/opioids/countyprofiles/washington.html>

Washington County Mental Health Local Advisory Council (LAC)
November 2022 Brainstorming Session

1. What are the emerging issues related to mental health that you are aware of?
2. What issues related to mental health are you most passionate about addressing in 2023?

Most Common Themes from Brainstorm Session:

- Prevention/Early Intervention
- Adolescent/School MH Services
- Provider Shortage
- Gaps/Barriers to Accessing to Services
- Expansion of Coordinated Response with LE
- Outreach and Sharing MH Resources
- MH and Health
- SUD Programs
- Use of Social Media to Access MH Support
- Culturally Responsive
- MH Related to the Pandemic